

November
2026

Training Opportunity



National Council on Alcoholism and Drug Dependence - Rochester Area

Utilizing Dialectic Behavior Therapy (DBT) in SUD Counseling

Presenter: Lauren Kimble-Giglia, LMHC, Master CASAC

Date: Friday, November 6, 2026

Time: 9:00 a.m. - Noon

Cost: \$40

Content: This workshop will provide participants with a basic understanding of DBT. Discussed will be the counseling skills that fall within the four modules of DBT. They include mindfulness, distress tolerance, emotion regulation, and interpersonal effectiveness. Discussed will be skills to implement DBT effectively in both individual and group counseling settings. Examined will be the stigma associated with DBT. This workshop will also cover utilization of DBT in expanded areas of treatment and provide participants with opportunities to practice DBT skills through small group activities.

3 Clock Hours:

CASAC Renewal
CPP Section 1
CPS Section 1
LMHC
LCSW

Registration deadline:

Friday, October 30, 2026

This training will be via ZOOM ONLY

Click on the link below to register online:

<https://ncadd-ra.org/events-trainings/>

Additional Information:

- Link to training will be e-mailed upon successful registration 24 hours prior to training.
- PDF of handouts will be e-mailed 24 hours prior to training.
- Quiz and Evaluation form will be provided at the end of the training.
- Certificate will be issued upon receipt of passing quiz (70% or higher) and completed evaluation.

Gambling Screening and Brief Intervention to Treatment (G/SBIRT)

Presenters: Jennifer Faringer, MS Ed, CPP-G & Jeff Footer LCSW Master CASAC-G

Date: Wednesday, November 18, 2026

Time: 9:00 a.m. - Noon

Cost: \$40

Content: This workshop will provide participants with an overview and understanding of the trends, levels of problem gambling as well as the diagnostic criteria of problem gambling. Discussed will be the rationale for identifying gambling problems in SUD, MH and health care settings as well as risks for special populations. Explored will be the Screening and Brief Intervention to Treatment model and the goals for G/SBIRT (gambling SBIRT). We will review several screen tools as well as regional resources.

Continental breakfast is provided.

3 Clock Hours:

CASAC Renewal
CPP Section 1
CPS Section 1
LMHC
LCSW

Registration deadline:

Wednesday, November 11, 2026

This training is IN PERSON ONLY

**NCADD-RA
1931 Buffalo Rd
Rochester, NY 14624**

Click on the link below to register online:

<https://ncadd-ra.org/events-trainings/>

To mail in your registration, please return this form and **NON-REFUNDABLE** registration fee to: NCADD-RA, Attention: Elaine Alvarado

For more information, please call or e-mail Elaine at (585) 719-3481, ealvarado@depaul.org or Delia Gallmeyer at (585) 719-3489, dgallmeyer@depaul.org. St. John Fisher University is recognized by the New York State Educational Department's State Board as an approved provider of continuing education credits for Licensed Mental Health Counselors. Nazareth University is recognized by the New York State Educational Department's State Board as an approved provider of continuing education credits for Licensed Clinical Social Worker.

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Training Opportunity

NCADD-RA

National Council on Alcoholism and Drug Dependence - Rochester Area

To mail in your registration, please return this form and **NON-REFUNDABLE** registration fee to: **NCADD-RA, Attention: Elaine Alvarado**
1931 Buffalo Rd., Rochester, NY 14624.

Name of registrant: _____ Agency: _____

Phone Number: _____ E-mail: _____

Indicate below which training(s) you are registering for:

☐ 11/6/2026 - Utilizing Dialectic Behavior Therapy (DBT) in SUD Counseling (ZOOM ONLY)

☐ 11/18/2026 - Gambling Screening and Brief Intervention to Treatment (G/SBIRT)

Payment information:

☐ Check (enclosed)

☐ Credit Card Payment: ☐ Visa ☐ Master Card ☐ Discover ☐ AMEX

Card Number:

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CVV:

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Expiration Date:

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Name on credit card and billing address (*please note that billing address is the address where the credit card bill goes to*)

Name: _____ Agency: _____

Address: _____

For more information, please call or e-mail Elaine at (585) 719-3481, elvarado@depaul.org or Delia Gallmeyer at (585) 719-3489 or e-mail her at dgallmeyer@depaul.org