



# NCADD-RA

National Council on Alcoholism and Drug Dependence - Rochester Area



## **POSITIVE PARENTING PROGRAM**

Promotes positive, caring relationships between parent and child

### What is Triple P?

- ✓ A no-cost, parenting and family support program
- ✓ For parents with children and/or teens
- ✓ Individual or group sessions. One or four-sessions. Facilitated by certified staff
- ✓ Provides parents with simple, effective management strategies in response to: dealing with disobedience, bedtime routines, hassle-free shopping, managing fighting & aggression, cooperation, emotions, teen survival skills and reducing family conflict.

Contact Us  
**585-719-3481**



Visit Our Website  
**[www.ncadd-ra.org](http://www.ncadd-ra.org)**

