



## NATIONAL COUNCIL ON ALCOHOLISM & DRUG DEPENDENCE-ROCHESTER AREA

### RECOVERY SERVICES IN GENESEE, LIVINGSTON, ONTARIO, ORLEANS, SENECA, WAYNE, WYOMING, & YATES COUNTY

1931 Buffalo Road - Rochester, New York 14624

Telephone: (585) 719-3480 or 719-3845 Fax: (585) 423-1908

Website: [www.ncadd-ra.org](http://www.ncadd-ra.org)

CONTACT INFORMATION	SERVICES DESCRIPTION
<p><b>FINGER LAKES REGION – VIRTUAL</b> <b>MONROE COUNTY – IN-PERSON</b> <b>ROCovery Fitness</b> Contact: Jon Westfall, <a href="mailto:jonathan@rocoveryfitness.org">jonathan@rocoveryfitness.org</a> Phone: 585-484-0234 Website: <a href="http://www.rocoveryfitness.org">www.rocoveryfitness.org</a> Facebook: <a href="http://www.facebook.com/rocovery">www.facebook.com/rocovery</a></p>	<ul style="list-style-type: none"><li>▶ ROCovery Fitness provides resources for those looking to join a sober, active community to support their growth and recovery.</li><li>▶ Several virtual programs are available for those who cannot attend in-person events at the ROCovery Outreach Center, which is physically located at 1035 Dewey Avenue, Rochester, NY 14613.</li><li>▶ For information on both virtual and in-person events, visit their website or Facebook page. All virtual or in-person activities are free and open to anyone with a minimum of 48 consecutive hours of sobriety.</li><li>▶ Outreach Engagement Specialists are available for peer recovery coaching.</li></ul>
<p><b>GENESEE COUNTY</b> <b>The Recovery Station</b> Contact: Amy Kabel, <a href="mailto:akabel@gcasa.org">akabel@gcasa.org</a> 5256 Clinton Street Road, Batavia, NY 14020 Phone: 585-815-5248 Website: <a href="http://www.recoverystation.org">www.recoverystation.org</a> Facebook: <a href="http://www.facebook.com/recoverywow">www.facebook.com/recoverywow</a></p>	<ul style="list-style-type: none"><li>▶ The Recovery Station is operated as part of the Genesee/Orleans Council on Alcoholism and Substance Abuse (GCASA) as a social gathering and recreation place. Safe, sober health and wellness activities are offered and geared towards individuals in recovery from a substance use disorder and their families.</li><li>▶ The Recovery Station provides peer engagement services to individuals and engages in community outreach efforts. Peer Recovery Advocates are available 24/7 by calling 585-815-1800.</li><li>▶ Visit the Facebook page and website for a calendar of events and hours open. For updates and to join the newsletter mailing list, please e-mail <a href="mailto:akabel@gcasa.org">akabel@gcasa.org</a>.</li></ul>
<p><b>AIR Southern Tier Adventures in Recovery</b> Contact: Sean Smith, <a href="mailto:ssmith@casa-trinity.org">ssmith@casa-trinity.org</a> Phone: 585-204-9003 134 Main St, Dansville NY 14437 Facebook: <a href="http://www.facebook.com/AIRsoutherntier">www.facebook.com/AIRsoutherntier</a></p>	<ul style="list-style-type: none"><li>▶ AIR Southern Tier Adventures In Recovery is operated as part of the CASA-Trinity chemical dependency programs (<a href="http://www.casa-trinity.org">www.casa-trinity.org</a>), and is a community of sober individuals dedicated to providing connection, peer support, and healthy fun outlets for those in recovery, their family members, and community supporters that choose to live sober.</li><li>▶ All fitness levels are welcome, and there is no cost to participate in fun, sober events such as hikes, boot camps, yoga, kayaking, biking, swimming, family fitness classes, and mountain climbing in various southern-tier locations. Other activities include an open art studio, open mic nights, holiday meals, book clubs, summer BBQs, mutual support group meetings, and social gatherings.</li><li>▶ All activities are open to anyone with a minimum of 48 consecutive hours of sobriety. AIR also offers many events and meetings online for those that cannot attend in person. Please refer to the events tab on the AIR Southern Tier Adventures in Recovery Facebook page.</li></ul>
<p><b>Lifespan Recovery &amp; Wellness for Older Adults</b> 1900 S. Clinton Ave. Rochester, NY 14618 Phone: 585-244-8400 ext. 220 Contact: Ramona Sharp Email: <a href="mailto:rsharp@lifespan-roch.org">rsharp@lifespan-roch.org</a> Website: <a href="http://www.lifespanrochester.org">www.lifespanrochester.org</a></p>	<ul style="list-style-type: none"><li>▶ Recovery &amp; Wellness program provides in-home supportive counseling and case management services to individuals 55 years and older who are looking to make a change or maintain a change in their substance misuse.</li><li>▶ Recovery &amp; Wellness program provides education, guidance and support to clients and families/caregivers concerning treatment and recovery options.</li><li>▶ Peer recovery services are available</li></ul>

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CONTACT INFORMATION	SERVICES DESCRIPTION
<b>ONTARIO COUNTY</b> <b>Connections – Rounded Recovery Community Center (FLACRA)</b> Contact: Noah Welker, <a href="mailto:noah.welker@flacra.org">noah.welker@flacra.org</a> . 64 West Avenue, Canandaigua, NY 14424 Phone: 833-435-2272	<ul style="list-style-type: none"> <li>▶</li> <li>▶ Connections is a Recovery Community Center that serves individuals with substance use disorders and their families throughout Ontario County. A comprehensive program provides multiple pathways to recovery and helps to bridge an array of community services and formal treatment opportunities.</li> <li>▶ The Recovery Community Center is open Monday through Saturday from 9:00 am-9:00 pm and Sunday from 12:00 pm-5:00 pm.</li> </ul>
<b>ONTARIO COUNTY</b> <b>The Community Support Center</b> , Canandaigua, NY Contact: Adele Caputo, <a href="mailto:adele@partnershipoc.org">adele@partnershipoc.org</a> Phone: 585-396-4554 Website: <a href="https://tockify.com/thecommunitysupportcenter/monthly">https://tockify.com/thecommunitysupportcenter/monthly</a> Facebook: <a href="https://www.facebook.com/thecommunitysupportcenter">www.facebook.com/thecommunitysupportcenter</a>	<ul style="list-style-type: none"> <li>▶ The Community Support Center is a program of the Partnership for Ontario County. They believe that everyone needs healing from life, and their philosophy is “let’s do it together.”</li> <li>▶ Free solution-focused brief therapy with a licensed social worker is offered for individuals and families.</li> <li>▶ Community CrossFit, Functional Fitness, and Gentle Yoga classes are available in partnership with Canandaigua CrossFit, 699 S. Main Street, Canandaigua, NY 14424. Workouts are tailored to each person’s abilities. More information is available on the Facebook page and the calendar website.</li> </ul> <p>The Community Support Center has offered support groups, healing arts seminars, and other pop-up events.</p>
<b>ONTARIO COUNTY</b> <b>EPIC Zone Youth Clubhouse</b> Contact: <a href="mailto:info@ezgeneva.org">info@ezgeneva.org</a> Site #1: 21 Worthington Avenue, Geneva, NY 14456 Site #1 phone: 315-325-4721 Site #2: 4 East Main Street, Bloomfield, NY 14469 Site #2 phone: 585-257-5380 Website: <a href="https://www.ezgeneva.org">www.ezgeneva.org</a> Facebook: <a href="https://www.facebook.com/EPICZoneYouthClub">www.facebook.com/EPICZoneYouthClub</a> Instagram: EPICZoneYCH	<ul style="list-style-type: none"> <li>▶ The EPIC Zone Youth Clubhouses are safe and welcoming gathering places for youth ages 12-17.</li> <li>▶ A program of the Partnership for Ontario County and funded by the Office of Addiction Services and Supports (OASAS), the Clubhouses emphasize relationship building, strengthening youth through recognition of their assets, listen to and for the youth voice, and create fun, meaningful opportunities within a flexible environment.</li> </ul> <p>The Clubhouses use an evidence-based framework focused on developmental assets and developmental relationships and provide opportunities for youth to engage in physical activity, mental growth, relaxation, focused efforts, and outlets to spark and expand interests.</p>

For the most updated version of this directory and other resources, visit <https://ncadd-ra.org/programs-services/finger-lakes-addiction-resource-center>.

Disclaimer: information included on this template is updated biannually based on data shared with NCADD-RA from each of the providers.

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