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## Facts about the Youth Risk Behavior Survey (YRBS)



### What is the Information Used For?

To monitor priority health risk behaviors among youth, such as substance use, unhealthy dietary behaviors, inadequate physical activity, and sexual behaviors. The results then drive our community efforts and where resources such as funding are needed most in our community.



### Is it REALLY Anonymous?

Yes, the YRBS is designed to be anonymous and voluntary, with procedures to protect student privacy. No personally identifying information is collected, and no skip patterns are used to try and identify individual students. The survey is a self-administered questionnaire that provides aggregated data to the state and federal government, not individual student information.



### Who Developed the Survey?

The Centers for Disease Control and Prevention (CDC) developed the Youth Risk Behavior Survey (YRBS) in 1990 to monitor health-related behaviors among adolescents.



### Who Takes the Survey and How Often?

The survey is designed for grades 6-12 however it is up to each school district what grades they will offer the survey to,



### Talk to your kids before and after the Survey

Some questions on the survey can raise questions with the youth as some topics are sensitive in nature. It is important to have conversations with the young people in your life and to offer support and guidance with any concerns they may have, Counseling staff at the schools are available to support the students but that support can lift the curtain on the anonymity that the survey provides.



Students will not face any disciplinary consequences for the honesty of their answers and their answers will promote programming here in our community

