



December 2025

Youth Substance Use Trends

Presenter: Delia Gallmeyer, MS, MHC

Date: Wednesday, December 3, 2025

Time: 9:00 a.m. - Noon

Cost: \$40

Content: This workshop will explore current substance use trends among adolescents and youth at the county, state and national level. Participants will learn which substances are most common, the risk and protective factors that influence use, and strategies trusted adults can use to help prevent misuse and support healthy choices.

Continental breakfast is provided.

Clock Hours: 3

CASAC Renewal

CPP Section 1

CPS Section 1

LMHC

LCSW

Registration deadline:

Wednesday, November 26, 2025

This training is IN PERSON ONLY

NCADD-RA

1931 Buffalo Rd

Rochester, NY 14624

Click on the link below to register online:

<https://ncadd-ra.org/events-trainings/>

Utilizing Dialectic Behavior Therapy (DBT) in SUD Counseling

Presenter: Lauren Kimble-Giglia, LMHC, Master CASAC

Date: Friday, December 12, 2025

Time: 9:00 a.m. - Noon

Cost: \$40

Content: This workshop will provide participants with a basic understanding of DBT. Discussed will be the counseling skills that fall within the four modules of DBT. They include mindfulness, distress tolerance, emotion regulation, and interpersonal effectiveness. Discussed will be skills to implement DBT effectively in both individual and group counseling settings. Examined will be the stigma associated with DBT. This workshop will also cover utilization of DBT in expanded areas of treatment and provide participants with opportunities to practice DBT skills through small group activities.

Continental breakfast is provided.

Clock Hours: 3

CASAC Renewal

CPP Section 1

CPS Section 1

LMHC

LCSW

Registration deadline:

Friday, December 5, 2025

This training is IN PERSON ONLY

NCADD-RA

1931 Buffalo Rd

Rochester, NY 14624

Click on the link below to register online:

<https://ncadd-ra.org/events-trainings/>

St. John Fisher University is recognized by the New York State Educational Department's State Board as an approved provider of continuing education credits for Licensed Mental Health Counselors.

Nazareth University is recognized by the New York State Educational Department's State Board as an approved provider of continuing education credits for Licensed Clinical Social Workers



National Council on Alcoholism & Drug Dependence Rochester Area

To mail in your registration, please return this form and **NON-REFUNDABLE** registration fee to: **NCADD-RA, Attention: Elaine Alvarado**
1931 Buffalo Rd., Rochester, NY 14624.

Name of registrant: _____ Agency: _____

Phone Number: _____ E-mail: _____

Indicate below which training(s) you are registering for:

☐

Interested in: ☐ **LMHC Credit Hours**
Only for Licensed Mental Health Counselors renewal or initial credential ☐ **LCSW Credit Hours**
Only for Licensed Clinical Social Workers renewal or initial credential ☐ **OASAS CASAC Renewal, CPP & CPS Credit Hours**

☐

Interested in: ☐ **LMHC Credit Hours**
Only for Licensed Mental Health Counselors renewal or initial credential ☐ **LCSW Credit Hours**
Only for Licensed Clinical Social Workers renewal or initial credential ☐ **OASAS CASAC Renewal, CPP & CPS Credit Hours**

Payment information:

☐ Check (enclosed)

☐ Credit Card Payment: ☐ Visa ☐ Master Card ☐ Discover ☐ AMEX

Card Number:

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CVV:

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Expiration Date:

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Name on credit card and billing address (*please note that billing address is the address where the credit card bill goes to*)

Name: _____ Agency: _____

Address: _____

For more information, please call or e-mail Elaine at (585) 719-3481, elvarado@depaul.org or Delia Gallmeyer at (585) 719-3489, dgallmeyer@depaul.org.