



## NATIONAL COUNCIL ON ALCOHOLISM & DRUG DEPENDENCE-ROCHESTER AREA RECOVERY SERVICES IN MONROE COUNTY

1931 Buffalo Road - Rochester, New York 14624

Telephone: (585) 719-3480 Fax: (585) 423-1908

Website: [www.ncadd-ra.org](http://www.ncadd-ra.org)

CONTACT INFORMATION	SERVICES DESCRIPTION
<b>CORE Center</b> <i>Community Outreach for Recovery Enhancements</i> Contact: Alexi Mikaelson 130 Andrews Street, Rochester, NY 14604 Phone: 585-328-8230 / Email: <a href="mailto:amikaelson@communityalternatives.org">amikaelson@communityalternatives.org</a> Website: <a href="http://www.communityalternatives.org">www.communityalternatives.org</a> Facebook: <a href="https://www.facebook.com/communityalternatives/">https://www.facebook.com/communityalternatives/</a>	<ul style="list-style-type: none"><li>➔ Peer-led, peer-driven recovery community and outreach center offering support groups to those in recovery, guidance for families in recovery, aid in gaining access to treatment, civic restoration, job readiness, and community referrals.</li><li>➔ Assistance in obtaining Certified Recovery Peer Advocate (CRPA) certification.</li><li>➔ There are no costs for any of our services or programming.</li><li>➔ Support for individuals affected by mental health challenges, substance use, and problem gambling.</li></ul>
<b>ROcovery Fitness</b> Contact: Jon Westfall 1035 Dewey Avenue, Rochester, NY 14613 Phone: 585-484-0234 / Email: <a href="mailto:mail@rocoveryfitness.org">mail@rocoveryfitness.org</a> Website: <a href="http://www.rocoveryfitness.org">www.rocoveryfitness.org</a> Facebook: <a href="http://www.facebook.com/rocovery">www.facebook.com/rocovery</a>	<ul style="list-style-type: none"><li>➔ Community-based peer recovery support services.</li><li>➔ Recovery support through fitness and sober living, connecting peers, friends and family through wellness, acceptance and understanding. Members, friends, and families are empowered to discover their inner strength and confidence through adventure, fun and camaraderie.</li><li>➔ Programs are free and open to anyone with 48 hours of continuous sobriety. We welcome friends, family members, and those who choose to live sober.</li><li>➔ Annual fall 5K Run/Walk/Family Event. Ongoing calendar of events; more information found on website.</li></ul>
<b>S.O.A.R.S., Inc</b> <i>Substance Abuse and Overdose Prevention, Awareness, and Recovery Services</i> Contact: Rebecca "Becky" K. Baker Phone: 585-771-0896 / Email: <a href="mailto:rebeccakbaker@yahoo.com">rebeccakbaker@yahoo.com</a> Facebook: <a href="http://www.facebook.com/SOARSRocs">www.facebook.com/SOARSRocs</a>	<ul style="list-style-type: none"><li>➔ The Scotty B. Overdose Awareness Day Memorial Event and Recovery Fair is held annually in late August.</li><li>➔ Grief support resources and referrals are available.</li><li>➔ <i>Forever In Hearts Grief Group</i> for those who lost a loved one to overdose.</li></ul>
<b>Recovery Houses of Rochester, Inc.</b> Contact: Van Smith 1640 East Ave., Suite 22, Rochester, NY 14610 Phone: (585) 910-5527 Email: <a href="mailto:willierhor@gmail.com">willierhor@gmail.com</a> Website: <a href="http://recoveryhousesofrochester.org">http://recoveryhousesofrochester.org</a>	<ul style="list-style-type: none"><li>➔ Offers recovering alcoholics and addicts safe, alcohol and drug-free, peer-driven housing in a family-like atmosphere, in fully furnished homes, while they are recovering.</li><li>➔ Partners with clinical providers, primary care doctors and mental health-providers, hospital units, social services, courts and probation, and housing providers and shelters.</li><li>➔ Provides help as residents move into a path of community contribution, with self-improvement and family reconnection, making a difference in restoring lives and rebuilding neighborhoods.</li></ul>

For the most updated version of this directory and other resources, visit <https://ncadd-ra.org/programs-services/finger-lakes-addiction-resource-center>.

Disclaimer: information included on this template is updated biannually based on data shared with NCADD-RA from each of the providers.

Revised August 2025



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<b>Hope Dealers BTC Inc.</b> <i>#BeTheChange</i> HOPE Line: 585-633-8690 Email: <a href="mailto:hopedealersbtc@gmail.com">hopedealersbtc@gmail.com</a> Website: <a href="http://www.hopedealersbtc.com">www.hopedealersbtc.com</a> Facebook: <a href="http://www.facebook.com/HopeDealersbtc">www.facebook.com/HopeDealersbtc</a>	<ul style="list-style-type: none"> <li>➔ Volunteer support group for anyone affected by substance use disorders. Provides referral resources to treatment and recovery activities.</li> <li>➔ The 24-hour HOPE Line is available for calls and texts regarding referral information, peer support, or to report drug activity or discarded needles.</li> <li>➔ Hope Dealers volunteers provide clothing, food, personal care items, survival gear and Narcan to anyone at their home, school or business.</li> <li>➔ Community outreach and cleanup is held every Sunday morning in Rochester, check website for details.</li> </ul>
<b>Recovery All Ways (R.A.W.)</b> Contact: Crystal Chmylak, 585-703-1470 1248 North Clinton Ave, Rochester, NY 14621 (Sundays 10 a.m. -1 p.m.) Hotline: 585-3100-RAW Email: <a href="mailto:info@recoveryalways.org">info@recoveryalways.org</a> Website: <a href="https://linktr.ee/RecoveryAllWays">https://linktr.ee/RecoveryAllWays</a>	<ul style="list-style-type: none"> <li>➔ Provides support to those impacted by substance use disorder (SUD), mental health issues and/or homelessness, with belief that there are multiple paths to recovery.</li> <li>➔ Provides an onsite warming station, hot food, personal care items, a clothing closet and Narcan kits.</li> <li>➔ Cleanup and outreach for those encountered on Joseph and Clinton Avenues.</li> <li>➔ Community presentations for churches, schools, and organizations around the opioid epidemic.</li> <li>➔ The 24-hour hotline receives calls and texts via an automated service, with quick follow-up for messages.</li> </ul>
<b>Recovery Support Navigator Team:</b> <b>Peer Advocate/Family Support Navigator</b> Liberty Resources, 175 Winton Road North, Rochester NY 14610 Family Navigator: 855-778-1200 / Peer Advocate: 855-778-1300 Email: <a href="mailto:RecovNavigator@Liberty-resources.org">RecovNavigator@Liberty-resources.org</a> Website: <a href="https://www.liberty-resources.org/substance-use-recovery-support-services/">https://www.liberty-resources.org/substance-use-recovery-support-services/</a>	<ul style="list-style-type: none"> <li>➔ The Family Support Navigator provides family-focused services designed to guide, educate, and support families through the treatment and recovery process. Groups are held on 1<sup>st</sup> and 3<sup>rd</sup> Thursdays from 6:00pm to 7:30pm at the Liberty Resources Mental Health Clinic (175 Humboldt Street, Rochester.).</li> <li>➔ The Peer Advocate Team provides peer support services to individuals in a person-centered and self-directed manner in order to enhance that person's recovery. The peer staff can support the person to engage in recovery-focused activities including treatment, and recovery community services.</li> <li>➔ Facebook: <a href="https://www.facebook.com/RecoverySupportNavigator">https://www.facebook.com/RecoverySupportNavigator</a></li> <li>➔ Peer support services for anyone working with FIT clinician.</li> <li>➔ Peer support services for mental health/addiction and recovery to avoid being unhoused</li> <li>➔ SOS Homeless Outreach Team</li> </ul>
<b>Lifespan Recovery &amp; Wellness for Older Adults</b> 1900 S. Clinton Ave. Rochester, NY 14618 Phone: 585-244-8400 ext. 220 Contact: Ramona Sharp Email: <a href="mailto:rsharp@lifespan-roch.org">rsharp@lifespan-roch.org</a> Website: <a href="http://www.lifespanrochester.org">www.lifespanrochester.org</a>	<ul style="list-style-type: none"> <li>➔ Recovery &amp; Wellness program provides in-home supportive counseling and case management services to individuals 55 years and older who are looking to make a change or maintain a change in their substance misuse.</li> <li>➔ Recovery &amp; Wellness program provides education, guidance and support to clients and families/caregivers concerning treatment and recovery options.</li> </ul>

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