

We Support Your Business!

ncadd-ra.org

National Council on Alcoholism and
Drug Dependence – *Rochester Area*



Have you noticed an increase in ...

- Employee stress, anxiety, and burnout?
- High turnover rates or talent acquisition challenges?
- Productivity concerns?

We can help!

- Confidential business owner/leader discussions
- Free workshops for supervisors and employees
- Skills to build team wellbeing and resilience
- Wellness resources, referral directories

Contact us today:

Monroe County: Kara Cloud kcloud@depaul.org OR Jennifer Faringer jfaringer@depaul.org

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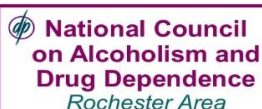
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Erie County: Robin Mann rmann@thepreventioncouncilec.org OR Vanita Jamison vjamison@thepreventioncouncilec.org OR Lamont Pugh lpugh@thepreventioncouncilec.org



**“When ‘I’ is replaced by ‘We’ even
‘illness’ becomes ‘wellness’”**

Charles Roppel, Director Mental Health Promotion, California
Department of Mental Health, 1984



In partnership
with:

