



Gambling: The Silent Addiction

Often lacking visible signs and symptoms, gambling is defined as staking or risking money or anything of value on a chance-based outcome. Problem gambling harms not only the individual engaging in this behavior, but also families, workplaces and/or communities.

**Problem
gambling
can lead to:**

- **Loss of employment and income**
- **Increase in domestic violence**
- **Mental and physical health risks**
- **A one in five likelihood of suicide**

The legalization of Mobile Sports Betting in New York State may lead to an increase of individuals developing a serious gambling disorder and the ease of access puts young people at risk.

Understand the Risks. Start the Conversation. Seek out Support.

Visit www.ncadd-ra.org/services/finger-lakes-addiction-resource-center/ for resources including a Problem Gambling Services Directory and details on Gambler's Anonymous (GA) Meetings in Monroe County.