

National Council on Alcoholism & Drug Dependence Rochester Area

September 2024

Utilizing Dialectic Behavior Therapy (DBT) in SUD Counseling

Presenter: Lauren Kimble-Giglia, LMHC, Master CASAC

Date: Friday, September 20, 2024

Time: 9:00 a.m. – 4:00 p.m.

Cost: \$80

Content: This workshop will provide participants with a basic understanding of DBT. Discussed will be the counseling skills that fall within the four modules of DBT. They include mindfulness, distress tolerance, emotion regulation, and interpersonal effectiveness. Discussed will be skills to implement DBT effectively in both individual and group counseling settings. Examined will be the stigma associated with DBT. This workshop will also cover utilization of DBT in expanded areas of treatment and provide participants with opportunities to practice DBT skills through small group activities.

Continental breakfast is provided.

6 Clock Hours:

CASAC Renewal CPP Section 1 CPS Section 1 LMHC LCSW

Registration deadline:

Friday, September 13, 2024

Training Location:

This training is through ZOOM ONLY

Click on the link below to register online: https://ncadd-ra.org/events-trainings/

<u>Creating A Sense of Belonging – Engaging Latinx Clients in SUD Treatment</u>

Presenter: Itza Morales, MSB, CASAC Advanced

Date: Wednesday, September 25, 2024

Time: 9:00 a.m. - Noon

Cost: \$40

Content: This workshop will provide an understanding of the basic definitions specific to this population to include language and cultural differences, as well as relevant national and local statistics. Discussed will be a historical perspective, identifying both barriers and engagement strategies. Also covered will be the building of a therapeutic relationship utilizing evidence-based practice.

Continental breakfast is provided.

3 Clock Hours:

CASAC Renewal CPP Section 1 CPS Section 1 LMHC LCSW

Registration deadline:

Wednesday, September 18, 2024

Training Location:

This training is IN PERSON ONLY

NCADD-RA 1931 Buffalo Rd Rochester, NY 14624

Click on the link below to register online: https://ncadd-ra.org/events-trainings/

St. John Fisher University is recognized by the New York State Educational Department's State Board as an approved provider of continuing education credits for **Licensed Mental Health Counselors**.

Nazareth University is recognized by the New York State Educational Department's State Board as an approved provider of continuing education credits for **Licensed Clinical Social Workers**.



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September 2024

To mail in your registration, please return this form and NON-REFUNDABLE registration fee to: NCADD-RA, Attention: Elaine Alvarado 1931 Buffalo Rd., Rochester, NY 14624.

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none Number:	E-mail:	
dicate below which trai	ining(s) you are registering for:	
9/20/2024 - Utilizin	g Dialectic Behavior Therapy (DBT) in SUD Cour	nseling
Interested in: (Choose one or more)	LMHC Credit Hours Only for Licensed Mental Health Counselors renewal or initial credential LCSW Credit Hours Only for Licensed Clin Workers renewal or in credential	ical Social
9/25/2024 - Creati	ng A Sense of Belonging – Engaging Latinx Client	ts in SUD Treatment
Interested in: (Choose one or more)	LMHC Credit Hours Only for Licensed Mental Health Counselors renewal or initial credential LCSW Credit Hours Only for Licensed Clin Workers renewal or in credential	ical Social
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For more information, please call or e-mail Elaine at (585) 719-3481, ealvarado@depaul.org or Delia Gallmeyer at (585) 719-3489 or e-mail Delia at depaul.org