



**National Council on
Alcoholism and Drug
Dependence-Rochester Area**

**Parents: Are you finding you can use some support?
We Can Help!**

Triple P

POSITIVE PARENTING PROGRAM

Promotes positive, caring relationships between parent and child

What is Triple P?

- ✓ A no-cost, parenting and family support program
- ✓ For parents with children and/or teens
- ✓ Individual or group sessions. One or four-sessions. Facilitated by certified staff
- ✓ Provides parents with simple, effective management strategies in response to: dealing with disobedience, bedtime routines, hassle-free shopping, managing fighting & aggression, cooperation, emotions, teen survival skills and reducing family conflict.



Contact Us
585-719-3481



Visit Our Website
www.ncadd-ra.org

