

Tetrahydrocannabinol (THC) in Edibles

UPSTATE
NEW YORK
POISON CENTER

1-800-222-1222
upstatepoison.org

1957

65 YEARS

2022

The Centers for Disease Control (CDC) estimates that 48.2 million people in the US used cannabis in 2019¹. Cannabidiol (CBD) and THC are two main compounds in cannabis. THC affects the way the brain works and produces a “high” sensation. It can enter the body by smoking cannabis but it is also found in oils, edibles, tinctures, capsules. Edibles with THC can be much more dangerous for children, who might eat them accidentally.



The Upstate New York Poison Center wants you to know:

- ◆ It may take longer to feel the effects of the edible form of THC products than from smoking THC. In fact, effects may be delayed up to a few hours after ingestion.
- ◆ The effects from edible THC may last longer than the effects from smoking THC.
- ◆ Some forms of edible THC can be easily confused with regular foods, like gummies or brownies.
- ◆ Some states saw increases in pediatric exposures to THC products after THC was legalized.
- ◆ Children may experience more severe effects after ingesting an edible THC product.
- ◆ Children exposed to edible THC can develop concerning symptoms. Symptoms can include changes in heart rate, difficulty breathing, vomiting, change in mental status, and even seizures.

Remember to keep these products out of reach and out of sight of children. Keeping them in medication lock boxes may help prevent unintentional exposures.