# NATIONAL COUNCIL ON ALCOHOLISM & DRUG DEPENDENCE-ROCHESTER AREA

## RECOVERY SERVICES IN MONROE COUNTY

**1931 Buffalo Road - Rochester, New York 14624**  
**Telephone:** (585) 719-3480  
**Fax:** (585) 423-1908  
**Website:** [www.ncadd-ra.org](http://www.ncadd-ra.org)

### CONTACT INFORMATION

<table>
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<tr>
<th>CORE Center</th>
<th>SERVICES DESCRIPTION</th>
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| **Community Outreach for Recovery Enhancements**  
Contact: Jackson Davis  
130 Andrews Street, Rochester, NY 14604  
Phone: 585-328-8230 / Email: jdavis@communityalternatives.org  
Website: [www.communityalternatives.org](http://www.communityalternatives.org)  
Facebook: [www.facebook.com/theCOREcenter](http://www.facebook.com/theCOREcenter) | ➢ Peer-led, peer-driven recovery community and outreach center offering support groups to those in recovery, guidance for families in recovery, aid in gaining access to treatment, civic restoration, job readiness, and community referrals.  
➢ Assistance in obtaining Certified Recovery Peer Advocate (CRPA) certification.  
➢ There are no costs for any of our services or programming. |

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<tr>
<th>ROCover Fitness</th>
<th>Services Description</th>
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| **Contact** Jon Westfall  
1035 Dewey Avenue, Rochester, NY 14613  
Phone: 585-484-0234 / Email: mail@rocoveryfitness.org  
Website: [www.rocoveryfitness.org](http://www.rocoveryfitness.org)  
Facebook: [www.facebook.com/rocovery](http://www.facebook.com/rocovery) | ➢ Community-based peer recovery support services.  
➢ Recovery support through fitness and sober living, connecting peers, friends and family through wellness, acceptance and understanding. Members, friends, and families are empowered to discover their inner strength and confidence through adventure, fun, and camaraderie.  
➢ Programs are free and open to anyone with 48 hours of continuous sobriety. We welcome friends, family members, and those who choose to live sober.  
➢ Annual fall 5K Run/Walk/Family Event. Ongoing calendar of events; more information found on website. |

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<tr>
<th>S.O.A.R.S., Inc</th>
<th>Services Description</th>
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| **Substance Abuse and Overdose Prevention, Awareness, and Recovery Services**  
Contact: Rebecca “Becky” K. Baker  
Phone: 585-771-0896 / Email: rebeccabaker@yahoo.com  
Website: [www.facebook.com/soarsrochester](http://www.facebook.com/soarsrochester) | ➢ The Scotty B. Overdose Awareness Day Memorial Event and Recovery Fair is held annually in late August.  
➢ Grief support resources and referrals are available.  
➢ *Forever in Hearts* Grief Group for those who lost a loved one to overdose.  
➢ *ROC Families in Recovery* – education for families on substance use disorder, treatment, recovery and mental health issues; Narcan training provided. Meets at Trillium Health, 259 Monroe Avenue, Rochester. Contact S.O.A.R.S. for dates and times. |

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<tr>
<th>Recovery Houses of Rochester, Inc.</th>
<th>Services Description</th>
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| **Contact** Van Smith  
239 Alphonse Street, Rochester, NY 14621  
Phone: 585-802-8709 or 585-413-0551  
Email: van@recoveryhousesofrochester.org  
Website: [http://recoveryhousesofrochester.org](http://recoveryhousesofrochester.org) | ➢ Offers those recovering from substance use disorder safe, alcohol and drug-free, peer-driven housing in a family-like atmosphere, in fully furnished homes, while they are recovering.  
➢ Partners with clinical providers, primary care doctors and mental health-providers, hospital units, social services, courts and probation, and housing providers and shelters.  
➢ Provides help as residents move into a path of community contribution, with self-improvement and family reconnection, making a difference in restoring lives and rebuilding neighborhoods. |

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<tr>
<th>Recovery Dharma</th>
<th>Services Description</th>
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| **Website:** [https://recoverydharma.org/meeting-list](https://recoverydharma.org/meeting-list)  
**Facebook:** [https://www.facebook.com/groups/1719608388361720/](https://www.facebook.com/groups/1719608388361720/) | ➢ Recovery Dharma is a peer-led, grassroots, democratically structured organization.  
➢ Our mission is to support individuals on their path of recovery from addiction using Buddhist practices and principles to offer a powerful approach to healing from addiction and living a life of true freedom. It is based on the idea that every one of us is our own guide in recovery from addiction, with the help and understanding of our wise friends and sangha.  
➢ Meetings are offered in person and via Zoom platform; see the website for a local meeting schedule. |

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Disclaimer: information included on this template is updated biannually based on data shared with NCADD-RA from each of the providers.  
For the most updated version of this directory and other resources, visit [https://ncadd-ra.org/programs-services/finger-lakes-addiction-resource-center](https://ncadd-ra.org/programs-services/finger-lakes-addiction-resource-center).  
Revised January 2023
**Hope Dealers BTC Inc.**

**#BeTheChange**

HOPE Line: 585-633-8690  
Email: hopedealersbtc@gmail.com  
Website: www.hopedealersbtc.com  
Facebook: www.facebook.com/HopeDealersbtc  

- Volunteer support group for anyone affected by substance use disorders. Provides referral resources to treatment and recovery activities.
- The 24-hour HOPE Line is available for calls and texts regarding referral information, peer support, or to report drug activity or discarded needles.
- Hope Dealers volunteers provide clothing, food, personal care items, survival gear, Narcan (home, school, or business).
- Community outreach and cleanup is held every Sunday morning in Rochester; check website for details.

**Recovery All Ways (R.A.W.)**

Contact: Crystal Muster, 585-703-1470  
Hotline: 585-3100-RAW  
Email: info@recoveryallways.org  
Website: https://linktr.ee/RecoveryAllWays  

- Provides support to those impacted by substance use disorder (SUD), mental health issues and/or homelessness, with belief that there are multiple paths to recovery. Usually meet on Sundays from 10:00am to 1:00pm.
- Provides an onsite warming station, hot food, personal care items, and Narcan kits, as well as socks and undergarments, and hats, gloves, and scarves in the colder months.
- Cleanup and outreach for those encountered on Joseph and Clinton Avenues.
- Community presentations for churches, schools, and organizations around the opioid epidemic.
- The 24-hour hotline receives calls and texts via an automated service, with quick follow-up for messages.

**Recovery Support Navigator Team:**

**Peer Advocate/Family Support Navigator**

Liberty Resources, 75 North Winton Rd., Rochester, NY 14610  
Family Navigator: 855-778-1200 / Peer Advocate: 855-778-1300  
Email: RecoverNavigator@Liberty-resources.org  
Website: https://www.liberty-resources.org/substance-use-recovery-support-services/  
Facebook: https://www.facebook.com/RecoverySupportNavigator  

- The Family Support Navigator provides family-focused services designed to guide, educate, and support families through the treatment and recovery process. Groups are held hybrid on 1st Thursday and virtually on 3rd Thursdays from 6:00pm to 7:30pm at the Liberty Resources Mental Health Clinic. To register contact bhenny@liberty-resources.org
- The Peer Advocate Team provides peer support services to individuals in a person-centered and self-directed manner to enhance that person's recovery. The peer staff can support the person to engage in recovery-focused activities including treatment, and recovery community services.

**Gates to Recovery Walk in Center**

Town of Gates, 1605 Buffalo Road, Rochester, NY 14624  
Hotline: 585-310-4080 / Email: GatesToRecovery@gmail.com  

- Gates to Recovery offers peer-to-peer engagement and outreach efforts.
- Gates meets every Thursday from 6:00pm to 8:00pm.
- The hotline is available 24/7.

**Lifespan Geriatric Addictions Program (GAP)**

1900 S. Clinton Ave. Rochester, NY 14618  
Phone: (585) 287-6387  
Email: aojin@lifespan-roch.org  
Website: www.lifespanrochester.org  

- GAP provides in-home supportive counseling and case management services to individuals 55 years and older who are looking to make a change or maintain a change in their substance misuse.
- GAP provides education, guidance and support to clients and families/caregivers concerning treatment and recovery options.
- GAP offers LPN Healthcare Coordination services to assist individuals manage their medical and healthcare needs.

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