



June 2023

Diet for a Healthy Recovery

Presenter: Dylan Mariah, RN, LMHC

Date: Friday, June 9, 2023

Time: 9:00 a.m. - Noon

Cost: \$40

Content: This workshop will provide mental health and addiction support professionals and the recovery community with a practical and research-based understanding of the value of a Healthy Diet in addiction recovery. Emphasis will be on understanding some nutritional needs of recovering people and how they can be met through dietary choices.

3 Clock Hours:

CASAC Renewal

CPP Section 1

CPS Section 1

LMHC

Registration deadline:

Friday, June 2, 2023

Training Location:

This training will be offered in person and through Zoom platform

If in Person:

1931 Buffalo Rd

Rochester, NY 14624

<https://ncadd-ra.org/events-trainings/>

Treating Veterans Impacted by PTSD and Addiction with EFT

Presenter: Tom Porpiglia, LMHC, DCEP, EAS-C

Date: Wednesday, June 14, 2023

Time: 9:00 a.m. - Noon

Cost: \$40

Content: This presentation will introduce participants to Emotional Freedom Technique (EFT), an evidence-based, holistic, and highly effective modality that has numerous applications in the field of addictions and mental health. The focus of the workshop will be on treating veterans with PTSD, EFT research outcomes, and will include information on treating addictions encountered in the clinical setting.

3 Clock Hours:

CASAC Renewal

CPP Section 1

CPS Section 1

LMHC

Registration deadline:

Wednesday, June 7, 2023

Training Location:

This training will be offered in person and through Zoom platform

If in Person:

1931 Buffalo Rd

Rochester, NY 14624

Click on the link below to register online:

<https://ncadd-ra.org/events-trainings/>

Additional Information:

- Link to training will be e-mailed upon successful registration 24 hours prior to training.
- PDF of handouts will be e-mailed 24 hours prior to training.
- Quiz and Evaluation forms will be provided at the end of the training.
- Certificate will be issued upon receipt of passing quiz (70% or higher) and completed evaluation.

St. John Fisher College is recognized by the New York State Educational Department's State Board as an approved provider of continuing education credits for Licensed Mental Health Counselors

Registration form on second page.

To mail in your registration, please return this form and **NON-REFUNDABLE** registration fee to: **NCADD-RA, Attention: Elaine Alvarado**
1931 Buffalo Rd., Rochester, NY 14624.

Name of registrant: _____ Agency: _____

Phone Number: _____ E-mail: _____

Indicate below which training(s) you are registering for:

☐ Registering to attend virtually (Zoom) ☐ Registering to attend in person

Diet for a Healthy Recovery 6/9/2023

☐ Registering to attend virtually (Zoom) ☐ Registering to attend in person

Treating Veterans Impacted by PTSD and Addiction with EFT 6/14/2023

☐ Registering to attend virtually (Zoom) ☐ Registering to attend in person

Title & date of training

Payment information:

☐ Check (enclosed)

☐ Credit Card Payment: ☐ Visa ☐ Master Card ☐ Discover ☐ AMEX

Card Number:

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CVV:

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Expiration Date:

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Name on credit card and billing address (*please note that billing address is the address where the credit card bill goes to*)

Name: _____ Agency: _____

Address: _____

For more information, please call or e-mail Elaine at (585) 719-3481, elvarado@depaul.org