

NEW LOCATION

Open Access Clinic
Delphi Rise (24/7)
72 Hinchey Road
Rochester, NY 14624
585-627-1777

YOUTH SUBSTANCE USE RESOURCES

**Regional Open
Access Center**
1519 Nye Rd.
Lyons, NY 14489
833-929-6326

Conversation Tips for *Youth* Talking with a *Safe Adult*

- *“I want to talk to you about something but I don’t want you to get mad.”*
- *“I think I might have a problem with vaping/drugs/alcohol.”* If you aren’t ready to talk about it with the safe adult yet, you can tell them that you need to talk to someone like a therapist or a doctor, but you’re just not ready to talk to them about it yet.
- *“I learned that family biology can mean a person is more at risk to become addicted to drugs or alcohol. Is that something that exists in our family?”*
- Try to find a time to talk when your safe adult can give you their attention, or wait for a news story or commercial that addresses the topic to come on and start a conversation based on that story.

POPULATION RESOURCES

The National Alliance on Mental Illness (NAMI) has a website with useful resources for people who identify as:

Asian American or Pacific Islander
Black or African American
Hispanic or Latinx
Indigenous
LGBTQI+
Differently-Abled Persons

[nami.org/Your-Journey/
Identity-and-Cultural-Dimensions](http://nami.org/Your-Journey/Identity-and-Cultural-Dimensions)

Conversation Tips for a *Safe Adult* Talking with *Youth*

- *“Have you been in situations where there were opportunities for drug or alcohol use? Did you feel pressured?”*
- *“I have been noticing something [on the news/radio/social media/neighborhood/family/friends, etc.] that I want to talk with you about.”*
- *“Sometimes family biology can mean a person is more at risk to become addicted to drugs or alcohol, and I wanted to talk to you about our family history and what you should keep in mind.”*
- *“There are times where people use drugs or alcohol so they don’t have to deal with bad feelings. How have hard parts of your life affected you?”*

FAMILY SUPPORT

family-focused services designed to guide, educate, and support family members who are dealing with a loved one’s addiction through peer and family support

Recovery Support Navigator Team:
[liberty-resources.org/substance-use-
recovery-support-services/](http://liberty-resources.org/substance-use-recovery-support-services/)
855-778-1200

What are the “levels of care?”

Detoxification: “Detox” refers to the treatment of moderate withdrawal symptoms and non-acute physical or psychiatric complications.

Inpatient: Inpatient takes place in an OASAS-certified treatment setting with 24-hour medical coverage and oversight provided to individuals with significant acute medical, psychiatric and substance use disorders with significant associated risks.

Outpatient: While remaining at home, working and functioning in the community, a consumer may attend individual, group or family focused treatment and work toward personal goals. This may include less intensive involvement or may require multiple visits per week.

Residential: Individuals are provided a safe living environment with a high degree of behavioral accountability. Services include medical and clinical oversight of chronic but stable medical and psychiatric symptoms and conditions in a community program including an outpatient Substance Use Disorder treatment program.

YOUTH SUBSTANCE USE RESOURCES

MONROE COUNTY

Center for Youth
905 Monroe Ave. Rochester 14620
585-473-2464 centerforyouth.net

CORE Center
130 Andrews St. Rochester 14604
585-328-8230 facebook.com/theCOREcenter1

**National Council on Alcoholism & Drug
Dependence - Rochester Area (NCADD-RA)**
Rochester 585-719-3483
ncadd-ra.org

Open Access Clinic (24/7)
Delphi Rise, 72 Hinchey Rd.
Rochester 14624 585-627-1777

Westside Junior/Senior High Academy
Rochester 585-617-2550
monroe2boces.org/WestsideAcademy.aspx

Recovery Support Navigators
Rochester 855-778-1300

Rochester Regional Health
Adolescent Treatment Program
585-922-9900 / immediate help: 585-723-SAFE

ROcovery Fitness
1035 Dewey Ave. Rochester 14613
585-484-0234 facebook.com/rocovery

URMC Strong Recovery
Adolescent and Young Adult Program
585-275-3161

Villa of Hope
LIFE Residential: 585-865-1555 x262
Prevention: 585-865-1555 x740
Outpatient: 585-328-0834

GENESEE, ORLEANS, & WYOMING COUNTIES

**Batavia Recovery Center
of Horizon Health Services**
314 Ellicott St. Batavia
585-815-0247

**Genesee/Orleans Council on
Alcoholism & Substance Abuse
(GCASA)**
430 E. Main St. Batavia
585-343-1124
249 East Ave. Albion
585-589-0055

**Spectrum Health &
Human Services**
34 North Main St. Warsaw
585-786-0220

The Recovery Station, Batavia
facebook.com/recoverywow

Orleans-Recovery Hope Begins Here, Albion
orleans-recoveryhopebeginshere.org
and
facebook.com/OrleansRecoveryHope

LIVINGSTON, ONTARIO, & YATES COUNTIES

CASA-Trinity
45 Maple St. Dansville
4612 Millennium Dr. Geneseo
585-335-5052

**Finger Lakes Area Counseling
& Recovery (FLACRA)**
28 W. Main St. Clifton Springs
1386 Hathaway Dr. Farmington
246 Castle St. Geneva
2462 State Route 54A Penn Yan
833-435-2272

RRH Clifton Springs
2 Coulter Rd. Clifton Springs
585-922-9900

Rounded Recovery, Canandaigua
facebook.com/roundedrecovery
EPIC Zone Youth Clubhouse, Geneva
facebook.com/EPICZoneYouthClubhouse
Adventures in Recovery, southern tier
facebook.com/AIRsouthernTier
Community Support Center, Canandaigua
facebook.com/thecommunitysupportcenter

SENECA & WAYNE COUNTIES

Finger Lakes Area Counseling & Recovery
310 W. Union St. Newark
833-435-2272

**Seneca County Community
Services Board**
31 Thurber Dr. Waterloo
315-539-1985

Wayne Behavioral Health Network
1519 Nye Rd. Lyons
833-929-6326

Connections Begin Clubhouse, Newark
[flacra.org/post/
connections-begin-youth-clubhouse](https://flacra.org/post/connections-begin-youth-clubhouse)

PROBLEM GAMBLING

Seneca County Community Services Board
31 Thurber Dr. Waterloo 315-539-1985

FL Problem Gambling Resource Center
NYproblemgamblinghelp.org/finger-lakes
585-351-2262

INFORMATION

ncadd-ra.org
oasas.ny.gov
talk2prevent.ny.gov
for-ny.org
nacoa.org
211.org
suicidepreventioncoalition.org

INTERACTION

fcsfl.org/lgbtq-program
al-anon.org/newcomers/teen-corner-alateen/
monroe2boces.org/WestsideAcademy.aspx
flacra.org/post/connections-begin-youth-clubhouse
facebook.com/EPICZoneYouthClubhouse
facebook.com/rocovery
facebook.com/AIRsouthernTier