



**NATIONAL COUNCIL ON ALCOHOLISM & DRUG DEPENDENCE-ROCHESTER AREA**  
**RECOVERY SERVICES IN GENESEE, LIVINGSTON, ONTARIO,**  
**ORLEANS, SENECA, WAYNE, WYOMING, & YATES COUNTY**

1931 Buffalo Road - Rochester, New York 14624  
 Telephone: (585) 719-3480 or 719-3845 Fax: (585) 423-1908  
 Website: [www.ncadd-ra.org](http://www.ncadd-ra.org)

| CONTACT INFORMATION  | SERVICES DESCRIPTION  |
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| <p><b>FINGER LAKES REGION – VIRTUAL<br/>MONROE COUNTY – IN-PERSON</b><br/> <b>ROCOvery Fitness</b><br/>                     Contact: Jon Westfall, <a href="mailto:jonathan@rocoveryfitness.org">jonathan@rocoveryfitness.org</a><br/>                     Phone: 585-484-0234<br/>                     Website: <a href="http://www.rocoveryfitness.org">www.rocoveryfitness.org</a><br/>                     YouTube Channel:<br/> <a href="https://www.youtube.com/channel/UCP9djAy0A-ZN4vGNMb49_Mg">www.youtube.com/channel/UCP9djAy0A-ZN4vGNMb49_Mg</a><br/>                     Facebook: <a href="http://www.facebook.com/rocovery">www.facebook.com/rocovery</a></p> | <ul style="list-style-type: none"> <li>➔ ROCOvery Fitness provides resources for those looking to join a sober, active community to support their growth and recovery.</li> <li>➔ Several virtual programs are available for those who cannot attend in-person events at the ROCOvery Outreach Center, which is physically located at 1035 Dewey Avenue, Rochester, NY 14613.</li> <li>➔ The ROCOvery YouTube Channel provides original video content such as <i>Nightly Reflections with Yana</i>; <i>Life on the Run: Lessons from the Road with Jon</i>; and <i>Where’s My Intention? with Keirstan</i>. The YouTube Channel also hosts ROCOvery videos including guided meditation, yoga classes, coaching sessions, and virtual workouts.</li> <li>➔ For information on both virtual and in-person events, visit their website or Facebook page. All activities, virtual or in-person, are free and open to anyone with minimum of 48 consecutive hours of sobriety.</li> <li>➔ Outreach Engagement Specialists are available for peer recovery coaching.</li> </ul>   |
| <p><b>GENESEE COUNTY</b><br/> <b>The Recovery Station</b><br/>                     Contact: Amy Kabel, <a href="mailto:akabel@gcasa.org">akabel@gcasa.org</a><br/>                     5256 Clinton Street Road, Batavia, NY 14020<br/>                     Phone: 585-815-5248<br/>                     Website: <a href="http://www.recoverystation.org">www.recoverystation.org</a><br/>                     Facebook: <a href="http://www.facebook.com/recoverywow">www.facebook.com/recoverywow</a></p>   | <ul style="list-style-type: none"> <li>➔ The Recovery Station is operated as part of the Genesee/Orleans Council on Alcoholism and Substance Abuse (GCASA) as a social gathering and recreation place. Safe, sober health and wellness activities are offered and geared towards individuals in recovery from a substance use disorder and their families.</li> <li>➔ The Recovery Station provides peer engagement services to individuals and engages in community outreach efforts. Peer Recovery Advocates are available 24/7 by calling 585-815-1800.</li> <li>➔ Visit the Facebook page and website for a calendar of events and hours open. For updates and to join the newsletter mailing list, please e-mail <a href="mailto:akabel@gcasa.org">akabel@gcasa.org</a>.</li> </ul>  |
| <p><b>SOUTHERN TIER REGION – IN-PERSON<br/>LIVINGSTON COUNTY</b><br/> <b>AIR Southern Tier Adventures in Recovery</b><br/>                     Contact: Sean Smith, <a href="mailto:ssmith@casa-trinity.org">ssmith@casa-trinity.org</a><br/>                     Phone: 585-447-2282<br/>                     Facebook: <a href="http://www.facebook.com/AIRsoutherntier">www.facebook.com/AIRsoutherntier</a></p>  | <ul style="list-style-type: none"> <li>➔ AIR Southern Tier Adventures In Recovery is operated as part of the CASA-Trinity chemical dependency programs (<a href="http://www.casa-trinity.org">www.casa-trinity.org</a>), and is a community of sober individuals dedicated to providing connection, peer support, and healthy fun outlets for those in recovery, their family members, and community supporters that choose to live sober.</li> <li>➔ All fitness levels are welcome, and there is no cost to participate in the fun, sober events such as hikes, bootcamps, yoga, kayaking, biking, swimming, family fitness classes, and mountain climbing in various southern tier locations. Other activities include open art studio, open mic nights, holiday meals, book clubs, summer BBQs, mutual support group meetings, and social gatherings.</li> <li>➔ All activities are open to anyone with minimum of 48 consecutive hours of sobriety. AIR also offers many events and meetings online for those that cannot attend in person. Please refer to the events tab on the AIR Southern Tier Adventures in Recovery Facebook page.</li> </ul> |

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| CONTACT INFORMATION   | SERVICES DESCRIPTION   |
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| <p><b>ORLEANS COUNTY</b><br/> <b>Orleans-Recovery Hope Begins Here</b><br/>           Contact: Don Snyder, <a href="mailto:orleansrecoveryhope@gmail.com">orleansrecoveryhope@gmail.com</a><br/>           243 S. Main Street, Suite 190, Albion, NY 14411<br/>           Phone: 585-210-8750<br/>           Website: <a href="http://orleans-recoveryhopebeginshere.org/">http://orleans-recoveryhopebeginshere.org/</a><br/>           Facebook: <a href="http://www.facebook.com/OrleansRecoveryHope">www.facebook.com/OrleansRecoveryHope</a></p> | <ul style="list-style-type: none"> <li>➔ Orleans-Recovery Hope Begins Here is a community recovery organization that supports anyone in Orleans County struggling because of substance use disorders (SUD) toward recovery.</li> <li>➔ Offers advocacy and recovery coaching by trained volunteers without charge.</li> <li>➔ Prioritizes non-threatening, non-confrontational support recognizing multiple pathways to recovery.</li> <li>➔ Provides Narcan and Narcan training to reduce harm and combat the opioid epidemic.</li> </ul> |
| <p><b>ORLEANS COUNTY</b><br/> <b>Missing Angels</b><br/>           Contacts: Chuck and Leigh Kinsey,<br/> <a href="mailto:chuckandleighkinsey@gmail.com">chuckandleighkinsey@gmail.com</a><br/>           Phone: Chuck at 585-721-7332 or Leigh at 585-208-9242<br/>           Website: <a href="http://orleans-recoveryhopebeginshere.org/">http://orleans-recoveryhopebeginshere.org/</a><br/>           Facebook: <a href="http://www.facebook.com/groups/376399866119218">www.facebook.com/groups/376399866119218</a></p>                         | <ul style="list-style-type: none"> <li>➔ Missing Angels is a faith-friendly support group for those who have lost a loved one to the opioid epidemic.</li> <li>➔ The group meets on the first and third Thursday of each month from 6:30pm-8:00pm at Suite 190 of the Arnold Gregory Complex, 243 S. Main Street, Albion.</li> <li>➔ Understanding and sharing our stories of grief brings help.</li> <li>➔ Together we are better.</li> </ul>   |
| <p><b>ORLEANS COUNTY</b><br/> <b>Jesus Factor</b><br/>           Contact: Chaplain Don Snyder<br/>           243 S. Main Street, Suite 190, Albion, NY 14411<br/>           Phone: 585-210-8750 Text: 585-356-1313<br/>           Website: <a href="http://orleans-recoveryhopebeginshere.org/">http://orleans-recoveryhopebeginshere.org/</a><br/>           Facebook: <a href="http://www.facebook.com/OrleansRecoveryHope">www.facebook.com/OrleansRecoveryHope</a></p>  | <ul style="list-style-type: none"> <li>➔ Jesus Factor is a faith-based SUD recovery support group.</li> <li>➔ The group meets on the first Sunday of each month from 6:00pm-7:30pm at Suite 190 of the Arnold Gregory Complex, 243 S. Main Street, Albion.</li> <li>➔ Meetings consist of worship, prayer, testimony, and study of the Promises of God.</li> <li>➔ Jesus Factor offers a safe, confidential, Christian environment to pursue recovery and wellness toward the Creator’s design for life.</li> </ul>                        |
| <p><b>ONTARIO COUNTY</b><br/> <b>Connections – Rounded Recovery Community Center (FLACRA)</b><br/>           Contact: Katherine Gates, <a href="mailto:katherine.gates@flacra.org">katherine.gates@flacra.org</a><br/>           64 West Avenue, Canandaigua, NY 14424<br/>           Phone: 833-435-2272</p>   | <ul style="list-style-type: none"> <li>➔ Connections is a Recovery Community Center that serves individuals with substance use disorders and their families throughout Ontario County. A comprehensive program provides multiple pathways to recovery and helps to bridge an array of community services and formal treatment opportunities.</li> <li>➔ The Recovery Community Center is open Monday through Saturday from 9:00am-9:00pm and Sunday from 12:00pm-5:00pm.</li> </ul>  |

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| <p><b>ONTARIO COUNTY</b><br/> <b>The Community Support Center</b>, Canandaigua, NY<br/>         Contact: Adele Caputo, <a href="mailto:adele@partnershipoc.org">adele@partnershipoc.org</a><br/>         Phone: 585-396-4554<br/>         Website: <a href="https://tockify.com/thecomunitysupportcenter/monthly">https://tockify.com/thecomunitysupportcenter/monthly</a><br/>         Facebook: <a href="http://www.facebook.com/thecomunitysupportcenter">www.facebook.com/thecomunitysupportcenter</a></p>  | <ul style="list-style-type: none"> <li>➔ The Community Support Center is a program of the Partnership for Ontario County. They believe that everyone needs healing from life, and their philosophy is “let’s do it together.”</li> <li>➔ Free solution-focused brief therapy with a licensed social worker is offered for individuals and families.</li> <li>➔ Community CrossFit, Functional Fitness and Gentle Yoga classes are available in partnership with Canandaigua CrossFit, 699 S. Main Street, Canandaigua, NY 14424. Workouts are tailored to each person’s abilities. More information is available on the Facebook page and the calendar website.</li> <li>➔ The Community Support Center has offered support groups, healing arts seminars, and other pop-up events.</li> </ul> |
| <p><b>ONTARIO COUNTY</b><br/> <b>EPIC Zone Youth Clubhouse</b><br/>         Contact: <a href="mailto:info@ezgeneva.org">info@ezgeneva.org</a><br/>         Site #1: 21 Worthington Avenue, Geneva, NY 14456<br/>         Site #1 phone: 315-325-4721<br/>         Site #2: 4 East Main Street, Bloomfield, NY 14469<br/>         Site #2 phone: 585-257-5380<br/>         Website: <a href="http://www.ezgeneva.org">www.ezgeneva.org</a><br/>         Facebook: <a href="http://www.facebook.com/EPICZoneYouthClub">www.facebook.com/EPICZoneYouthClub</a><br/>         Instagram: EPICZoneYCH</p> | <ul style="list-style-type: none"> <li>➔ The EPIC Zone Youth Clubhouses are safe and welcoming gathering places for youth ages 12-17.</li> <li>➔ A program of the Partnership for Ontario County and funded by the Office of Addiction Services and Supports (OASAS), the Clubhouses emphasize relationship building, strengthen youth through recognition of their assets, listen to and for the youth voice, and create fun, meaningful opportunities within a flexible environment.</li> <li>➔ The Clubhouses use an evidence-based framework focused on developmental assets and developmental relationships and provide opportunities for youth to engage in physical activity, mental growth, relaxation, focused efforts, and outlets to spark and expand interests.</li> </ul>         |

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