

**Monroe County
Open Access Clinic**
at Delphi Rise (24/7)
835 West Main St.
Rochester, NY 14611
585-627-1777

YOUTH SUBSTANCE USE RESOURCES

**Wayne County
Regional Open
Access Center**
1519 Nye Rd.
Lyons, NY 14489
833-929-6326

Conversation Tips for Youth talking with a Trusted Adult

- You might start by saying *“I want to talk to you about something but I’m afraid you’ll get mad.”*
- *“I think I might have a problem with drugs.”* If you aren’t ready to open up, tell them you need to talk to someone professionally, a therapist or a doctor, but you’re just not ready to talk to them about it yet.
- Do some research for information on drug and alcohol abuse. Look into youth treatment programs and be informed when talking with your parents.
- Try to find the right time to talk when your trusted adult can give you their undivided attention, or wait for a news story or commercial that addresses the topic to come on and start a conversation based on that story.
- Stay on topic. Don’t let issues or resentments from a few weeks ago sidetrack you or your parents. Look for opportunities.

Conversation Tips for a Trusted Adult talking with Youth

- *“Have you been in situations where there were opportunities for drug or alcohol use? Did you feel pressured? Why or why not?”*
- *“I have been noticing something (on the news, on the radio, on social media, in the neighborhood, etc.) that I want to talk with you about.”*
- *“I worry because we aren’t like everyone else, and you have a higher risk for developing a drug or alcohol problem.”*
- *“When you feel down, stressed, lonely or bored, what do you do to feel better? Sometimes people ‘medicate’ with drugs or alcohol to avoid difficult feelings. What are some healthier options?”*
- *“Why do you think some teens abuse drugs and alcohol? If you asked them, what reasons would they give for using? What other reasons might they have?”*

What are the “levels of care?”

Detoxification: “Detox” refers to the treatment of moderate withdrawal symptoms and non-acute physical or psychiatric complications.

Inpatient: Inpatient takes place in an OASAS-certified treatment setting with 24-hour medical coverage and oversight provided to individuals with significant acute medical, psychiatric and substance use disorders with significant associated risks.

Outpatient: While remaining at home, working and functioning in the community, a consumer may attend individual, group or family focused treatment and work toward personal goals. This may include less intensive involvement or may require multiple visits per week.

Residential: Individuals are provided a safe living environment with a high degree of behavioral accountability. Services include medical and clinical oversight of chronic but stable medical and psychiatric symptoms and conditions in a community treatment program including an outpatient Substance Use Disorder treatment program.

YOUTH SUBSTANCE USE RESOURCES

MONROE COUNTY

Center for Youth
105 Monroe Ave. Rochester 14620
585-473-2464 www.centerforyouth.net

CORE Center
130 Andrews St. Rochester 14604
585-328-8230 facebook.com/theCOREcenter1

**National Council on Alcoholism & Drug
Dependence - Rochester Area (NCADD-RA)**
Rochester 585-719-3483
www.ncadd-ra.org

Open Access Clinic (24/7)
Delphi Rise, 835 West Main St.
Rochester 14611 585-627-1777

Recovery Support Navigators
Rochester 855-778-1300

Rochester Regional Health
Adolescent Treatment Program
585-922-9900 / immediate help: 585-723-SAFE

RORecovery Fitness
1035 Dewey Ave. Rochester 14613
585-484-0234 facebook.com/rocovery

Strong Recovery
Adolescent and Young Adult Program
585-275-3161

Villa of Hope
LIFE Residential: 585-865-1555 x262
Prevention: 585-865-1555 x740
Outpatient: 585-328-0834

Westfall Associates
Rochester, NY 585-473-1500

GENESEE, ORLEANS, & WYOMING COUNTIES

**Batavia Recovery Center
of Horizon Health Services**
314 Ellicott St. Batavia
585-815-0247

**Genesee/Orleans Council on
Alcoholism & Substance Abuse
(GCASA)**
430 E. Main St. Batavia
585-343-1124
249 East Ave. Albion
585-589-0055

**Spectrum Health &
Human Services**
34 North Main St. Warsaw
585-786-0220

The Recovery Station, Batavia
facebook.com/recoverywow

Orleans-Recovery Hope Begins Here, Albion
www.orleans-recoveryhopebeginshere.org
facebook.com/OrleansRecoveryHope

LIVINGSTON, ONTARIO, & YATES COUNTIES

CASA-Trinity
45 Maple St. Dansville
4612 Millennium Dr. Geneseo
585-335-5052

**Finger Lakes Area Counseling
& Recovery (FLACRA)**
28 W. Main St. Clifton Springs
1386 Hathaway Dr. Farmington
246 Castle St. Geneva
2462 State Route 54A Penn Yan
833-435-2272

RRH Clifton Springs
2 Coulter Rd. Clifton Springs
585-922-9900

Rounded Recovery, Canandaigua
facebook.com/roundedrecovery
EPIC Zone Youth Clubhouse, Geneva
facebook.com/EPICZoneYouthClubhouse
Adventures in Recovery, southern tier
facebook.com/AIRsouthern-tier
Community Support Center, Canandaigua
facebook.com/thecommunitysupportcenter

SENECA & WAYNE COUNTIES

**Finger Lakes Area Counseling
& Recovery (FLACRA)**
310 W. Union St. Newark
833-435-2272

**Seneca County Community
Services Board**
31 Thurber Dr. Waterloo
315-539-1985

**Wayne Behavioral
Health Network**
Regional Open Access Center
1519 Nye Rd. Lyons
833-929-6326

PROBLEM GAMBLING

Seneca County Community Services Board
31 Thurber Dr. Waterloo 315-539-1985

FL Problem Gambling Resource Center
NYproblemgamblinghelp.org/finger-lakes
585-351-2262

ONLINE RESOURCES

talk2prevent.ny.gov
for-ny.org
nacoa.org
211.org
suicidepreventioncoalition.org
al-anon.org/newcomers/teen-corner-alateen/

FAMILY SUPPORT

*family focused services designed to guide,
educate, and support families through the
addiction treatment and recovery process
through peer and family support*

Recovery Support Navigator Team:
www.liberty-resources.org/substance-use-recovery-support-services/
855-778-1200