



Parents: Are you finding you can use some support?

We Can Help!

Triple P

Positive Parenting Program

Promotes positive, caring relationships between parent and child

What is Triple P?

- ✦ A no-cost, parenting and family support program
- ✦ For parents with children and/or teens
- ✦ Individual or group sessions. One to four-sessions. Facilitated by certified staff
- ✦ Provides parents with simple, effective management strategies in response to: dealing with disobedience, bedtime routines, hassle-free shopping, managing fighting & aggression, cooperation, emotions, teen survival skills and reducing family conflict.

www.ncadd-ra.org

<https://www.facebook.com/NCADDRA>

For additional information e-mail us at
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