



NATIONAL COUNCIL ON ALCOHOLISM & DRUG DEPENDENCE-ROCHESTER AREA
RECOVERY SERVICES IN GENESEE, LIVINGSTON, ONTARIO,
ORLEANS, SENECA, WAYNE, WYOMING, & YATES COUNTY

1931 Buffalo Road - Rochester, New York 14624

Telephone: (585) 719-3480 Fax: (585) 423-1908

Website: www.ncadd-ra.org

CONTACT INFORMATION	SERVICES DESCRIPTION
<p>FINGER LAKES REGION – VIRTUAL MONROE COUNTY – IN-PERSON ROcovery Fitness Contact: Jon Westfall, jonathan@rocoveryfitness.org Phone: 585-484-0234 Website: www.rocoveryfitness.org YouTube Channel: www.youtube.com/channel/UCP9djAy0A-ZN4vGNMb49_Mg Facebook: www.facebook.com/rocovery</p>	<ul style="list-style-type: none"> ➔ ROcovery Fitness provides resources for those looking to join a sober, active community to support their growth and recovery. ➔ Several virtual programs are available for those who cannot attend in-person events at the ROcovery Outreach Center, which is physically located at 1035 Dewey Avenue, Rochester, NY 14613. ➔ The ROcovery YouTube Channel provides original video content such as <i>Nightly Reflections with Yana</i>; <i>Life on the Run: Lessons from the Road with Jon</i>; and <i>Where's My Intention? with Keirstan</i>. The YouTube Channel also hosts ROcovery videos including guided meditation, yoga classes, coaching sessions, and virtual workouts that can be done at home. ➔ For information on both virtual and in-person events, visit their website or Facebook page. All activities, virtual or in-person, are free and open to anyone with minimum of 48 consecutive hours of sobriety. ➔ Outreach Engagement Specialists are available for peer recovery coaching.
<p>SOUTHERN TIER REGION – IN-PERSON LIVINGSTON COUNTY AIR Southern Tier Adventures in Recovery Contact: Sean Smith, ssmith@casa-trinity.org Phone: 585-447-2282 Facebook: www.facebook.com/AIRsouthern-tier</p>	<ul style="list-style-type: none"> ➔ AIR Southern Tier Adventures In Recovery is operated as part of the CASA-Trinity chemical dependency programs (www.casa-trinity.org), and is a community of sober individuals dedicated to providing connection, peer support, and healthy fun outlets for those in recovery, their family members, and community supporters that choose to live sober. ➔ All fitness levels are welcome, and there is no cost to participate in the fun, sober events such as hikes, bootcamps, yoga, kayaking, biking, swimming, family fitness classes, and mountain climbing in various southern tier locations. ➔ All activities are open to anyone with minimum of 48 consecutive hours of sobriety.
<p>FINGER LAKES REGION – VIRTUAL WYOMING COUNTY - VIRTUAL SMART Recovery Website: www.smartrecovery.org Facebook: www.facebook.com/smartrecoveryofwarsawny</p>	<ul style="list-style-type: none"> ➔ SMART Recovery is a leading self-empowering addiction self help and support group. Participants learn tools for addiction recovery based on the latest scientific research and participate in a world-wide community which includes free, self-empowering, science-based mutual help groups. ➔ The previous in-person Warsaw, NY meetings have suspended indefinitely due to COVID-19 restrictions. Updates are shared on the SMART Recovery of Warsaw, NY Facebook page. ➔ Daily video meetings and 24/7 chat rooms are available online at www.smartrecovery.org/community.
<p>GENESEE COUNTY The Recovery Station Contact: Amy Kabel, akabel@gcasa.org 5256 Clinton Street Road, Batavia, NY 14020 Phone: 585-815-5248 Website: www.recoverystation.org Facebook: www.facebook.com/recoverywow</p>	<ul style="list-style-type: none"> ➔ The Recovery Station is operated as part of the Genesee/Orleans Council on Alcoholism and Substance Abuse (GCASA) as a social gathering and recreation place. Safe, sober health and wellness activities are offered and geared towards individuals in recovery from a substance use disorder and their families. ➔ The Recovery Station provides peer engagement services to individuals and engages in community outreach efforts. Peer Recovery Advocates are available 24/7 by calling 585-815-1800. ➔ Visit the Facebook page and website for a calendar of events and hours open. ➔ For updates and to join the newsletter mailing list, please e-mail recoverystation@gcasa.org.

For the most updated version of this directory and other resources, visit <https://ncadd-ra.org/programs-services/finger-lakes-addiction-resource-center>.
 Disclaimer: information included on this template is updated biannually based on data shared with NCADD-RA from each of the providers.

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<p>ONTARIO COUNTY Connections – Rounded Recovery Community Center (FLACRA) Contact: Katherine Gates, katherine.gates@flacra.org 64 West Avenue, Canandaigua, NY 14424 Phone: 833-435-2272</p>	<ul style="list-style-type: none"> ➔ Connections is a Recovery Community Center that serves individuals with substance use disorders and their families throughout Ontario County. A comprehensive program provides multiple pathways to recovery and helps to bridge an array of community services and formal treatment opportunities. ➔ The Recovery Community Center is open Monday through Saturday from 9:00am-9:00pm and Sunday from 12:00pm-5:00pm.
<p>ONTARIO COUNTY The Community Support Center, Canandaigua, NY Contact: Shawna Bonshak, shawna@partnershipoc.org Phone: 585-396-4554 Website: https://tockify.com/thecommunitysupportcenter/monthly Facebook: www.facebook.com/thecommunitysupportcenter</p>	<ul style="list-style-type: none"> ➔ The Community Support Center is a program of the Partnership for Ontario County. They believe that everyone needs healing from life, and their philosophy is “let’s do it together.” ➔ Free solution-focused brief therapy with a licensed social worker is offered for individuals and families. ➔ Community CrossFit, Functional Fitness and Gentle Yoga classes are available in partnership with Canandaigua CrossFit, 699 S. Main Street, Canandaigua, NY 14424. Workouts are tailored to each person’s abilities. More information is available on the Facebook page and the calendar website. ➔ The Community Support Center has offered support groups, healing arts seminars, and other pop-up events.
<p>ORLEANS COUNTY Orleans-Recovery Hope Begins Here Contact: Don Snyder, orleansrecoveryhope@gmail.com 243 S. Main Street, Suite 190, Albion, NY 14411 Phone: 585-210-8750 Website: http://orleans-recoveryhopebeginshere.org/ Facebook: www.facebook.com/OrleansRecoveryHope</p>	<ul style="list-style-type: none"> ➔ Orleans-Recovery Hope Begins Here is a community recovery organization that supports anyone in Orleans County struggling because of substance use disorders (SUD) toward recovery. ➔ Offers advocacy and recovery coaching by trained volunteers without charge. ➔ Prioritizes non-threatening, non-confrontational support recognizing multiple pathways to recovery. ➔ Provides Narcan and Narcan training to reduce harm and combat the opioid epidemic.
<p>ORLEANS COUNTY Jesus Factor Contact: Chaplain Don Snyder 243 S. Main Street, Suite 190, Albion, NY 14411 Phone: 585-210-8750 Text: 585-356-1313 Website: http://orleans-recoveryhopebeginshere.org/ Facebook: www.facebook.com/OrleansRecoveryHope</p>	<ul style="list-style-type: none"> ➔ Jesus Factor is a faith-based SUD recovery support group. ➔ The group meets on the first Sunday of each month from 6:00pm-7:30pm at Suite 190 of the Arnold Gregory Complex, 243 S. Main Street, Albion. ➔ Meetings consist of worship, prayer, testimony, and study of the Promises of God. ➔ Jesus Factor offers a safe, confidential, Christian environment to pursue recovery and wellness toward the Creator’s design for life.
<p>ORLEANS COUNTY Missing Angels Contacts: Chuck and Leigh Kinsey, chuckandleighkinsey@gmail.com Phone: Chuck at 585-721-7332 or Leigh at 585-208-9242 Website: http://orleans-recoveryhopebeginshere.org/ Facebook: www.facebook.com/groups/376399866119218</p>	<ul style="list-style-type: none"> ➔ Missing Angels is a faith-friendly support group for those who have lost a loved one to the opioid epidemic. ➔ The group meets on the first and third Thursday of each month from 6:30pm-8:00pm at Suite 190 of the Arnold Gregory Complex, 243 S. Main Street, Albion. ➔ Understanding and sharing our stories of grief brings help. ➔ Together we are better.

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