



Join us for Distance Learning Opportunity

October 2021 Series

Stress and Recovery

Presenter: Dylan Mariah, RN, LMHC

Date: Friday, October 15, 2021

Time: 9:00 a.m. – Noon

Cost: \$40

Content: This workshop will explore stress, its impact on body, mind and emotions as well as how prolonged stress specifically impacts the recovering client. Discussion will include stress reduction tools and techniques for recovery.

3 Clock Hours:

CASAC Renewal
CPP Section 3
CPS Section 3
LMHC

Registration deadline:

Friday, October 8, 2021

Training Location:

Zoom Platform

Click on the link below to register online:

<https://ncadd-ra.org/events-trainings/>

Advanced Group Counseling

Presenter: Craig Johnson, LMHC, CASAC-G

Date: Friday, October 29, 2021

Time: 9:00 a.m. – Noon

Cost: \$40

Content: This training will build on basic group facilitation skills for practicing clinicians. After a review of counseling theories and the application to group work, we will explore different types of groups and some common dynamics and challenges including distribution of participation, dealing with reticence, and dominating group time, vying for control, conflict, and norms that may develop and block group process. Sometime will be spent in a live group followed by observation and critique of facilitation skills and style, so participant involvement is strongly encouraged as a mechanism for learning. The sharing of experiences in working with special populations and various settings will be included as well.

3 Clock Hours:

CASAC Renewal
CPP Section 4
CPS Section 4
LMHC

Registration deadline:

Friday, October 22, 2021

Training Location:

Zoom Platform

Click on the link below to register online:

<https://ncadd-ra.org/events-trainings/>

Additional Information:

- Link to training will be e-mailed upon successful registration 24 hours prior to training.
- PDF of handouts will be e-mailed 24 hours prior to training.
- Quiz and Evaluation form will be provided at the end of the training.
- Certificate will be issued upon receipt of passing quiz (70% or higher) and completed evaluation.

St John Fisher College is recognized by the New York State Educational Department's State Board as an approved provider of continuing education credits for Licensed Mental Health Counselors

Registration form on second page.

Registration Form

To mail in your registration, please return this form and **NON-REFUNDABLE** registration fee to: **NCADD-RA, Attention: Elaine Alvarado
1931 Buffalo Rd., Rochester, NY 14624.**

Name of registrant: _____ Agency: _____

Phone Number: _____ E-mail: _____

Indicate below which training(s) you are registering for:

Stress and Recovery – 10/15/2021
Cost: \$40

Advanced Group Counseling – 10/29/2021
Cost: \$40

Payment information:

Check (enclosed)

Credit Card Payment: Visa Master Card Discover AMEX

Card Number:

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CVV:

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Name on credit card and billing address (please note that billing address is the address where the credit/debit card statement goes to)

Name: _____ Agency: _____

Address: _____
