



RECOVERY HIGH SCHOOL

at Westside Academy

What is Recovery High School?

Recovery High School at Westside Academy is a unique, integrated program that combines the academic classes needed to earn a NYS High School Regents Diploma with a clinical treatment program for students at risk of, or recovering from, substance abuse. While attending school, students who qualify for services receive professional support and services that are billable through insurance. Financial assistance is available if necessary. Afterschool and family programs are also an integral part of the Recovery High School approach.

Why is Recovery High School needed?

According to the National Institute on Drug Abuse, individuals are most likely to begin experimenting with alcohol and drugs, including prescription drugs, during adolescence and young adulthood, making it a critical time for early detection, intervention and treatment. We know many young adults throughout Monroe County are in crisis due to substance abuse. The opioid epidemic is the most public, heartbreaking manifestation of the problem. Having a place where students who are seeking or continuing treatment for substance abuse, while maintaining their education is needed now, more than ever.

Recovery is a process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.

- Substance Abuse and Mental Health Services Administration (SAMHSA)



Who is partnering for Recovery High School?

The Recovery High School program was developed from a collaborative effort between Monroe One BOCES, Monroe 2-Orleans BOCES, Rochester Regional Health Adolescent Behavioral Health and Chemical Dependency program, and ROCOVERY Fitness, Inc. The program is approved by the New York State Education Department and the New York State Office of Addiction Services and Supports (OASAS) and includes:

- Academic/educational guidance and support: Westside Academy in Gates
- Treatment/support services: Rochester Regional Health
- Healthy, active lifestyle support for families and students: ROCOVERY Fitness's peer recovery support program

How does the referral process work?

Students in grades 9-12 from Monroe County and surrounding counties are welcome if they meet eligibility requirements. When a participating school district determines that a referral to Recovery High School at Westside Academy is appropriate, they follow the established process of referring a student to a BOCES program. When the referral is received by the interdisciplinary team at Westside Academy, they will begin the evaluation process that includes meeting with the student, their family, and leading them on a tour of the school. Students who are eligible for the program include those committed to recovery who are willing to enter Rochester Regional Health's Chemical Dependency program or those already enrolled in a treatment program. From referral through evaluation the entire process can take less than a week.



For more information or answers to any questions about Recovery High School at Westside Academy, please contact:

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