

The Consortium of Alcohol and Substance Abuse of the Finger Lakes/Region II (Adolescent Subcommittee)

Youth and Young Adults Ages 12-24 Survey Report Summary | 2020

METHODS

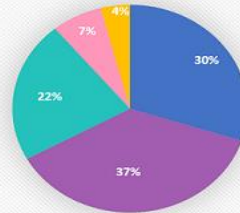


- Survey created by CASAS Adolescent Subcommittee
- Responses gathered between January 24 and April 9, 2020
- A total of 495 youth and young adults responded

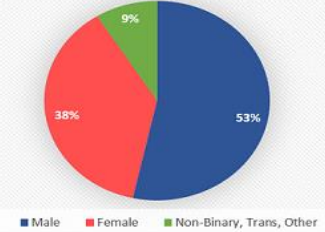
Demographics

AGE

- 12-13 yrs
- 14-15 yrs
- 16-17 yrs
- 18-20 yrs
- 21-24 yrs



How do you self identify?



PURPOSE



Gather information on how youth and young adults are managing difficult times

- How youth view connection with others
- Desired traits in a trusted adult
- Services youth want to access within their region

Respondents represented 13 counties and 70 zip codes across the NY Finger Lakes Region



KEY FINDINGS



1. Youth trust each other to be experts

61% of Youth said they go to friends when they are having a tough time

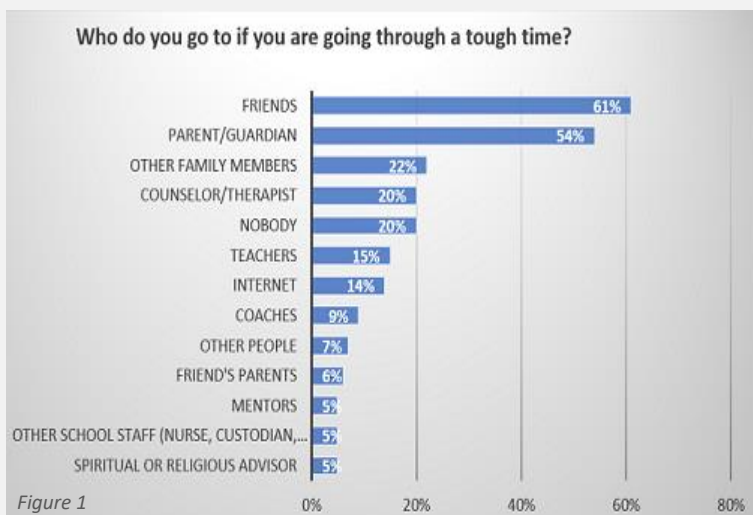


Figure 1

Do you trust someone your own age to give you advice when you're going through a tough time?

46% of Youth answered YES and 43% answered SOMETIMES they trust advice from someone their own age

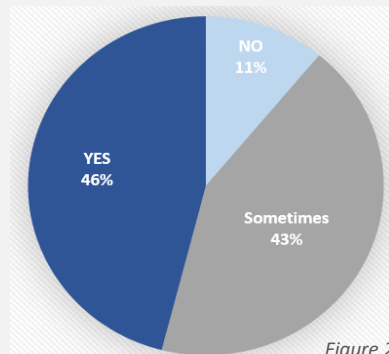


Figure 2

KEY FINDINGS



2. Youth want a voice in decisions that impact their lives

- ⊙ More can be done to include **youth voice**
- ⊙ **Only 38% of Youth said YES** (45% SOMETIMES) their voice and opinions are heard and taken into consideration in decisions that impact their lives.

Do you feel like your voice and opinion is heard and taken into consideration in decisions that impact your life?

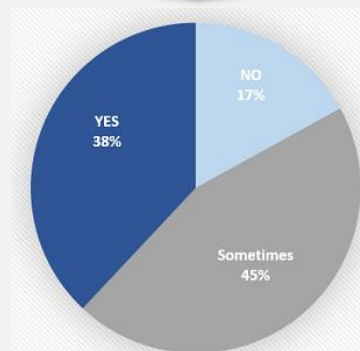


Figure 3

3. Youth find connection through school and school-related activities

Where do you find connection/ interact with people your own age?

- 75% School
- 47% Sports
- 45% After School Activities

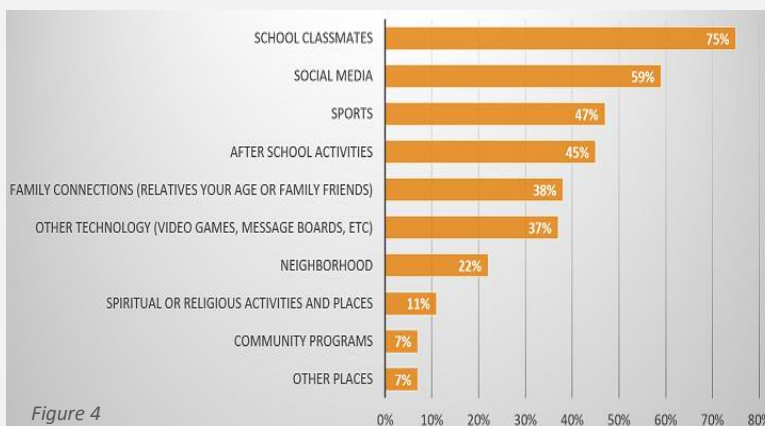


Figure 4

RECOMMENDATIONS



- ⊙ Develop and utilize youth advisory boards within programs
- ⊙ Utilize peers and friends to deliver information/education
- ⊙ Youth want more employment and job training opportunities (refer to Figure 5)
- ⊙ Increase Skill Building to teach youth how to seek out help/resources within the community
- ⊙ Include family in recovery planning (refer to Figure 1)

What resources do you wish we had more of in the community for young people?

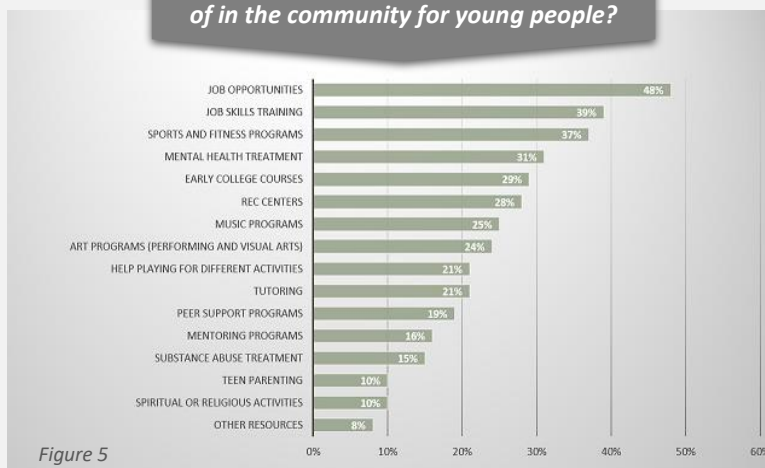


Figure 5

Data was analyzed and summarized into this report by CCSI in April 2020

