Youth and Young Adults Ages 12-24 Survey Report Summary | 2020

METHODS
- Survey created by CASAS Adolescent Subcommittee
- Responses gathered between January 24 and April 9, 2020
- A total of 495 youth and young adults responded

PURPOSE
- Gather information on how youth and young adults are managing difficult times
- How youth view connection with others
- Desired traits in a trusted adult
- Services youth want to access within their region

KEY FINDINGS
1. Youth trust each other to be experts

61% of Youth said they go to friends when they are having a tough time

Do you trust someone your own age to give you advice when you’re going through a tough time?

46% of Youth answered YES and 43% answered SOMETIMES they trust advice from someone their own age
KEY FINDINGS

2. Youth want a voice in decisions that impact their lives

- More can be done to include youth voice
- Only 38% of Youth said YES (45% SOMETIMES) their voice and opinions are heard and taken into consideration in decisions that impact their lives.

3. Youth find connection through school and school-related activities

- 75% School
- 47% Sports
- 45% After School Activities

RECOMMENDATIONS

- Develop and utilize youth advisory boards within programs
- Utilize peers and friends to deliver information/education
- Youth want more employment and job training opportunities (refer to Figure 5)
- Increase Skill Building to teach youth how to seek out help/resources within the community
- Include family in recovery planning (refer to Figure 1)

Data was analyzed and summarized into this report by CCSI in April 2020