

# Join us for Summer Distance Learning Wednesdays! August Series

A Family Under the Influence: How Substance Use Disorders Impact

our Children

Presenter: Bridget DeRollo, BS, CPPg

Date: Wednesday, August 5, 2020

Time: 9:00 AM - Noon

**Cost:** \$35

**Content:** Substance Use Disorder (SUD) is a chronic, progressive, potentially fatal, yet treatable illness affecting approximately 1 in 10 Americans. For every person with a SUD, there are others – family, friends, neighbors, and colleagues – whose lives are impacted by the effects of this disease. One out of every four children under the age of eighteen experience SUD in their family which has the capacity to disrupt their health, functioning, and neurodevelopment. This workshop will explore SUD as a family disease and provide a comprehensive understanding of how children are affected. Effective strategies and applications will also be discussed.

# 3 Clock Hours:

CASAC Renewal CPP Section 4 CPS Renewal LMHC

St. John Fisher College is recognized by the New York State Educational Department's State Board as an approved provider of continuing education credits for Licensed Mental Health Counselors.

### Registration deadline:

Weds., July 29, 2020

Training Location: Zoom Platform

Click on the link below to register:

https://ncadd-ra.org/events-trainings/

## **Additional Information:**

PDF of handouts will be e-mailed 24 hours prior to training.

Quiz and Evaluation form will be provided at the end of the training.

Certificate will be issued upon receipt of passing quiz (70% or higher) and completed evaluation.

# A Convergence of Epidemics: SUD and MHD Trends During COVID

Presenter: Jennifer Faringer, MS Ed, CPPg

Date: Wednesday, August 12, 2020

Time: 9:00 AM - Noon

**Cost:** \$35

**Content:** During this workshop we will explore the concept of "diseases of despair" and the three classes of behavior-related medical conditions that fall within this category. Discussed will be high risk categories of patients during the pandemic. We will review local and national data focusing on opioids, alcohol, marijuana and vaping. We will also focus on mental health conditions that include depression, anxiety and trauma. Discussed will be how already escalating symptoms and rising use has been exacerbated during the pandemic. Shared will be a wide variety of resources that present alternative coping strategies as opposed to increased use and escalating mental health conditions

# **3 Clock Hours**

CASAC Renewal CPP Section 1 CPS Section 1 LMHC

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# **Registration deadline:**

Weds., August 5, 2020

**Training Location:**Zoom Platform

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