

# Youth and Young Adults Ages 12-24 Survey Report Summary

May 2020

The Consortium of Alcohol and Substance Abuse of the Finger Lakes/  
Region II  
Adolescent Subcommittee

# Purpose



**Gather information on how youth and young adults are managing difficult times**

- How youth view connection
- Desired traits in a trusted adult
- Services that youth would like to be able to access within their region

**CASAS aims to include findings from the survey in decision making about county specific service delivery**

# Methods

**Electronic Survey created by CASAS Adolescent Subcommittee**

**Adolescent Subcommittee members disseminated the survey to various contacts asking to share survey with youth they interact with**

**Responses were gathered between January 24 and April 9, 2020**

**A total of 495 youth and young adults responded**

**Data was analyzed and summarized into this report by CCSI in April 2020**



**Youth are more likely to go to friends (61%) or parents/ guardians (54%) when they are struggling**



**Almost half of respondents reported trusting peer advice; males more than females**



**Youth find connection with peers most frequently in school, social media and sports / after school activities**



**Reasons that youth would avoid asking for help included:**

Feeling judged or embarrassed

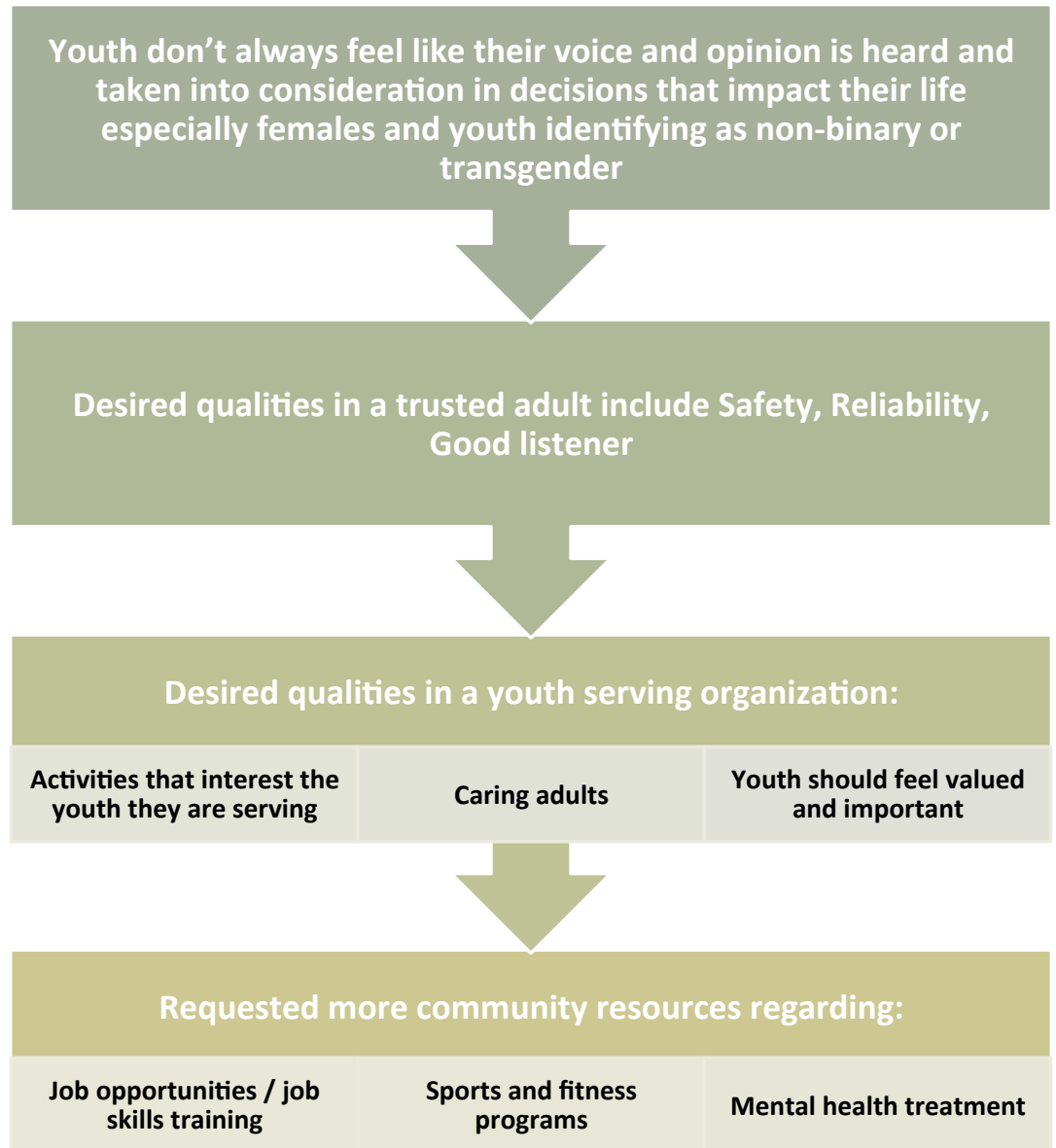
Feeling they can handle it on their own

Unsure how to ask for help

Fearing consequences of asking for help

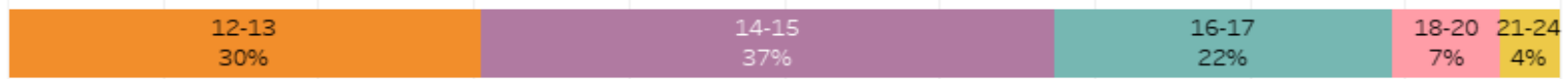
# General Findings

# General Findings



# Demographics

## Age



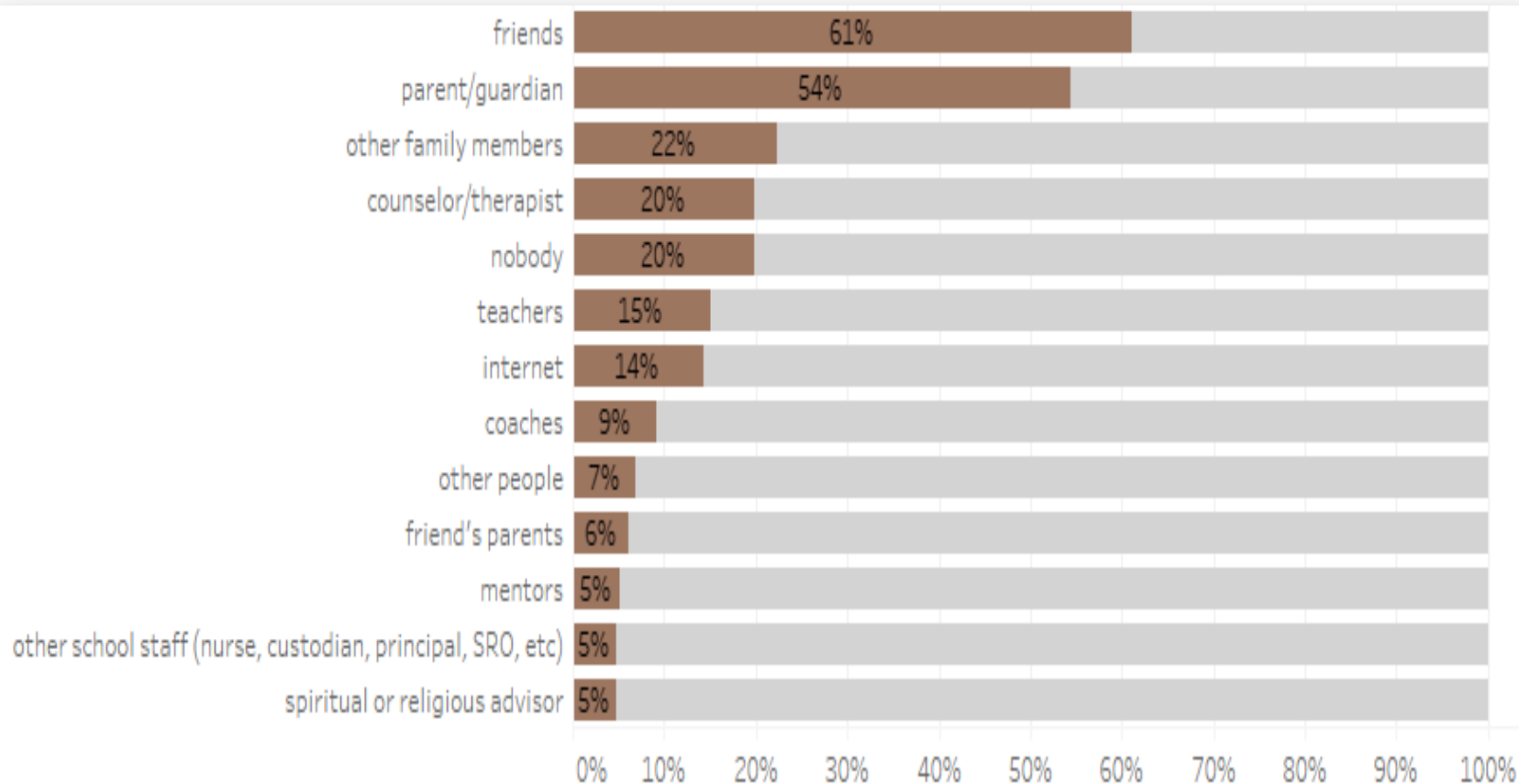
## How do you self identify?



- Respondents represented 13 counties and 70 zip codes across the NY Finger Lakes Region

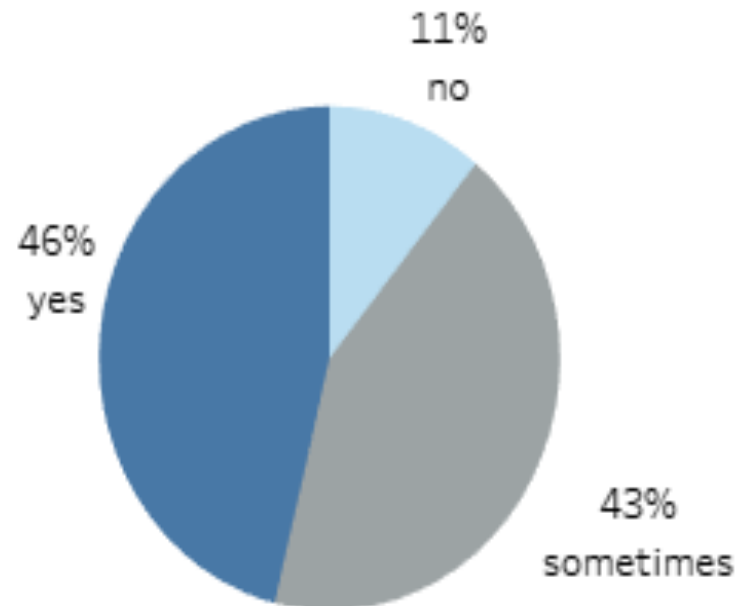


# Who do you go to if you are going through a tough time?



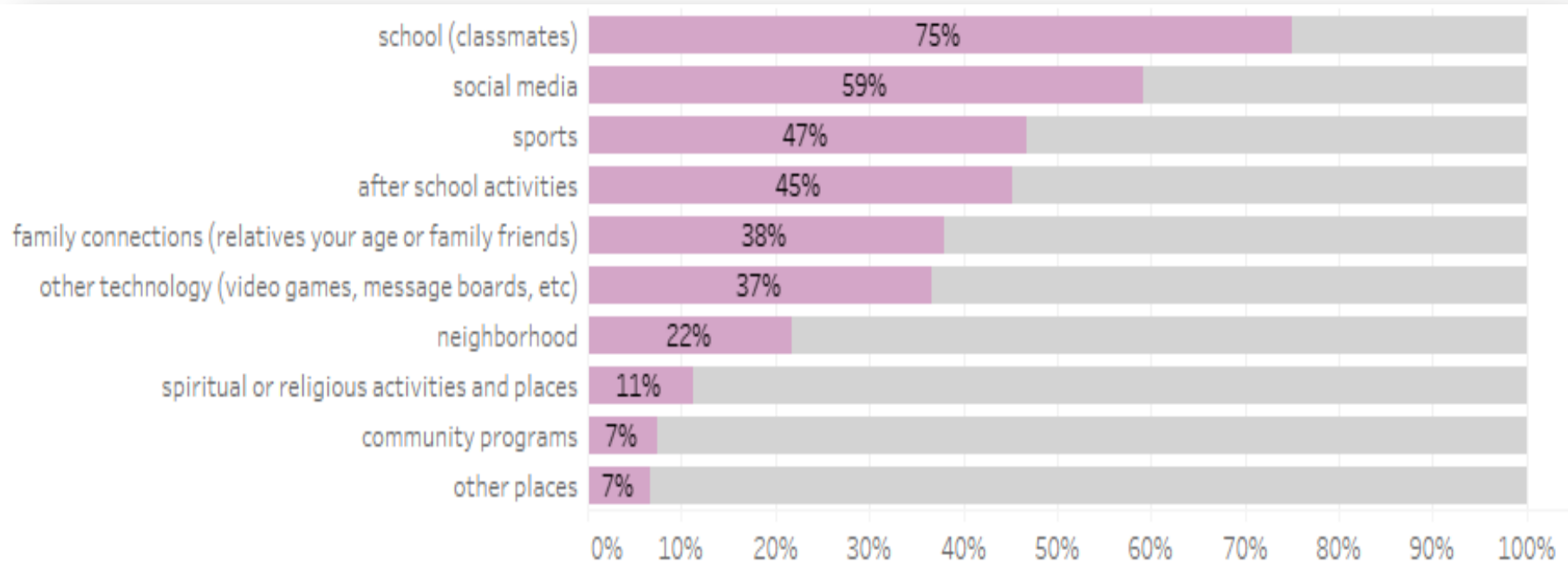
## Do you trust someone your own age to give you advice when you're going through a tough time?

- **Males were more likely to answer “Yes” while females were more likely to answer “Sometimes”**
- **Trust in peers increased with age. More respondents said “Yes” than “Sometimes” if they were over age 16-17**



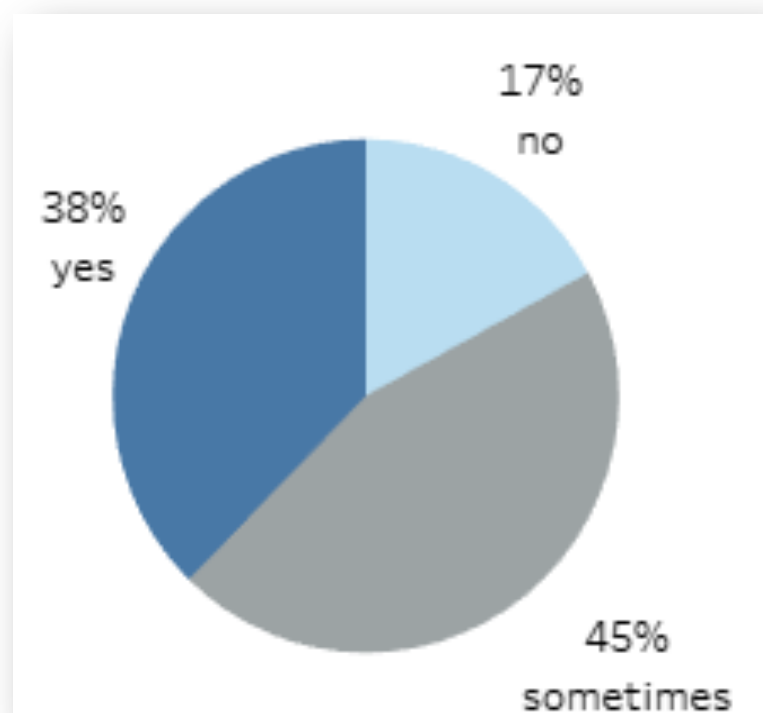


# Where do you find connection/interact with people your own age?

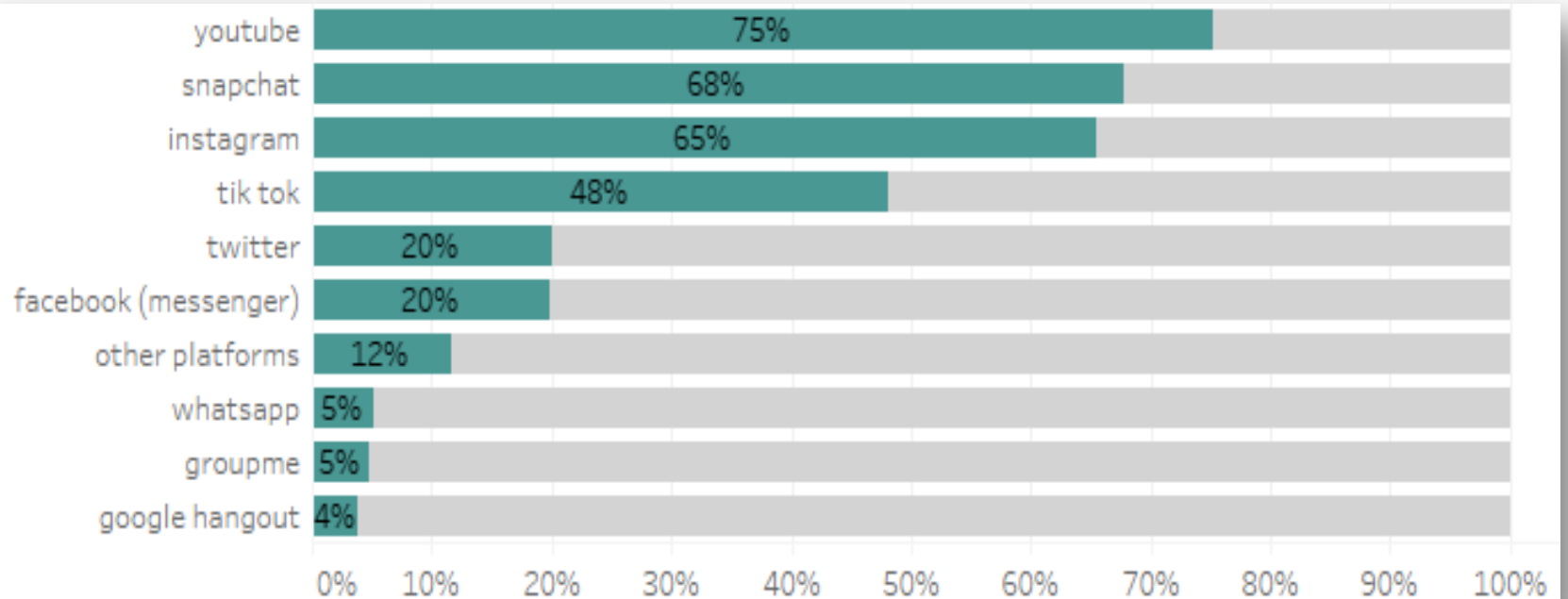


Do you feel like your voice and opinion is heard and taken into consideration in decisions that impact your life?

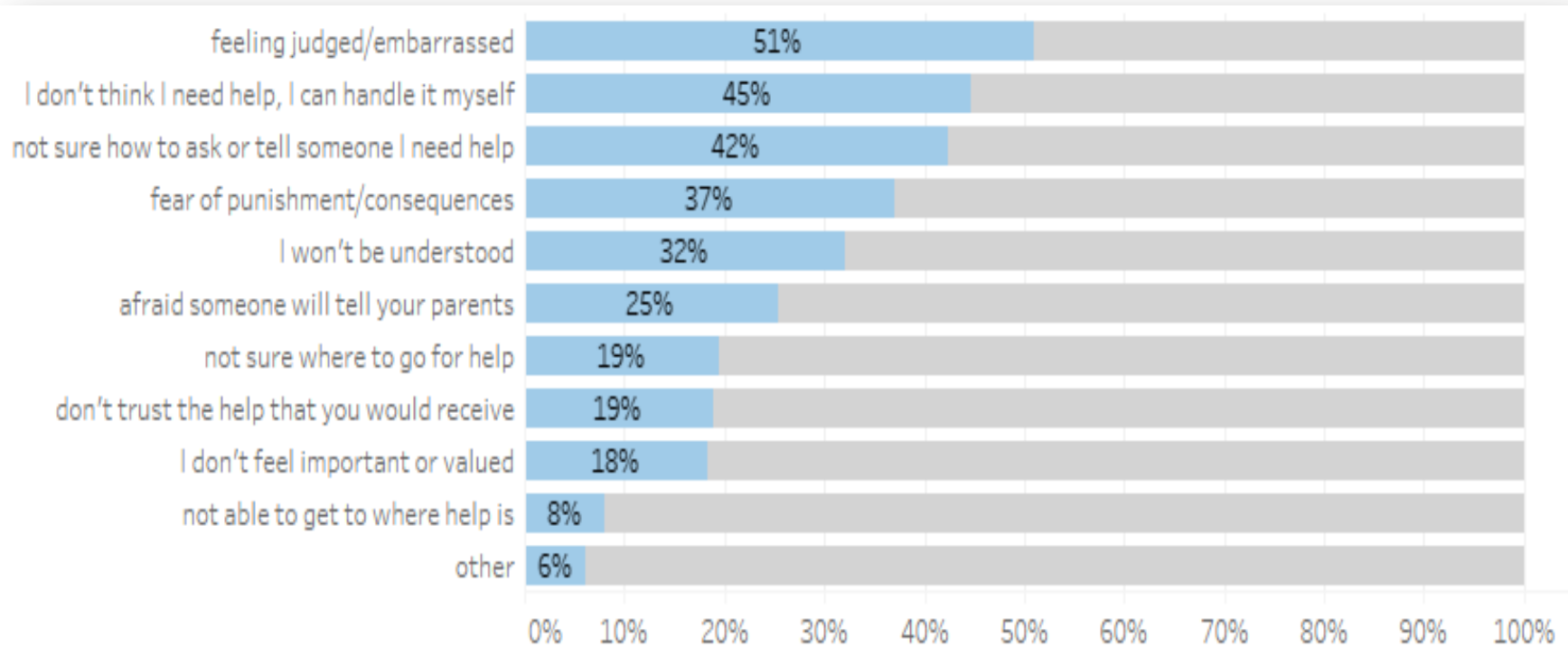
- **Males were more likely to answer, “Yes” while half of females answered “Sometimes”**
- **No youth identifying as non-binary or transgender answered “Yes,” while most answered “No”**
- **Age increased feeling heard as more respondents answered “Yes” as opposed to “Sometimes” after age 14-15**



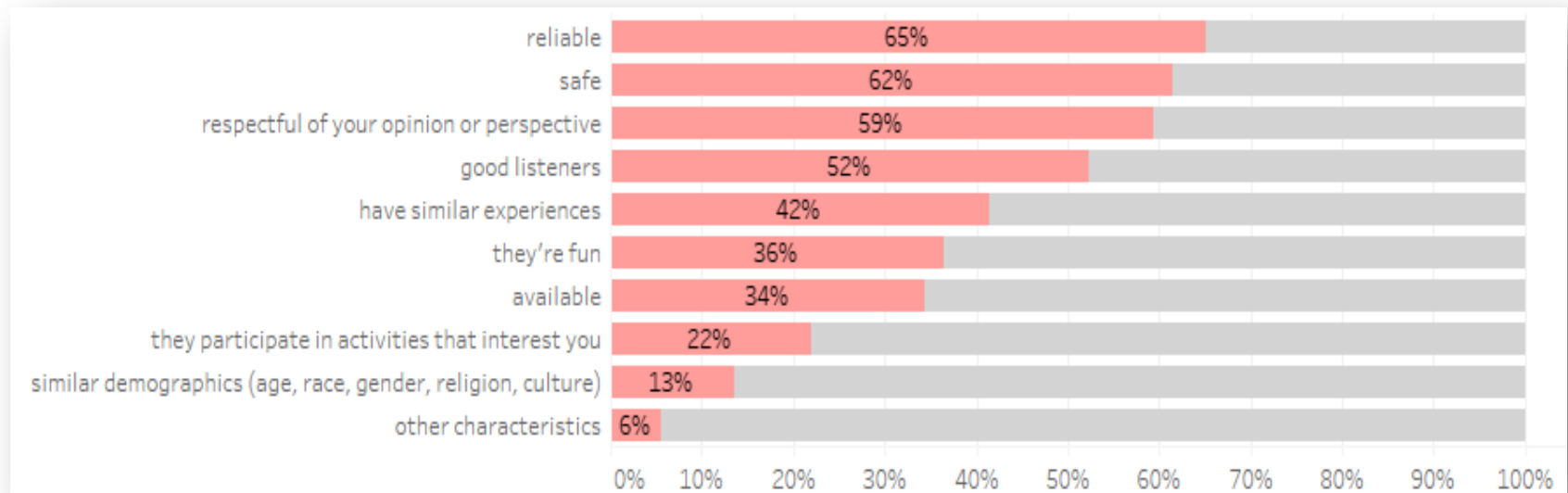
# Which social media platforms do you use?



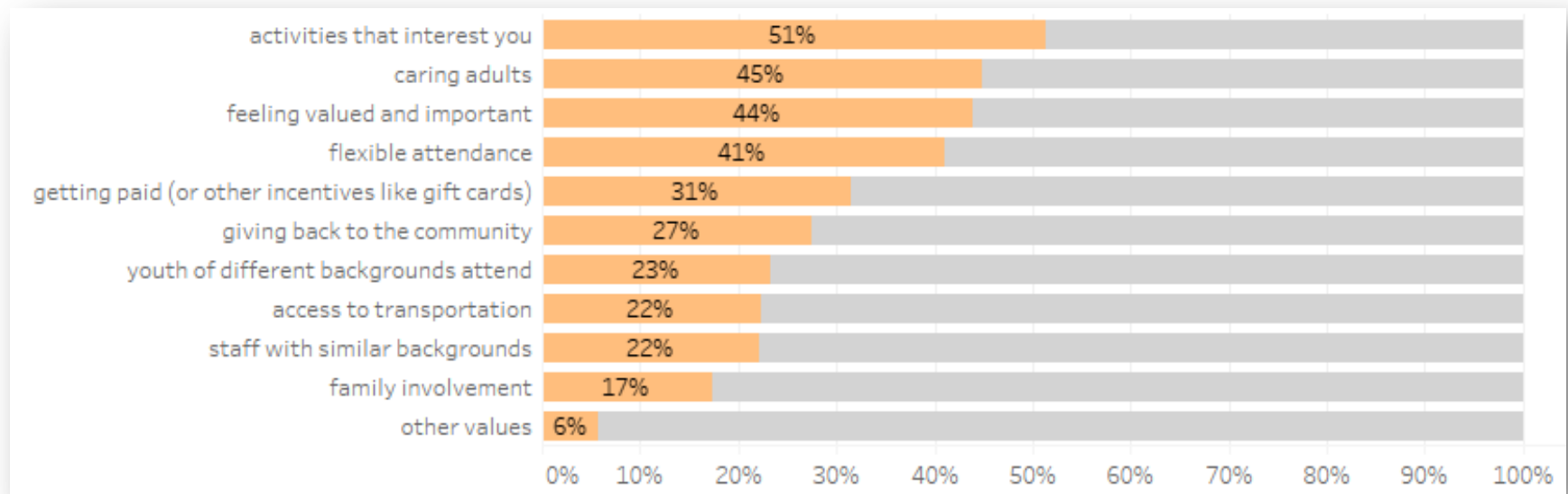
Have you, or would you ever, avoid asking for help during a tough time for any of these reasons?



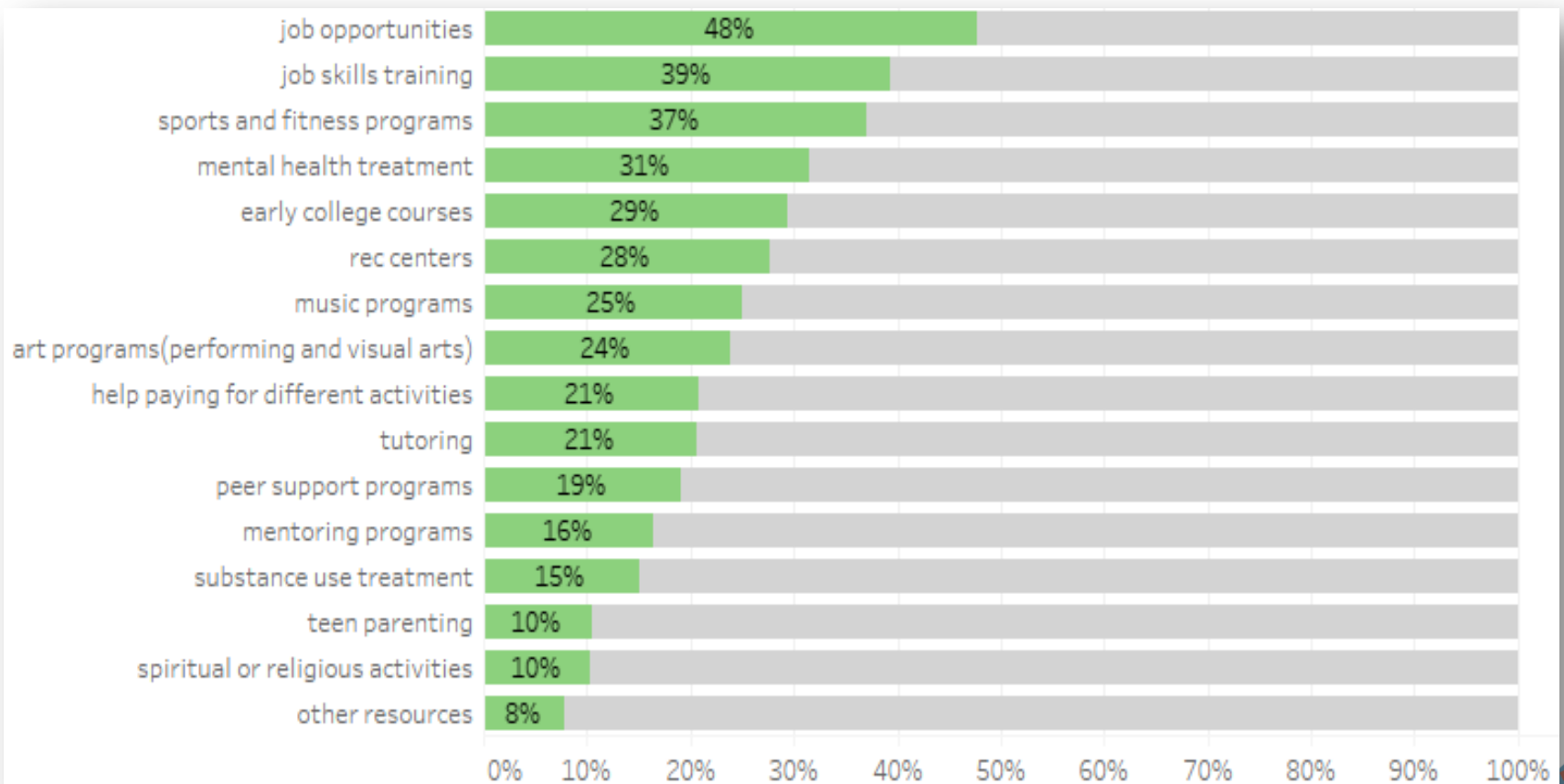
# What qualities would you look for in a trustworthy adult?




# What values would you want to see in any organization working with youth?



## What resources do you wish we had more of in the community for young people?





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