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| **CORE Center**                        | CORE (Community Outreach for Recovery Enhancements)  
peer led, peer driven recovery community and outreach center offering support groups to those in recovery, guidance for families in recovery, aid in gaining access to treatment, civic restoration, job readiness, and community referrals.  
assistance in obtaining Certified Peer Recovery Advocate certification.  
there are no costs for any of our services or programming. |
| Contact person: Stanley Martin  
803 West Ave. Rochester, NY 14611  
Phone: 585-328-8230  
Email: smartin@communityalternatives.org  
Website: www.communityalternatives.org | |
| **ROCovery Fitness**                   | Sober active community, wellness, peer recovery support, adventure fitness and advocacy.  
family members and those who choose to live drug and alcohol free are welcome.  
open to anyone with 48 hours without drink or drug.  
annual fall 5K Run/Walk/Family Event  
ongoing calendar of events, including daily activities and meetings, more information found on website. |
| Contact Person: Lindsay Chambers  
1035 Dewey Ave., Rochester, NY 14613  
Phone: 585-484-0234  
Email: mail@rocoveryfitness.org  
Website: www.rocoveryfitness.org | |
| **S.O.A.R.S., Inc**                    | S.O.A.R.S. (Substance Abuse and Overdose Prevention, Awareness, and Recovery Services)  
scotty B overdose awareness day memorial event/recovery fair held annually in late august.  
grief support resources and referrals- forever in hearts grief group for those who lost a loved one to overdose, suicide, and violent crime.  
roc families in recovery – education for families on substance use disorder, treatment, recovery and mental health issues.  
1st and 3rd Monday from 5:30-7pm. Narcan training provided. Meets at Trillium Health, 259 Monroe Ave / Monroe Square. |
| Contact Person: Rebecca “Becky” K. Baker  
Phone: 585-771-0896  
Email: rebeccabaker@yahoo.com  
Facebook: https://www.facebook.com/SOARSRocs | |
| **Monroe County/Penfield SMART Recovery** | Meetings are held at Warrior Salute Veteran Services every 2nd and 4th Wednesday of the month at 6:00pm and are open to Veterans and their immediate families. Meeting list can be found at www.smartrecoverytest.org/local  
Warrior Salute Veteran Services, 441 Penbrooke Dr., Suite 5, Penfield NY 14526 (Penn-Fair office park)  
Daily online meetings and 24/7 chat rooms are available at www.smartrecovery.org/community |
| Meeting facilitated at Warrior Salute Veteran Services  
Phone: 585-364-3171  
Email: info@warriorsalute.com  
Facebook: www.facebook.com/WarriorSalute | |
| **Refuge Recovery**                    | Primary purpose is to offer a Buddhist inspired path to recovery from addiction of all kinds.  
recognizes and respects that there are multiple perspectives and multiple approaches to recovery  
Gather in the spirit of investigation of a Buddhist approach as outlined in the Four Truths |
| Website: https://refugerecovery.org | |

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| **Recovery Support Navigator Team: Peer Advocate Team and Family Support Navigator. Liberty Resources**  
175 Humboldt St, Rochester, NY 14610  
Family Navigator: 855-778-1200  
Peer Advocate: 855-778-1300  
General Email: RecoverNavigator@Liberty-resources.org  
Coordinator Email: cfarash@liberty-resources.org  
Website: www.RecoverySupportNavigator.org  
Facebook: https://www.facebook.com/RecoverySupportNavigator  
| ➢ The Family Support Navigator provides family-focused services designed to guide, educate, and support families through the treatment and recovery process through peer and family support. 1st and 3rd Thursday from 6:00pm to 7:30pm at Liberty Resources Mental Health Clinic (175 Humboldt St.).  
➢ The Peer Advocate Team (PAT) provides Peer support services to individuals in a person centered and self-directed manner in order to enhance that person's recovery. The Peer staff can support the person to engage in recovery-focused activities including treatment, support groups, peer support, and recovery community services. |
| **Find Your Path**  
Heart & Soul Community Church  
1185 North Clinton Ave., Rochester, NY 14621  
24/7 phone: (585) 622-4975  
Email: FindYourPathROC@gmail.com  
Facebook: https://www.facebook.com/RecoveringLives  
| ➢ Meets Mondays from 7:30 - 9:30 am at Heart & Soul Community Church  
➢ Peer to Peer engagement and outreach efforts.  
➢ Community engagement and peer advocacy coaching.  
➢ Staffed by peers from ROCovery Fitness |
| **Gates to Recovery Walk in Center**  
Town of Gates  
1605 Buffalo Road, Rochester, NY 14624  
24 Hour Hotline: (585) 310-4080  
Email: GatesToRecovery@gmail.com  
| Peer to Peer engagement and outreach efforts, staffed by volunteers from Recovery Now  
➢ Gates meets every Thursday from 5-8 pm |
| **Recovery Coach University Radio**  
Call-in/text: (585) 764-9431  
Email: rcu@wayofm.org  
Website: http://www.recoverycoachuniversity.com/radio/  
Thursday mornings from 11 AM to Noon on WAYO-FM 104.3/Streaming at www.wayofm.org and TuneIn App  
Simulcast on Facebook Live at Recovery Coach University at https://www.facebook.com/recoverycoachuniversity/  
| ➢ Provides an exciting hour covering timely, evidence based recovery topics that inspire hope, debunk myths, shatter stigma, educate, empower and entertain.  
➢ Emphasis is on Multiple Pathways of Recovery and a Recovery Celebratory focus, the show combines the thoughts, perspectives and passion of your two hosts along with the participation of a range of local, state and national guest experts in the field. |

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