## PROGRAM INFORMATION

### GENESEE COUNTY
**Recovery WOW (WithOut Walls)**  
Contact: Sue Gagne, sqagne@gcasa.org  
GCASA, 430 East Main Street, Batavia, NY 14020  
Phone: 585-815-5248  
Facebook: @recoverywow

**SERVICES DESCRIPTION**  
- Recovery WOW (WithOut Walls) offers a variety of safe, sober opportunities and activities for individuals in recovery and their families to enjoy.  
- Offers peer engagement services to clients and engages in community outreach efforts.

### LIVINGSTON COUNTY
**ROCovery Southern-Tier**  
Contact: Lisa Nichols, lisa@rocoveryfitness.org  
Dansville Fitness Club  
5 Ossian Street, Dansville, NY 14437  
Phone: 585-537-0036  
Website: [www.rocoveryfitness.org](http://www.rocoveryfitness.org)  
Facebook: @rocovery

**SERVICES DESCRIPTION**  
- Sober, active fitness community: join us for exercise classes, yoga, running groups, hiking, or other adventures.  
- Free and open to anyone with minimum of 48 consecutive hours of sobriety.  
- Fitness Classes at the Dansville Fitness Club:  
  - Sundays from 5:00pm-6:00pm  
  - Tuesdays from 6:30pm-7:30pm  
  - Thursdays from 1:30pm-2:30pm  
- Yoga at the Dansville Fitness Club on Saturdays from 10:30am-11:30am, and at the Sparta Community Center (7351 Route 256, Scottsburg, NY, 14545) on Thursdays from 5:00pm-6:00pm.  
- More events listed on Facebook and website ([@rocovery](http://www.rocoveryfitness.org)).

### ONTARIO COUNTY
**Connections – Rounded Recovery Community Center (FLACRA)**  
Contact: Katherine Gates, katherine.gates@flacra.org  
64 West Avenue, Canandaigua, NY 14424  
Phone: 833-435-2272

**SERVICES DESCRIPTION**  
- Connections is a Recovery Community Center that serves individuals with substance use disorders and their families throughout Ontario County. A comprehensive program provides multiple pathways to recovery and helps to bridge an array of community services and formal treatment opportunities.  
- The Recovery Community Center is open Monday through Saturday from 9:00am-9:00pm and Sunday from 12:00pm-5:00pm.

### ORLEANS COUNTY
**Coffee Talk (formerly SMART Recovery)**  
Contact: Tami Ashton  
243 S. Main Street, Suite 190, Albion, NY 14411  
Phone: 585-332-6279 (please text first)

**SERVICES DESCRIPTION**  
- Coffee Talk is operated as part of Orleans-Recovery Hope Begins Here.  
- Meets on the 3rd Saturday of the month at 10:00am at 243 S. Main Street, Suite 190, Albion.  
- Casual conversation about families who have struggled with a loved one with a substance use disorder (SUD).  
- Conversation facilitated by person(s) with life experience.  
- Confidential, supportive, and no pressure to talk.

**Holley Resources to Recovery**  
Contacts: Tami Ashton and Wayne Litchfield  
75 Public Square, Holley, NY 14470  
Phone: 585-332-6279 and 585-590-4418

**SERVICES DESCRIPTION**  
- Holley Resources to Recovery is operated as part of Orleans-Recovery Hope Begins Here.  
- Meets on the 1st Monday of the month from 6:00pm-8:00pm at the Eastern Orleans Community Center, 75 Public Square, Holley.  
- A peer advocate will be present, as well as family support, recovery resources, and Narcan training.  
- Offering resources and solutions to those with a substance use disorder as well as affected families.
## PROGRAM INFORMATION

### ORLEANS COUNTY

**Missing Angels**  
Contacts: Kristine Ames (kames1964@yahoo.com) and Lori Hosmer (lahosmer@yahoo.com)  
243 S. Main Street, Suite 190, Albion, NY 14411  
Phone: 585-771-7321 and 585-590-1413

- Missing Angels is operated as part of Orleans-Recovery Hope Begins Here.  
- Meets on the 3rd Thursday of the month from 6:30pm-7:30pm at 243 S. Main Street, Suite 190, Albion.  
- Heart-to-heart talk with family who have lost someone to addiction.  
- No formal structure, no pressure to talk, confidential and supportive.  
- Conversation facilitated by person(s) with life experience

### ORLEANS COUNTY

**Orleans-Recovery Hope Begins Here, Inc.**  
Contacts: Don Snyder, Tami Ashton, and Wayne Litchfield, orleansrecoveryhope@gmail.com  
243 S. Main Street, Suite 190, Albion, NY 14411  
Phone: 585-210-8750  
Facebook: @Orleans-Recovery Hope Begins Here

- Orleans-Recovery Hope Begins Here is a community recovery organization that supports anyone in Orleans County, NY struggling with substance use disorders (SUD) towards recovery.  
- Offers peer advocacy and recovery coaching by certified volunteers without cost.  
- Raises community awareness of SUD by providing testimonials, information, resources, and Narcan training.  
- Has a monthly “Community” meeting, usually on the 3rd Sunday of the month, at 2:00pm, open to the public, at 243 S. Main Street, Suite 190, Albion, to report progress and plan.  
- Attempts non-threatening, non-confrontational help for anyone struggling with substance use.

### ORLEANS COUNTY

**Yoga of 12-Step Recovery**  
Contact: Jon Winters  
The Missing Peace  
510 Orient Street, Medina, NY 14103  
Phone: 716-628-3882

- Yoga of 12-Step Recovery (Y12SR) is operated as part of Orleans-Recovery Hope Begins Here.  
- Y12SR combines the wisdom of yoga with the practical tools of 12-step programs. The program is open to anyone and everyone dealing with addiction – their own or the addictive behavior of others.  
- The first meeting will be held at The Missing Peace on Monday, February 17, 2020, from 6:30pm-8:30pm. After this date, meetings will be held on the 1st and 3rd Mondays of each month.  
- There is no cost to attend the program.

### WYOMING COUNTY

**SMART Recovery**  
Contact Person: Jerianne Klein, smartrecoveryjak@gmail.com  
38 Duncan Street, Warsaw, NY 14569  
Phone: 716-597-9420  
Website: www.smartrecovery.org  
Facebook: @smartrecoveryofwarwmany

- SMART Recovery is a leading self-empowering addiction self help and support group. Participants learn tools for addiction recovery based on the latest scientific research and participate in a world-wide community which includes free, self-empowering, science-based mutual help groups. The 4-Point Program ® helps people recover from all types of addiction and addictive behaviors.  
- No fee meetings are held every Tuesday from 6:30-8:00pm at 38 Duncan Street, Warsaw, next to the sleep clinic; the 1st and 3rd Tuesdays of the month are for Family & Friends and the 2nd and 4th Tuesdays of the month are for Recovery.  
- Meetings are open and cross attendance is welcomed as we learn from each other.  
- Daily online meetings and 24/7 chat rooms are available at www.smartrecovery.org/community.