



NATIONAL COUNCIL ON ALCOHOLISM & DRUG DEPENDENCE-ROCHESTER AREA
RECOVERY SERVICES IN GENESEE, LIVINGSTON, ONTARIO,
ORLEANS, SENECA, WAYNE, WYOMING, AND YATES COUNTIES

Finger Lakes Addiction Resource Center
 1931 Buffalo Road - Rochester, New York 14624
 Telephone: 585-719-3480 or 719-3485 Fax: (585) 423-1908
 Website: www.ncadd-ra.org

PROGRAM INFORMATION	SERVICES DESCRIPTION
<p>GENESEE COUNTY Recovery WOW (WithOut Walls) Contact: Sue Gagne, sgagne@gcasa.org GCASA, 430 East Main Street, Batavia, NY 14020 Phone: 585-815-5248 Facebook: @recoverywow</p>	<ul style="list-style-type: none"> ➔ Recovery WOW (WithOut Walls) offers a variety of safe, sober opportunities and activities for individuals in recovery and their families to enjoy. ➔ Offers peer engagement services to clients and engages in community outreach efforts.
<p>LIVINGSTON COUNTY RORecovery Southern-Tier Contact: Lisa Nichols, lisa@rocoveryfitness.org Dansville Fitness Club 5 Ossian Street, Dansville, NY 14437 Phone: 585-537-0036 Website: www.rocoveryfitness.org Facebook: @rocovery</p>	<ul style="list-style-type: none"> ➔ Sober, active fitness community: join us for exercise classes, yoga, running groups, hiking, or other adventures. ➔ Free and open to anyone with minimum of 48 consecutive hours of sobriety. ➔ Fitness Classes at the Dansville Fitness Club: Sundays from 5:00pm-6:00pm, Tuesdays from 6:30pm-7:30pm, Thursdays from 1:30pm-2:30pm ➔ Yoga at the Dansville Fitness Club on Saturdays from 10:30am-11:30am, and at the Sparta Community Center (7351 Route 256, Scottsburg, NY, 14545) on Thursdays from 5:00pm-6:00pm. ➔ More events listed on Facebook and website (@rocovery, www.rocoveryfitness.org).
<p>ONTARIO COUNTY Connections – Rounded Recovery Community Center (FLACRA) Contact: Katherine Gates, katherine.gates@flacra.org 64 West Avenue, Canandaigua, NY 14424 Phone: 833-435-2272</p>	<ul style="list-style-type: none"> ➔ Connections is a Recovery Community Center that serves individuals with substance use disorders and their families throughout Ontario County. A comprehensive program provides multiple pathways to recovery and helps to bridge an array of community services and formal treatment opportunities. ➔ The Recovery Community Center is open Monday through Saturday from 9:00am-9:00pm and Sunday from 12:00pm-5:00pm.
<p>ORLEANS COUNTY Coffee Talk (formerly SMART Recovery) Contact: Tami Ashton 243 S. Main Street, Suite 190, Albion, NY 14411 Phone: 585-332-6279 (please text first)</p>	<ul style="list-style-type: none"> ➔ Coffee Talk is operated as part of Orleans-Recovery Hope Begins Here. ➔ Meets on the 3rd Saturday of the month at 10:00am at 243 S. Main Street, Suite 190, Albion. ➔ Casual conversation about families who have struggled with a loved one with a substance use disorder (SUD). ➔ Conversation facilitated by person(s) with life experience. ➔ Confidential, supportive, and no pressure to talk.
<p>ORLEANS COUNTY Holley Resources to Recovery Contacts: Tami Ashton and Wayne Litchfield 75 Public Square, Holley, NY 14470 Phone: 585-332-6279 and 585-590-4418</p>	<ul style="list-style-type: none"> ➔ Holley Resources to Recovery is operated as part of Orleans-Recovery Hope Begins Here. ➔ Meets on the 1st Monday of the month from 6:00pm-8:00pm at the Eastern Orleans Community Center, 75 Public Square, Holley. ➔ A peer advocate will be present, as well as family support, recovery resources, and Narcan training. ➔ Offering resources and solutions to those with a substance use disorder as well as affected families.



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<p>ORLEANS COUNTY Missing Angels Contacts: Kristine Ames (kames1964@yahoo.com) and Lori Hosmer (lahosmer@yahoo.com) 243 S. Main Street, Suite 190, Albion, NY 14411 Phone: 585-771-7321 and 585-590-1413</p>	<ul style="list-style-type: none"> ➔ Missing Angels is operated as part of Orleans-Recovery Hope Begins Here. ➔ Meets on the 3rd Thursday of the month from 6:30pm-7:30pm at 243 S. Main Street, Suite 190, Albion. ➔ Heart-to-heart talk with family who have lost someone to addiction. ➔ No formal structure, no pressure to talk, confidential and supportive. ➔ Conversation facilitated by person(s) with life experience
<p>ORLEANS COUNTY Orleans-Recovery Hope Begins Here, Inc. Contacts: Don Snyder, Tami Ashton, and Wayne Litchfield, orleansrecoveryhope@gmail.com 243 S. Main Street, Suite 190, Albion, NY 14411 Phone: 585-210-8750 Facebook: @Orleans-Recovery Hope Begins Here</p>	<ul style="list-style-type: none"> ➔ Orleans-Recovery Hope Begins Here is a community recovery organization that supports anyone in Orleans County, NY struggling with substance use disorders (SUD) towards recovery. ➔ Offers peer advocacy and recovery coaching by certified volunteers without cost. ➔ Raises community awareness of SUD by providing testimonials, information, resources, and Narcan training. ➔ Has a monthly “Community” meeting, usually on the 3rd Sunday of the month, at 2:00pm, open to the public, at 243 S. Main Street, Suite 190, Albion, to report progress and plan. ➔ Attempts non-threatening, non-confrontational help for anyone struggling with substance use.
<p>ORLEANS COUNTY Yoga of 12-Step Recovery Contact: Jon Winters The Missing Peace 510 Orient Street, Medina, NY 14103 Phone: 716-628-3882</p>	<ul style="list-style-type: none"> ➔ Yoga of 12-Step Recovery (Y12SR) is operated as part of Orleans-Recovery Hope Begins Here. ➔ Y12SR combines the wisdom of yoga with the practical tools of 12-step programs. The program is open to anyone and everyone dealing with addiction – their own or the addictive behavior of others. ➔ The first meeting will be held at The Missing Peace on Monday, February 17, 2020, from 6:30pm-8:30pm. After this date, meetings will be held on the 1st and 3rd Mondays of each month. ➔ There is no cost to attend the program.
<p>WYOMING COUNTY SMART Recovery Contact Person: Jerianne Klein, smartrecoveryjak@gmail.com 38 Duncan Street, Warsaw, NY 14569 Phone: 716-597-9420 Website: www.smartrecovery.org Facebook: @smartrecoveryofwarsawny</p>	<ul style="list-style-type: none"> ➔ SMART Recovery is a leading self-empowering addiction self help and support group. Participants learn tools for addiction recovery based on the latest scientific research and participate in a world-wide community which includes free, self-empowering, science-based mutual help groups. The 4-Point Program ® helps people recover from all types of addiction and addictive behaviors. ➔ No fee meetings are held every Tuesday from 6:30-8:00pm at 38 Duncan Street, Warsaw, next to the sleep clinic; the 1st and 3rd Tuesdays of the month are for Family & Friends and the 2nd and 4th Tuesdays of the month are for Recovery. ➔ Meetings are open and cross attendance is welcomed as we learn from each other. ➔ Daily online meetings and 24/7 chat rooms are available at www.smartrecovery.org/community.