

## NATIONAL COUNCIL ON ALCOHOLISM & DRUG DEPENDENCE-ROCHESTER AREA RECOVERY SERVICES IN GENESEE, LIVINGSTON, ONTARIO, ORLEANS, SENECA, WAYNE, WYOMING, AND YATES COUNTIES

## Finger Lakes Addiction Resource Center

1931 Buffalo Road - Rochester, New York 14624 Telephone: 585-719-3480 or 719-3485 Fax: (585) 423-1908

Website: www.ncadd-ra.org

PROGRAM INFORMATION	SERVICES DESCRIPTION
GENESEE COUNTY Recovery WOW (WithOut Walls)	Recovery WOW (WithOut Walls) offers a variety of safe, sober opportunities and activities for individuals in recovery and their families to enjoy.
GCASA, 430 East Main Street, Batavia, NY 14020 Contact: Sue Gagne, Coordinator Phone: 585-815-5248 Email: sgagne@gcasa.org	→ Offers peer engagement services to clients and engages in community outreach efforts.
Facebook: @recoverywow	
LIVINGSTON COUNTY ROCovery Southern-Tier	<ul> <li>Sober active fitness community: come lift weights and get in shape with strength and conditioning classes.</li> <li>Meets every Monday and Friday from 3:00-4:00pm at Redemption MMA Gym, Dansville.</li> </ul>
Redemption MMA Gym, 12 Spruce Street	<ul> <li>→ Meets every Monday and Friday from 5.00-4.00pm at Redemption MiNA Gym, Dansville.</li> <li>→ Free and open to anyone with 48 consecutive hours of sobriety.</li> </ul>
Dansville, NY 14437	→ Staffed by ROCovery Fitness in Rochester ( <u>www.rocoveryfitness.org</u> ).
Contact: Lisa Nichols	www.cocrety.natecocks.
Phone: 585-537-0036	
Email: mail@rocoveryfitness.org	
ONTARIO COUNTY	→ Connections is a Recovery Community Center that serves individuals with substance abuse disorders and their families
Connections – Rounded Recovery	throughout Ontario County. A comprehensive program provides multiple pathways to recovery and helps to bridge an
Community Center (FLACRA)	array of community services and formal treatment opportunities.
Contact: Katherine Gates	→ The Recovery Community Center is open Monday through Saturday from 9:00am-9:00pm and
64 West Avenue, Canandaigua, NY 14424	Sunday from 12:00pm-5:00pm.
Phone: 833-435-2272	
Email: katherine.gates@flacra.org  ORLEANS COUNTY	Coffee Talk is operated as part of Orleans-Recovery Hope Begins Here.
Coffee Talk (formerly SMART Recovery)	<ul> <li>→ Meets on the 3<sup>rd</sup> Saturday of the month at 10:00am at 243 S. Main Street, Suite 190, Albion.</li> </ul>
Contact: Tami Ashton	Casual conversation about families who have struggled with a loved one with a substance use disorder (SUD).
243 S. Main Street, Suite 190, Albion, NY 14411	Conversation facilitated by person(s) with life experience.
Phone: 585-332-6279 (please text first)	→ Confidential, supportive, and no pressure to talk.
ORLEANS COUNTY	→ Holley Resources to Recovery is operated as part of Orleans-Recovery Hope Begins Here.
Holley Resources to Recovery	→ Meets on the 1st Monday of the month from 6:00pm-8:00pm at the Eastern Orleans Community Center,
Contacts: Tami Ashton and Wayne Litchfield	75 Public Square, Holley.
75 Public Square, Holley, NY 14470	→ A peer advocate will be present, as well as family support, recovery resources, and Narcan training.
Phone: 585-332-6279 and 585-590-4418	Offering resources and solutions to those with a substance use disorder as well as affected families.



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ORLEANS COUNTY Missing Angels Contacts: Kristine Ames and Lori Hosmer 243 S. Main Street, Suite 190, Albion, NY 14411 Phone: 585-771-7321 and 585-590-1413 Emails: kames1964@yahoo.com and lahosmer@yahoo.com	<ul> <li>Missing Angels is operated as part of Orleans-Recovery Hope Begins Here.</li> <li>Meets on the 3<sup>rd</sup> Thursday of the month from 6:30pm-7:30pm at 243 S. Main Street, Suite 190, Albion.</li> <li>Heart-to-heart talk with family who have lost someone to addiction.</li> <li>No formal structure, no pressure to talk, confidential and supportive.</li> <li>Conversation facilitated by person(s) with life experience</li> </ul>
ORLEANS COUNTY Orleans-Recovery Hope Begins Here, Inc. Contacts: Don Snyder, Tami Ashton, Wayne Litchfield 243 S. Main Street, Suite 190, Albion, NY 14411 Phone: 585-210-8750 Email: orleansrecoveryhope@gmail.com Facebook: @Orleans-Recovery Hope Begins Here	<ul> <li>Orleans-Recovery Hope Begins Here is a community recovery organization that supports anyone in Orleans County, NY struggling with substance use disorders (SUD) towards recovery.</li> <li>Offers peer advocacy and recovery coaching by certified volunteers without cost.</li> <li>Raises community awareness of SUD by providing testimonials, information, resources, and Narcan training.</li> <li>Has a monthly "Community" meeting, usually on the 3<sup>rd</sup> Sunday of the month, at 2:00pm, open to the public, at 243 S. Main Street, Suite 190, Albion, to report progress and plan.         Attempts non-threatening, non-confrontational offer of help to anyone encountered apparently struggling with substance use.     </li> </ul>
WAYNE COUNTY Find Your Path 2344 Ridge Road, Ontario, NY 14519 24/7 Phone: 585-622-4975 Email: FindYourPathROC@gmail.com Facebook: @RecoveringLive	<ul> <li>Meets the 2<sup>nd</sup> and 4<sup>th</sup> Thursdays of the month from 6:00-8:00pm at the Living Word Assembly of God, 2344 Ridge Road, Ontario, NY</li> <li>Peer to Peer engagement and outreach efforts.</li> <li>Staffed by peers from ROCovery Fitness in Rochester (<a href="www.rocoveryfitness.org">www.rocoveryfitness.org</a>).</li> </ul>
WYOMING COUNTY SMART Recovery Contact Person: Jerianne Klein 38 Duncan Street, Warsaw, NY 14569 Phone: 716-597-9420 Email: smartrecoveryjak@gmail.com Website: www.smartrecovery.org Facebook: @smartrecoveryofwarsawny	<ul> <li>SMART Recovery is a leading self-empowering addiction self help and support group. Participants learn tools for addiction recovery based on the latest scientific research and participate in a world-wide community which includes free, self-empowering, science-based mutual help groups. The 4-Point Program ® helps people recover from all types of addiction and addictive behaviors.</li> <li>No fee meetings are held every Tuesday from 6:30-8:00pm at 38 Duncan Street, Warsaw, next to the sleep clinic; the 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays of the month are for Family &amp; Friends and the 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays of the month are specifically for Recovery.</li> <li>Daily online meetings and 24/7 chat rooms are available at <a href="www.smartrecovery.org/community">www.smartrecovery.org/community</a>.</li> </ul>