

# Award Presentation

## The Helen Guthrie Memorial Youth Advocate of the Year Award

This award is given to professionals who have worked primarily with youth for at least five years, and have excelled in the promotion, enhancement and provision of youth substance use disorder services.


## The Charlotte Hegedus Award

This award is given to professionals who have consistently demonstrated for at least five years, a high level of cooperative work with individuals or groups with substance use disorders and who serve as a role model for other professionals.

## National Council on Alcoholism and Drug Dependence

– Rochester Area

NCADD-RA, formed in the spring of 1946 as the Committee for Education on Alcoholism, affiliated with NCADD, Inc., and in July of 1946, opened an alcoholism information center. In 2019, NCADD-RA celebrates its 73rd anniversary of providing evidence-based prevention education, resources, information and referral in Rochester and Monroe County. In April 2016, NCADD-RA was recognized with an affiliate award from NCADD, Inc. and honored as an affiliate of the month in February 2016. In 2006, NCADD-RA became the Upstate New York affiliate of the National Organization on Fetal Alcohol Syndrome. In 2009, NCADD-RA received the Program of Excellence in Addictions Education award from the Institute for Professional Development in the Addictions.

  
**DePaul  
National Council on Alcoholism  
and Drug Dependence – Rochester Area**  
1931 Buffalo Road  
Rochester, NY 14624

Non-profit org.  
U.S. Postage  
**PAID**  
Rochester, NY  
Permit No. 1323



## National Council on Alcoholism and Drug Dependence

– Rochester Area

# 2019 Annual Luncheon

## 73rd Anniversary Celebration

**Wednesday, May 22, 2019**

11:00 a.m. – 2:00 p.m.

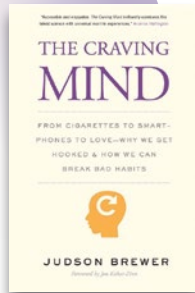
DoubleTree by Hilton  
1111 Jefferson Road  
Rochester, NY 14623

*Keynote Speaker:*  
**Judson Brewer, MD, PhD**

## About our Speaker. . .



Judson Brewer, MD, PhD



Judson Brewer, MD, PhD is the Director of Research and Innovation at the Mindfulness Center and associate professor in psychiatry at the School of Medicine at Brown University. He also is a research affiliate at MIT. A psychiatrist and internationally known expert in mindfulness training for addictions, Brewer has developed and tested novel mindfulness programs for behavior change, including both in-person and app-based treatments. He has studied the underlying neural mechanisms of mindfulness and is currently translating these findings into clinical use. He has published numerous peer-reviewed articles and book chapters, presented to the US President's Office of National Drug Control-Policy, been featured on 60 Minutes, at TED, in *Time Magazine*, *Forbes*, *Businessweek*, NPR, *National Geographic*, and the BBC among others. He is the author of *The Craving Mind* (New Haven: Yale University Press, 2017).

**Pre-order is available for Dr. Brewer's book *The Craving Mind*. Payment may be made with your registration.**

## National Council on Alcoholism and Drug Dependence - *Rochester Area*

### 2019 Annual Luncheon Wednesday, May 22, 2019

**11:00 a.m. Registration  
Book Signing**

**11:30 a.m. Seating**

**11:55 a.m. Welcome/Invocation**

**12:00 – Opening Remarks  
2:00 p.m. Director's Report  
Presentation of Awards**

**Keynote Speaker Judson Brewer, MD, PhD  
*The Craving Mind***

#### 1 Clock Hour

• CASAC Renewal • CPP Section 1  
• CPS Section 1

**Please R.S.V.P. by Wednesday, May 15, 2019**

to: Elaine Alvarado  
(585) 719-3481 phone  
(585) 423-1908 fax  
ealvarado@depaul.org email

You may also register online at:  
**www.ncadd-ra.org**

## Please Reserve:

\_\_\_\_\_ Place(s) at \$65 per person  
\_\_\_\_\_ Table(s) of 10 – \$650 per table  
\_\_\_\_\_ Book quantity at \$15 each

I am unable to attend but am making a \$ \_\_\_\_\_ donation to NCADD-RA.

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Agency: \_\_\_\_\_

Email: \_\_\_\_\_

With your table reservation, please list names:

1. \_\_\_\_\_ 2. \_\_\_\_\_  
3. \_\_\_\_\_ 4. \_\_\_\_\_  
5. \_\_\_\_\_ 6. \_\_\_\_\_  
7. \_\_\_\_\_ 8. \_\_\_\_\_  
9. \_\_\_\_\_ 10. \_\_\_\_\_

Vegetarian meal requested \_\_\_\_\_ Quantity

Please make your check payable to NCADD-RA or provide your credit card information. Register online at: **www.ncadd-ra.org** or return this form with payment to:

**NCADD-RA, Attention: Elaine Alvarado  
1931 Buffalo Road  
Rochester, NY 14624**

Visa  Discover Card  MasterCard  Amex

Credit Card #: \_\_\_\_\_

Security code: \_\_\_\_\_ Exp. date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Amount charged: \$ \_\_\_\_\_

Signature: \_\_\_\_\_

Billing name: \_\_\_\_\_

Billing address: \_\_\_\_\_

**Refund Policy:** Reservations cannot be held without accompanying payment or proof of payment. There are no refunds.