



**NATIONAL COUNCIL ON ALCOHOLISM & DRUG DEPENDENCE-ROCHESTER AREA**

**RECOVERY SERVICES IN MONROE COUNTY**

1931 Buffalo Road - Rochester, New York 14624

Telephone: (585) 719-3480 Fax: (585) 423-1908

Website: [www.ncadd-ra.org](http://www.ncadd-ra.org)

<b>Contact</b> <b>Address/Phone/Fax/Email/Website</b>	<b>SERVICES DESCRIPTION</b>
<b>CORE Center</b> Contact person: Stanley Martin 803 West Ave. Rochester, NY 14611 Phone: 585-328-8230 Email: <a href="mailto:smartin@communityalternatives.org">smartin@communityalternatives.org</a> Website : <a href="http://www.communityalternatives.org">www.communityalternatives.org</a>	CORE (Community Outreach for Recovery Enhancements) ➔ Peer led, peer driven recovery community and outreach center offering support groups to those in recovery, guidance for families in recovery, aid in gaining access to treatment, civic restoration, job readiness, and community referrals. ➔ There are no costs for any of our services or programming
<b>ROCovery Fitness</b> Contact Person: Yana Khashper 1035 Dewey Ave., Rochester, NY 14613 Phone: 585-484-0234 Email: <a href="mailto:mail@rocoveryfitness.org">mail@rocoveryfitness.org</a> Website: <a href="http://www.rocoveryfitness.org">www.rocoveryfitness.org</a>	➔ Sober active community, wellness, peer recovery support, adventure fitness and advocacy. ➔ Family members and those who choose to live drug and alcohol free are welcome. ➔ Open to anyone with 48 hours without drink or drug. ➔ Annual Fall 5K Run/Walk/Family Event ➔ Ongoing calendar of events, including daily activities and meetings, more information found on website
<b>S.O.A.R.S., Inc</b> Contact Person; Rebecca "Becky" K. Baker Phone: 585-771-0896 Email: <a href="mailto:rebeccabaker@yahoo.com">rebeccabaker@yahoo.com</a> Facebook: <a href="https://www.facebook.com/SOARSROcs">https://www.facebook.com/SOARSROcs</a>	S.O.A.R.S. (Substance Abuse and Overdose Prevention, Awareness, and Recovery Services) ➔ Scotty B Overdose Awareness Day Memorial Event/Recovery Fair held annually in late August ➔ Grief Support Resources and Referrals- Forever In Hearts Grief Group for those who lost a loved one to overdose, suicide, and violent crime ➔ ROC Families in Recovery – education for families on substance use disorder, treatment, recovery and mental health issues. 1 <sup>st</sup> and 3 <sup>rd</sup> Monday from 5:30-7pm. Narcan training provided. Meets at Trillium Health, 259 Monroe Ave / Monroe Square.
<b>Monroe County/ Rochester SMART Recovery</b> Meeting facilitator: Maggie Reilly Email: <a href="mailto:smartrecoveryrochesterny@gmail.com">smartrecoveryrochesterny@gmail.com</a> Website: <a href="http://www.smartrecovery.org/community">www.smartrecovery.org/community</a>	➔ SMART Family & Friends helps those affected by the substance abuse or other addictions of a loved one using tools from SMART Recovery and CRAFT ➔ See meeting listing <a href="https://www.smartrecoverytest.org/local/">https://www.smartrecoverytest.org/local/</a> ➔ Daily online meetings and 24/7 chat rooms are available at <a href="http://www.smartrecovery.org/community">www.smartrecovery.org/community</a>
<b>Monroe County/Penfield SMART Recovery</b> Meeting Co-Facilitators: Haley Marble and Tori Tolliver-Powers Email: <a href="mailto:haley.marble@warriorsalute.com">haley.marble@warriorsalute.com</a> or <a href="mailto:tori.tolliverpowers@warriorsalute.com">tori.tolliverpowers@warriorsalute.com</a> Phone: 585-364-3171	➔ The meeting is held every 2 <sup>nd</sup> and 4 <sup>th</sup> Wednesday of the month at 6:00 p.m. and is a closed group provided to veterans and their family members who are in recovery-find on meeting list <a href="https://www.smartrecoverytest.org/local/">https://www.smartrecoverytest.org/local/</a> under private meetings ➔ 441 Penbrooke Dr., Suite 5, Penfield NY 14526 (Penn-Fair office park) ➔ Daily online meetings and 24/7 chat rooms are available at <a href="http://www.smartrecovery.org/community">www.smartrecovery.org/community</a>

Disclaimer: Information included on this template is updated based on data shared with NCADD-RA from each of the recovery services listed. Updated listing is posted at [www.ncadd-ra.org](http://www.ncadd-ra.org)

Revised: January 2019



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Contact Address/Phone/Fax/Email/Website	SERVICES DESCRIPTION
<b>Refuge Recovery</b> Website: <a href="https://refugerecovery.org">https://refugerecovery.org</a>	<ul style="list-style-type: none"> <li>➔ Primary purpose is to offer a Buddhist inspired path to recovery from addiction of all kinds.</li> <li>➔ Recognizes and respects that there are multiple perspectives and multiple approaches to recovery</li> <li>➔ Gather in the spirit of investigation of a Buddhist approach as outlined in the Four Truths</li> </ul>
<b>Recovery Support Navigator Team: Peer Advocate Team and Family Support Navigator. Liberty Resources/Helio Health</b> Family Navigator: 855-778-1200/ Peer Advocate: 855-778-1300 General Email: <a href="mailto:RecovNavigator@Liberty-resources.org">RecovNavigator@Liberty-resources.org</a> Coordinator Email: <a href="mailto:cfarash@liberty-resources.org">cfarash@liberty-resources.org</a> Website: <a href="http://www.RecoverySupportNavigator.org">www.RecoverySupportNavigator.org</a> Facebook: <a href="https://www.facebook.com/RecoverySupportNavigator">https://www.facebook.com/RecoverySupportNavigator</a>	<ul style="list-style-type: none"> <li>➔ The Family Support Navigator provides family-focused services designed to guide, educate, and support families through the treatment and recovery process through peer and family support. 1<sup>st</sup> and 3<sup>rd</sup> Thursday from 6:00pm to 7:30pm at Open Access (1350 University Ave).</li> <li>➔ The Peer Advocate Team (PAT) provides Peer support services to individuals in a person centered and self-directed manner in order to enhance that person's recovery. The Peer staff can support the person to engage in recovery-focused activities including treatment, support groups, peer support, and recovery community services.</li> </ul>
<b>Find Your Path</b> 1185 North Clinton Ave., Rochester, NY 14621 24/7 phone: (585) 622-4975 Email: <a href="mailto:FindYourPathROC@gmail.com">FindYourPathROC@gmail.com</a> Facebook: <a href="https://www.facebook.com/RecoveringLives">https://www.facebook.com/RecoveringLives</a>	<ul style="list-style-type: none"> <li>➔ Meets Tuesdays from 10:00 am – 2:00 pm</li> <li>➔ Peer to Peer engagement and outreach efforts.</li> <li>➔ Community engagement and peer advocacy coaching.</li> <li>➔ Staffed by peers from ROCoverly Fitness</li> </ul>
<b>Gates to Recovery Walk in Center</b> Town of Gates 1605 Buffalo Road, Rochester, NY 14624 24 Hour Hotline: (585) 310-4080 Email: <a href="mailto:GatesToRecovery@gmail.com">GatesToRecovery@gmail.com</a>	Peer to Peer engagement and outreach efforts, staffed by volunteers from Recovery Now <ul style="list-style-type: none"> <li>➔ Gates meets every Thursday from 5- 8pm</li> </ul>
<b>Recovery Coach University Radio</b> Call-in/text: (585) 764-9431 Email: <a href="mailto:rcu@wayofm.org">rcu@wayofm.org</a> Website: <a href="http://www.recoverycoachuniversity.com/radio/">http://www.recoverycoachuniversity.com/radio/</a> Thursday mornings from 11 AM to Noon on WAYO-FM 104.3/Streaming at <a href="http://www.wayofm.org">www.wayofm.org</a> and TuneIn App Simulcast on Facebook Live at Recovery Coach University at <a href="https://www.facebook.com/recoverycoachuniversity/">https://www.facebook.com/recoverycoachuniversity/</a>	<ul style="list-style-type: none"> <li>➔ Provides an exciting hour covering timely, evidence based recovery topics that inspire hope, debunk myths, shatter stigma, educate, empower and entertain.</li> <li>➔ Emphasis is on Multiple Pathways of Recovery and a Recovery Celebratory focus, the show combines the thoughts, perspectives and passion of your two hosts along with the participation of a range of local, state and national guest experts in the field.</li> </ul>
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