



What's in your medicine cabinet?

**Prescription drug abuse among teens is on the rise.
Being informed is your best defense.**

Tips for Parents:

- Safeguard all drugs at home
- Set clear rules for teens about ALL drug use, including not sharing medication and following the medical provider's advice and dosages
- Be a good role model and follow the same rules with your medication
- Know the signs and symptoms of abuse
- Properly conceal and dispose of old or unused medications.
For dates and locations of pharmaceutical waste collection sites located near you, visit www.monroecounty.gov/hhw.

To learn more or to schedule a presentation, contact
NCADD-RA at (585) 719-3489.



National Council on Alcoholism and
Drug Dependence - Rochester Area

Visit our Web site at www.ncadd-ra.org