

Alcohol is the Most Commonly Used Drug Among **Adolescents**



7th Grade - 12 years old

12.3% report using alcohol

2.1% report using in past 30 days

1.4% report binge drinking,
5 or more drinks in a row

17.4% rode in a car with someone
who was drinking

9th Grade - 14 years old

35.4% report using alcohol

14.6% report using in past 30 days

6.3% drank 5 or more drinks
in a row

15% rode in a car with someone
who was drinking

11th Grade - 16 years old

57% report using alcohol

32.4% report using in past 30 days

20% drank 5 or more drinks
in a row

22% rode in a car with someone
who was drinking

2013 Youth Risk Behavior Survey local data

The Legal Drinking Age is 21!

Things you can do:

- Refuse to supply alcohol to anyone under 21.
- Be at home when your teen has a party.
- Make sure that alcohol is not brought into your home or property by your teen's friends.
- Set and enforce rules.
- Create alcohol-free opportunities and activities in your home so teens feel welcome.
- Report underage drinking to local law enforcement.

Resources

- DePaul NCADD-RA
- NIAA - www.niaaa.nih.gov
- www.drugfree.org
- SAMHSA - www.samhsa.gov
- Your physician



Brighton
(585) 242-7535

DePaul's NCADD-RA
(585) 719-3482

Fairport-Perinton
(585) 697-1817

Henrietta
(585) 359-7055

Honeoye Falls-Lima
(585) 624-7016

Penfield
(585) 249-6740

Pittsford
(585) 267-3677

Webster
(585) 216-0026