

# The **BULLETIN**

Feb / Mar 2018

**THE**



## **EPIDEMIC**

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In Rochester and Monroe County, as in other parts of New York and the United States, we continue to experience rising numbers of overdose fatalities due to prescription pain medications and heroin. With the relatively recent and increasing influx of non pharmaceutical grade fentanyl as an additive to heroin and other opioids and street drugs, the overdose rates are accelerating at a far great rate! The fatalities are tied not only to a higher potency heroin and heroin/fentanyl combinations, but also to increasing even more potent synthetic opioids that include fentanyl and the very potent U47700, both of which have appeared on the Monroe County Medical Examiner report. The pattern of overdoses know no demographic boundaries in terms of geography, ethnicity or age!

In response to the Opioid Epidemic, DePaul's National Council on Alcoholism and Drug Dependence-Rochester Area (NCADD-RA) convened representatives from multiple sectors to form the Opioid Task Force in early 2016. Two years later, the commitment and energy of the multi-sector representatives have not waned! We continue meeting bimonthly to review local, state and federal updates, reviewing especially local trend data, and sharing the new community resources that have been developed and/or are in process of development. In an earlier article, in the Feb/March 2017 issue of *The Bulletin*, I shared the mission and priorities of the Opioid Task Force. Our primary goal continues to be:

- Ensure that individuals and families, impacted by the disease of addiction, have full and complete access to services on par with coverage equal to that of other diseases, thus removing the stigma surrounding the disease of addiction. (This includes access to prevention, treatment and recovery wrap around services.)

Last fall 2017 a new, and first of its kind in New York State, community service opened its doors as Recovery Net's Open Access. This service represents a unique collaborative staffing model, is supported by both NYS (OASAS) Office of Alcohol and Substance Abuse Services and by the Monroe County Office of Mental Health. Open Access, staffed by CASACs and peers,

provides a single point of entry for an individual seeking treatment with an assessment to determine the appropriate level of care. Once the level of care is determined, Open Access staff seek the first available treatment as well as negotiate potential insurance and/or transportation barriers. The peers at Open Access are able to connect with and encourage individuals to follow through with recommended services.

# The Opioid Epidemic

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## Local Resources in Response to Community Need

BY JENNIFER FARINGER, MS. ED., CPPg

Since it's opening in August of 2017, Open Access has been steadily moving toward the ultimate goal of providing assessment services on a 24/7 basis which will be realized by the end of January 2018. Open Access, which began serving adults only, has recently expanded assessment services to include youth 12 and up. Open Access is located adjacent to SBH (Syracuse Behavioral Health) Rochester, 1350 University Ave. Open Access, intended to be walk-in, may also be reached by calling (585) 625-0843.

In addition to Open Access, our community now benefits from an increasing number of treatment providers (see NCADD-RA's Monroe County OASAS Certified Treatment Providers listing) who now also offer walk-in evaluations on a variety of days of week and times as indicated. With NCADD-RA's January 2018 revision the following providers now offer walk in evaluations: Action for a Better Community, Catholic Family Center Restart, Huther Doyle, Rochester Regional/Unity Evelyn Brandon and the



Villa of Hope. Peers are being integrated into services at treatment programs to encourage follow-through and engender hope! Peers also continue to work with clients following treatment to ensure maintenance of recovery through access of community recovery services (see NCADD-RA January 2018 revision of Recovery Services in Monroe County).

Additionally through the NCADD-RA newest grant, the Finger Lakes Addiction Resource Center staff are creating resource directories similar to what we have developed and maintained for Monroe County. Completed in January 2018 are OASAS Certified Treatment Directories for the 8 Finger Lakes Counties: Genesee, Livingston, Ontario, Orleans, Seneca, Wayne, Wyoming, and Yates. You can find these resources on our website at <https://ncadd-ra.org>. Click on Programs and Services, and then click on Finger Lakes Addiction Resource Center.

Prevention education efforts as well as community awareness efforts are on-going with requests to NCADD-RA for parent and staff education on Opioids being at an all-time high. In 2017 alone, NCADD-RA reached hundreds through presentations to school/university staff and students, SUD and MHD agency staff, grand rounds, and other venues. Additionally NCADD-RA reached thousands through various media venues that included print, radio, television theater screens and social media. NCADD-RA offers education and support for families going through the chaos associated with the addiction of their loved one through the Total Approach Family Program, more information may be found for adult and youth groups on our website at <https://ncadd-ra.org>. Click on Programs and Services, and then click on Total Approach Family Program.

Through NCADD-RA's Finger Lakes Prevention Resource Center, staff continue to work with the currently identified 20 coalitions throughout the Finger Lakes region. The power of community mobilization by town further adds to efforts to eliminate stigma and respond to not only opioids but the other drugs of abuse which impact the health and viability of our youth, our families and our communities. For more information on local coalitions and their contacts visit our website at <https://ncadd-ra.org>. Click on Programs and Services, and then click on Finger Lakes Prevention Resource Center.

In response to the many calls we receive from the community, NCADD-RA added a webpage under Resources, which include a continuously expanding list of resources and direct links specific to the many facets and questions surrounding the heroin/opioid epidemic. This webpage can be found at <https://ncadd-ra.org>. Click on New & Resources and then click on Resources, Advocacy, & Research.

The Opioid Task Force continues to move forward responding to identified goals, subsequent action items while encouraging new initiatives. Our primary focus is that individuals and families, impacted by the disease of addiction, have full and complete access to services (prevention/treatment/recovery) on par with coverage equal to that of other diseases, thus removing the stigma surrounding the disease of addiction. There continues to be a great deal of energy and community commitment to collectively work together to better respond to the Opioid epidemic we are experiencing in our community! We continue to revise and update the Opioid Task Force brochure, adding resources and sharing it widely throughout the community after each revision via our community partners.

*To request more information or schedule a presentation on this topic or other addiction related-topics, please contact Jennifer Faringer (NCADD-RA) at [jfaringer@depaul.org](mailto:jfaringer@depaul.org). You may also access many of the resources mentioned at our website at [www.ncadd-ra.org](http://www.ncadd-ra.org).*



*Jennifer Faringer is the Director of DePaul's National Council on Alcoholism and Drug Dependence-Rochester Area. She received her Bachelors from Syracuse University, her Masters in Health Education from SUNY Brockport and holds the NYS OASAS Credential for Prevention Professionals, with a sub-specialty in problem gambling prevention. She has presented locally and at both statewide and national conferences on a wide variety of substance abuse related topics.*



# State & Local Resources

COMPILED BY THE OPIOID TASK FORCE OF MONROE COUNTY

## Walk-In Evaluations (assessment)

### Open Access

1350 University Avenue  
Rochester, NY 14607  
(585) 627-1777  
Seven days a week  
Monday-Friday 4:00 pm - 10:00 pm  
Saturday-Sunday 9:00 am - 10:00 pm  
*Collaboratively staffed by RecoveryNet OASAS  
Certified Treatment Providers to determine appropriate  
level of care, to identify first-available treatment slot and  
to arrange for transportation to that site if needed.*

### Action for a Better Community

Monday/Wednesday 8:30 am - 12 noon  
Tuesday/Thursday 3:00 pm - 5:00 pm  
727 St. Paul Street, Rochester, NY 14605  
(585) 262-4330 ext 3200/3201

### Catholic Family Center/Restart

Monday/Wednesday/Friday 1:00-3:00 pm  
79 North Clinton Avenue,  
Rochester, NY 14604  
(585) 546-1271 ext 6258

### Huther Doyle

Monday-Friday 8:00 am - 4:00 pm  
360 East Avenue, Rochester, NY 14604  
(585) 287-9569  
Rochester Regional Health/Unity  
Monday-Friday 8:30 am - 4:00 pm  
81 Lake Avenue, Rochester, NY 14608  
(585) 922-9900

### Rochester Regional Health/Unity

Monday-Friday 8:30 am - 4:00 pm  
81 Lake Avenue, Rochester, NY 14608  
(585) 922-9900

### Villa of Hope

Monday/Tuesday/Thursday 9:00 - 11:00 am

## Peer to Peer Services

### Gates to Recovery

Thursday 5:00-8:00 pm  
Gates Town Hall,  
1605 Buffalo Road  
Rochester, NY 14624

### Find Your Path

Tuesday 10:00 am - 2:00 pm  
1164 North Clinton Avenue  
Rochester, NY 14621

## State & Local Resources

**Heroin/Prescription Pain Medication Addiction Heroin/  
Prescription Pain Medication Addiction Resources are  
below and more direct links can be found at:**

[www.ncadd-ra.org](http://www.ncadd-ra.org)  
<https://ncadd-ra.org/news-resources/resources-advocacy-research>

### NYS OASAS Treatment Availability Dashboard

[www.oasas.ny.gov](http://www.oasas.ny.gov)

### "Navigating the Treatment System"

YouTube videos on levels of care, insurance and more –  
[www.oasas.ny.gov/treatment/index.cfm](http://www.oasas.ny.gov/treatment/index.cfm)

### NCADD-RA's Monroe County OASAS Certified Treatment Providers

[www.ncadd-ra.org](http://www.ncadd-ra.org)

### Attorney General HELP Hotline

1-800-428-9071

### Buprenorphine (Suboxone) Treatment

Physician Locator  
[www.samsha.org](http://www.samsha.org)

### SBH/Liberty Navigator Hotlines

1-855-778-1300

Individuals can access a Peer Navigator

1-855-778-1200

Concerned family members can access a Family Support  
Navigator

### Educational resources for the general public to help identify early signs of addiction

<https://www.combataddiction.ny.gov/>

## Opioid Educational Training

### Request an educational presentation for your school or community group on:

Current Trends – "The Opioid Crisis and Community Response"

Contact DePaul's National Council on Alcoholism and Drug  
Dependence – Rochester Area:  
[jfaringer@depaul.org](mailto:jfaringer@depaul.org) or (585) 719-3480  
[www.ncadd-ra.org](http://www.ncadd-ra.org)



## Opioid Overdose Training

### URMC Strong Recovery

Contact: michele\_herrmann@urmc.rochester.edu  
or (585) 275-1829

### Trillium Health Outreach

Contact: oford@trilliumhealth.org or (585) 210-4146

### Monroe County Department of Public Health

Contact:  
Michael Mendoza, MD, MPH, MS  
Commissioner of Public Health  
mchealth@monroecounty.gov  
(585) 753-2991

### Villa of Hope

Contact:  
Stacey Gray, RN  
stacey.gray@villaofhope.org or (585) 865-1550

### Clinton Family Health Center

Tops Plaza  
293 Upper Falls Blvd., Rochester NY 14609  
Free naloxone training every first Friday of the month  
1 pm - 2 pm  
Contact: mayra.rodriguez@rochesterregional.org  
(585) 922-0200

## Resources for Prescribers Wanting to Learn More About How to Treat Opiate Use Disorder

- <https://pcssnow.org/> mentorship and support for providers treating opiate use disorder
- <https://echo.unm.edu/> for case-based learning; monthly telemedicine case conferences. Echos are available for opiate addiction and pain management
- [www.asam.org](http://www.asam.org) American Society of Addiction Medicine

**Additionally, naloxone is available at all major pharmacies in Monroe County through a standing prescription. It is covered by most insurance plans. A separate prescription from your health care provider is not needed. With a naloxone kit and the proper training, together we can work to prevent overdoses in our community!**

*A message from Michael Mendoza, MD, MPH, MS,  
Commissioner of Public Health for Monroe County*

## FINANCE

# Financing\* fit to your goals

**Starting or growing your  
business takes capital.  
Figuring out the best  
way to get it shouldn't  
be a full-time job.**

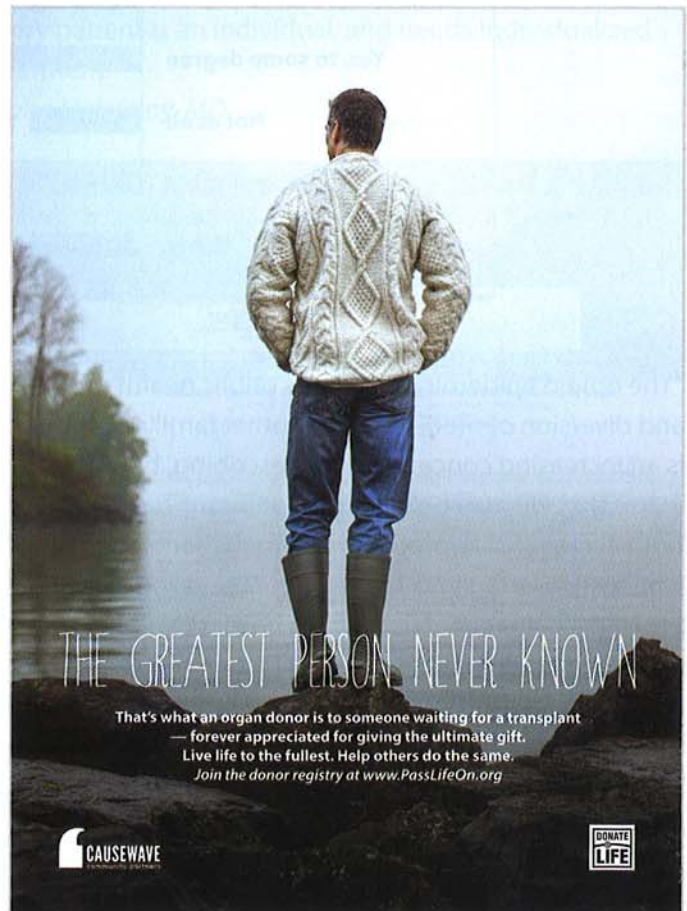
Equipment Loans  
Commercial  
Real Estate Loans  
Construction Loans  
Flexible Lines and  
Letters of Credit  
Special Programs for  
Small Businesses,  
Including SBA Loans



**John Klatte**  
VP, Commercial Loan Officer  
(585) 671-8591  
john.klatte@northwest.com



1-585-671-8591 | [northwest.com](http://northwest.com)

\*Subject to credit approval. Northwest Bank is Member FDIC. 



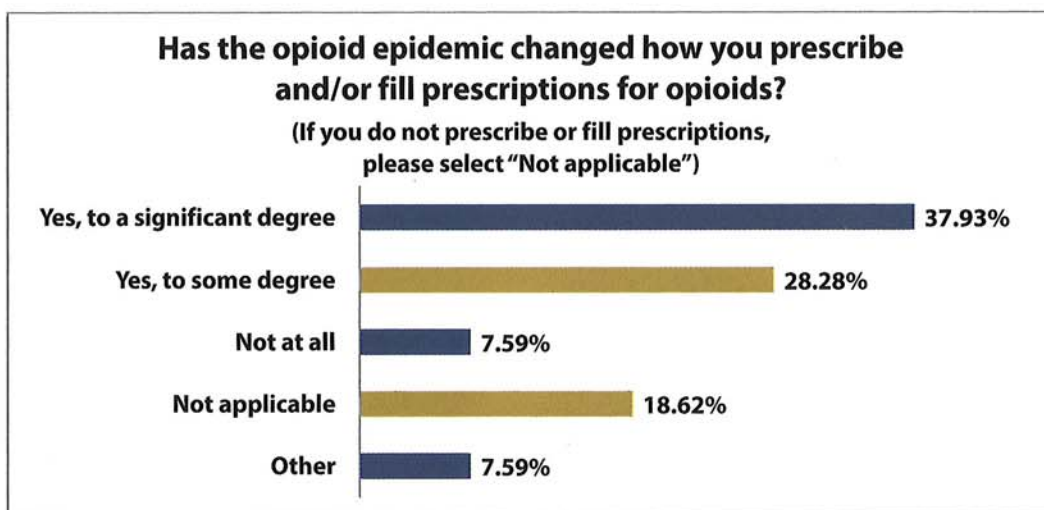
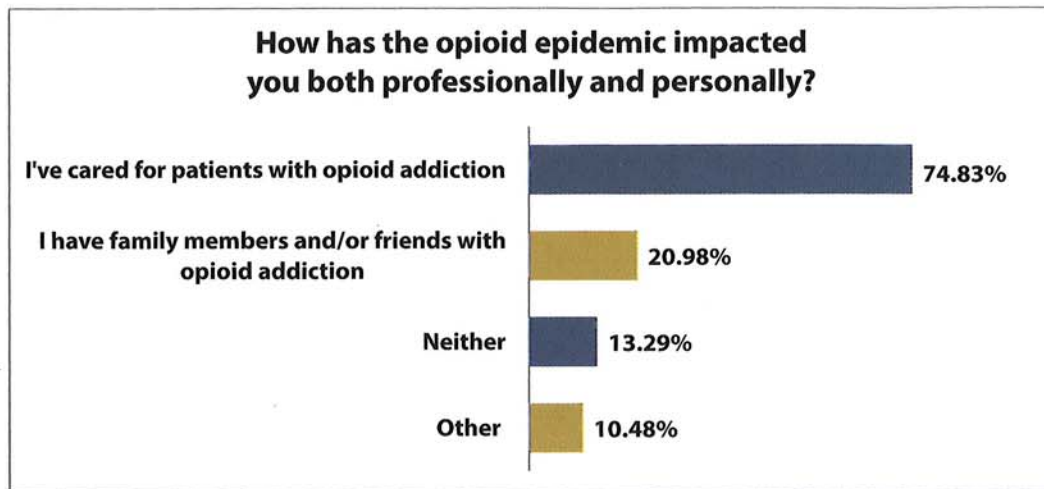
THE GREATEST PERSON NEVER KNOWN

That's what an organ donor is to someone waiting for a transplant  
— forever appreciated for giving the ultimate gift.  
Live life to the fullest. Help others do the same.  
Join the donor registry at [www.PassLifeOn.org](http://www.PassLifeOn.org)

 CAUSEWAVE 



# Results of Opioid Epidemic Physician Survey - January 2018



"The opioid epidemic is a serious public health concern and diversion of medications by other family members is an increasing concern when prescribing, but I also worry that we may be creating significant barriers to both access and appropriate use for patients with serious illness and during end-of-life care. Both families and providers over recent years have had increasing fears regarding opioid medications, with a growing reluctance to use the medications despite appropriate education and clinical oversight and this has the potential for worsening suffering for some of our patients."

- Thomas Caprio, MD - Chief Medical Officer, UR Medicine Home Care & Hospice

"I believe that the opioid epidemic was caused by drug companies that pushed opioids, physicians who prescribed them, patients who missed the medicine and finally insurance companies that would not pay for comprehensive pain treatment and paid little for physicians to diagnosis and treat addiction. Buprenorphine is a wonderful treatment and is also very good for pain. Hopefully more physicians will become certified. I have seen many lives saved and changed. I have been prescribing it since it first came out."

- Norman Wetterau, MD - Dansville, NY, Past President New York Society of Addiction Medicine and ASAM board member.



