

## What's in your medicine cabinet?

Prescription drug abuse  
among teens  
is on the rise.  
Being informed  
is your best  
defense.



### Tips for Parents:

- Safeguard all drugs at home
- Set clear rules for teens about ALL drug use, including not sharing medication and following the medical provider's advice and dosages
- Be a good role model and follow the same rules with your medication
- Know the signs and symptoms of abuse
- Properly conceal and dispose of old or unused medications. For dates and locations of pharmaceutical waste collection sites located near you, visit [www.monroecounty.gov/hhw](http://www.monroecounty.gov/hhw).



National Council on Alcoholism  
and Drug Dependence –  
Rochester Area

To learn more  
or to schedule  
a presentation,  
contact **NCADD-RA**  
at **(585) 719-3489**.

Visit our Web site at [www.ncadd-ra.org](http://www.ncadd-ra.org)