



NATIONAL COUNCIL ON ALCOHOLISM & DRUG DEPENDENCE-ROCHESTER AREA

RECOVERY SERVICES IN MONROE COUNTY

1931 Buffalo Road - Rochester, New York 14624

Telephone: (585) 719-3480 Fax: (585) 423-1908

Website: www.ncadd-ra.org

<p>Contact Address/Phone/Fax/Email/Website</p>	<p>SERVICES DESCRIPTION</p>
<p>CORE Center Contact person: Stanley Martin 803 West Ave. Rochester, NY 14611 Phone: 585-328-8230 Email: smartin@communityalternatives.org Website : www.communityalternatives.org</p>	<p>CORE (Community Outreach for Recovery Enhancements) <ul style="list-style-type: none"> ➔ Peer led, peer driven recovery community and outreach center offering support groups to those in recovery, guidance for families in recovery, aid in gaining access to treatment, civic restoration, job readiness, and community referrals. ➔ There are no costs for any of our services or programming </p>
<p>Recovery Now Contact Person: David Attridge 468 Wegman Rd., Rochester, NY 14624 Phone: (585) 310-4080 Email: recoverynowny@gmail.com Website: www.RecoveryNowNY.com</p>	<ul style="list-style-type: none"> ➔ Provides resources and opportunities to help reduce the impact of addiction, trauma and other related health issues. ➔ Two Guys and A Girl Recovery Radio Station – 106.3 FM Sundays 6-8pm Past programs may be streamed at RochesterFreeRadio.com
<p>ROCovery Fitness Contact Person: Yana Khashper 1035 Dewey Ave., Rochester, NY 14613 Phone: 585-484-0234 Email: mail@rocoveryfitness.org Website: www.rocoveryfitness.org</p>	<ul style="list-style-type: none"> ➔ Sober active community, wellness, peer recovery support, adventure fitness and advocacy. ➔ Family members and those who choose to live drug and alcohol free are welcome. ➔ Open to anyone with 48 hours without drink or drug. ➔ Annual Fall 5K Run/Walk/Family Event ➔ Ongoing calendar of events, including daily activities and meetings, more information found on website
<p>S.O.A.R.S., Inc Contact Person; Rebecca “Becky” K. Baker Phone: 585-771-0896 Email: rebeccakbaker@yahoo.com Facebook: https://www.facebook.com/SOARSROcs</p>	<p>S.O.A.R.S. (Substance Abuse and Overdose Prevention, Awareness, and Recovery Services) <ul style="list-style-type: none"> ➔ Scotty B Overdose Awareness Day Memorial Event/Recovery Fair held annually in late August ➔ Grief Support Resources and Referrals- Forever In Hearts Grief Group for those who lost a loved one to overdose, suicide, and violent crime ➔ SUD/AOD Addiction Advocacy, recovery resources and referrals ➔ ROC Families in Recovery – provides education for families on substance use disorder, treatment, recovery and mental health issues. Held on 1st and 3rd Monday of the Month 5:30-7pm. Narcan training is provided at every meeting Meets at Trillium Health, 259 Monroe Ave / Monroe Square. </p>
<p>Monroe County/ Rochester SMART Recovery Meeting facilitator: Maggie Reilly Email: smartrecoveryrochesterny@gmail.com Website: www.smartrecovery.org/community</p>	<ul style="list-style-type: none"> ➔ SMART Recovery is a nationwide, nonprofit organization which offers free support groups to individuals who desire to gain independence from any type of addictive behavior using a set of tools and skills that are self-empowering and science based ➔ SMART Family & Friends (F&F) helps those who are affected by the substance abuse or other addictions of a loved one using tools from SMART Recovery and CRAFT ➔ The meeting in Rochester, NY rotate between Recovery and F&F – find on meeting listing https://www.smartrecoverytest.org/local/ ➔ Daily online meetings and 24/7 chat rooms are available at www.smartrecovery.org/community



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Recovery Support Navigator Team: Peer Advocate Team and Family Support Navigator. Liberty Resources/Helio Health Family Navigator: 855-778-1200/ Peer Advocate: 855-778-1300 General Email: RecovNavigator@Liberty-resources.org Coordinator Email: cfarash@liberty-resources.org Website: www.RecoverySupportNavigator.org Facebook: https://www.facebook.com/RecoverySupportNavigator	<ul style="list-style-type: none"> ➤ The Family Support Navigator Program provides family-focused (or other loved one focused) services designed to guide, educate, and support families through the treatment and recovery process through peer and family support. This program also collaborates with Open Access to provide a weekly Family and Friends Support and Education group every Thursday from 6:00pm to 7:30pm located at Open Access (1350 University Ave). ➤ The Peer Advocate Team (PAT) provides Peer support services to individuals in a person centered and self-directed manner in order to enhance that person's recovery. The Peer staff can support the person to engage in recovery-focused activities including treatment, support groups, peer support, and recovery community services. The PAT can be the bridge support between services to support the enhancement of a person's recovery.
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Recovery Support Navigator Team: Peer Advocate Team and Family Support Navigator. Liberty Resources/Helio Health Family Navigator: 855-778-1200/ Peer Advocate: 855-778-1300 General Email: RecovNavigator@Liberty-resources.org Coordinator Email: cfarash@liberty-resources.org Website: www.RecoverySupportNavigator.org Facebook: https://www.facebook.com/RecoverySupportNavigator	<ul style="list-style-type: none"> ➤ The Family Support Navigator Program provides family-focused (or other loved one focused) services designed to guide, educate, and support families through the treatment and recovery process through peer and family support. This program also collaborates with Open Access to provide a weekly Family and Friends Support and Education group every Thursday from 6:00pm to 7:30pm located at Open Access (1350 University Ave). ➤ The Peer Advocate Team (PAT) provides Peer support services to individuals in a person centered and self-directed manner in order to enhance that person's recovery. The Peer staff can support the person to engage in recovery-focused activities including treatment, support groups, peer support, and recovery community services. The PAT can be the bridge support between services to support the enhancement of a person's recovery.
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Refuge Recovery Website: https://refugerecovery.org	<ul style="list-style-type: none"> ➤ Primary purpose is to offer a Buddhist inspired path to recovery from addiction of all kinds. ➤ Recognizes and respects that there are multiple perspectives and multiple approaches to recovery ➤ Gather in the spirit of investigation of a Buddhist approach as outlined in the Four Truths
Recovery Support Navigator Team: Peer Advocate Team and Family Support Navigator. Liberty Resources/Helio Health Family Navigator: 855-778-1200/ Peer Advocate: 855-778-1300 General Email: RecovNavigator@Liberty-resources.org Coordinator Email: cfarash@liberty-resources.org Website: www.RecoverySupportNavigator.org Facebook: https://www.facebook.com/RecoverySupportNavigator	<ul style="list-style-type: none"> ➤ The Family Support Navigator Program provides family-focused (or other loved one focused) services designed to guide, educate, and support families through the treatment and recovery process through peer and family support. This program also collaborates with Open Access to provide a weekly Family and Friends Support and Education group every Thursday from 6:00pm to 7:30pm located at Open Access (1350 University Ave). ➤ The Peer Advocate Team (PAT) provides Peer support services to individuals in a person centered and self-directed manner in order to enhance that person's recovery. The Peer staff can support the person to engage in recovery-focused activities including treatment, support groups, peer support, and recovery community services. The PAT can be the bridge support between services to support the enhancement of a person's recovery.
Find Your Path 1185 North Clinton Ave., Rochester, NY 14621 24/7 phone: (585) 622-4975 Email: FindYourPathROC@gmail.com Facebook: https://www.facebook.com/RecoveringLives	<ul style="list-style-type: none"> ➤ Meets Tuesdays from 10:00 am – 2:00 pm ➤ Peer to Peer engagement and outreach efforts. ➤ Staffed by peers from ROCoverly Fitness
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RECOVERY SERVICES IN MONROE COUNTY

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<p>Recovery Now Contact Person: David Attridge 468 Wegman Rd., Rochester, NY 14624 Phone: (585) 310-4080 Email: recoverynowny@gmail.com Website: www.RecoveryNowNY.com</p>	<ul style="list-style-type: none"> ➔ Provides resources and opportunities to help reduce the impact of addiction, trauma and other related health issues. ➔ Two Guys and A Girl Recovery Radio Station – 106.3 FM Sundays 6-8pm Past programs may be streamed at RochesterFreeRadio.com
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RECOVERY SERVICES IN MONROE COUNTY

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Telephone: (585) 719-3480 Fax: (585) 423-1908

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Recovery Support Navigator Team: Peer Advocate Team and Family Support Navigator. Liberty Resources/Helio Health Family Navigator: 855-778-1200/ Peer Advocate: 855-778-1300 General Email: RecovNavigator@Liberty-resources.org Coordinator Email: cfarash@liberty-resources.org Website: www.RecoverySupportNavigator.org Facebook: https://www.facebook.com/RecoverySupportNavigator	<ul style="list-style-type: none"> ➤ The Family Support Navigator Program provides family-focused (or other loved one focused) services designed to guide, educate, and support families through the treatment and recovery process through peer and family support. This program also collaborates with Open Access to provide a weekly Family and Friends Support and Education group every Thursday from 6:00pm to 7:30pm located at Open Access (1350 University Ave). ➤ The Peer Advocate Team (PAT) provides Peer support services to individuals in a person centered and self-directed manner in order to enhance that person's recovery. The Peer staff can support the person to engage in recovery-focused activities including treatment, support groups, peer support, and recovery community services. The PAT can be the bridge support between services to support the enhancement of a person's recovery.
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RECOVERY SERVICES IN MONROE COUNTY

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Telephone: (585) 719-3480 Fax: (585) 423-1908

Website: www.ncadd-ra.org

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**NATIONAL COUNCIL ON ALCOHOLISM & DRUG DEPENDENCE-ROCHESTER AREA
RECOVERY SERVICES IN MONROE COUNTY**

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<p>Recovery Support Navigator Team: Peer Advocate Team and Family Support Navigator. Liberty Resources/Helio Health Family Navigator: 855-778-1200/ Peer Advocate: 855-778-1300 General Email: RecovNavigator@Liberty-resources.org Coordinator Email: cfarash@liberty-resources.org Website: www.RecoverySupportNavigator.org Facebook: https://www.facebook.com/RecoverySupportNavigator</p>	<ul style="list-style-type: none"> ➤ The Family Support Navigator Program provides family-focused (or other loved one focused) services designed to guide, educate, and support families through the treatment and recovery process through peer and family support. This program also collaborates with Open Access to provide a weekly Family and Friends Support and Education group every Thursday from 6:00pm to 7:30pm located at Open Access (1350 University Ave). ➤ The Peer Advocate Team (PAT) provides Peer support services to individuals in a person centered and self-directed manner in order to enhance that person's recovery. The Peer staff can support the person to engage in recovery-focused activities including treatment, support groups, peer support, and recovery community services. The PAT can be the bridge support between services to support the enhancement of a person's recovery.
<p>Find Your Path 1185 North Clinton Ave., Rochester, NY 14621 24/7 phone: (585) 622-4975 Email: FindYourPathROC@gmail.com Facebook: https://www.facebook.com/RecoveringLives</p>	<ul style="list-style-type: none"> ➤ Meets Tuesdays from 10:00 am – 2:00 pm ➤ Peer to Peer engagement and outreach efforts. ➤ Staffed by peers from ROCoverly Fitness
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<p>Recovery Now Contact Person: David Attridge 468 Wegman Rd., Rochester, NY 14624 Phone: (585) 310-4080 Email: recoverynowny@gmail.com Website: www.RecoveryNowNY.com</p>	<ul style="list-style-type: none"> ➔ Provides resources and opportunities to help reduce the impact of addiction, trauma and other related health issues. ➔ Two Guys and A Girl Recovery Radio Station – 106.3 FM Sundays 6-8pm Past programs may be streamed at RochesterFreeRadio.com
<p>ROCovery Fitness Contact Person: Yana Khashper 1035 Dewey Ave., Rochester, NY 14613 Phone: 585-484-0234 Email: mail@rocoveryfitness.org Website: www.rocoveryfitness.org</p>	<ul style="list-style-type: none"> ➔ Sober active community, wellness, peer recovery support, adventure fitness and advocacy. ➔ Family members and those who choose to live drug and alcohol free are welcome. ➔ Open to anyone with 48 hours without drink or drug. ➔ Annual Fall 5K Run/Walk/Family Event ➔ Ongoing calendar of events, including daily activities and meetings, more information found on website
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RECOVERY SERVICES IN MONROE COUNTY**

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Recovery Support Navigator Team: Peer Advocate Team and Family Support Navigator. Liberty Resources/Helio Health Family Navigator: 855-778-1200/ Peer Advocate: 855-778-1300 General Email: RecovNavigator@Liberty-resources.org Coordinator Email: cfarash@liberty-resources.org Website: www.RecoverySupportNavigator.org Facebook: https://www.facebook.com/RecoverySupportNavigator	<ul style="list-style-type: none"> ➤ The Family Support Navigator Program provides family-focused (or other loved one focused) services designed to guide, educate, and support families through the treatment and recovery process through peer and family support. This program also collaborates with Open Access to provide a weekly Family and Friends Support and Education group every Thursday from 6:00pm to 7:30pm located at Open Access (1350 University Ave). ➤ The Peer Advocate Team (PAT) provides Peer support services to individuals in a person centered and self-directed manner in order to enhance that person's recovery. The Peer staff can support the person to engage in recovery-focused activities including treatment, support groups, peer support, and recovery community services. The PAT can be the bridge support between services to support the enhancement of a person's recovery.
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<p>Recovery Support Navigator Team: Peer Advocate Team and Family Support Navigator. Liberty Resources/Helio Health Family Navigator: 855-778-1200/ Peer Advocate: 855-778-1300 General Email: RecovNavigator@Liberty-resources.org Coordinator Email: cfarash@liberty-resources.org Website: www.RecoverySupportNavigator.org Facebook: https://www.facebook.com/RecoverySupportNavigator</p>	<ul style="list-style-type: none"> ➤ The Family Support Navigator Program provides family-focused (or other loved one focused) services designed to guide, educate, and support families through the treatment and recovery process through peer and family support. This program also collaborates with Open Access to provide a weekly Family and Friends Support and Education group every Thursday from 6:00pm to 7:30pm located at Open Access (1350 University Ave). ➤ The Peer Advocate Team (PAT) provides Peer support services to individuals in a person centered and self-directed manner in order to enhance that person's recovery. The Peer staff can support the person to engage in recovery-focused activities including treatment, support groups, peer support, and recovery community services. The PAT can be the bridge support between services to support the enhancement of a person's recovery.
<p>Find Your Path 1185 North Clinton Ave., Rochester, NY 14621 24/7 phone: (585) 622-4975 Email: FindYourPathROC@gmail.com Facebook: https://www.facebook.com/RecoveringLives</p>	<ul style="list-style-type: none"> ➤ Meets Tuesdays from 10:00 am – 2:00 pm ➤ Peer to Peer engagement and outreach efforts. ➤ Staffed by peers from ROCoverly Fitness
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<p>S.O.A.R.S., Inc Contact Person; Rebecca “Becky” K. Baker Phone: 585-771-0896 Email: rebeccakbaker@yahoo.com Facebook: https://www.facebook.com/SOARSROcs</p>	<p>S.O.A.R.S. (Substance Abuse and Overdose Prevention, Awareness, and Recovery Services)</p> <ul style="list-style-type: none"> ➔ Scotty B Overdose Awareness Day Memorial Event/Recovery Fair held annually in late August ➔ Grief Support Resources and Referrals- Forever In Hearts Grief Group for those who lost a loved one to overdose, suicide, and violent crime ➔ SUD/AOD Addiction Advocacy, recovery resources and referrals ➔ ROC Families in Recovery – provides education for families on substance use disorder, treatment, recovery and mental health issues. Held on 1st and 3rd Monday of the Month 5:30-7pm. Narcan training is provided at every meeting Meets at Trillium Health, 259 Monroe Ave / Monroe Square.
<p>Monroe County/ Rochester SMART Recovery Meeting facilitator: Maggie Reilly Email: smartrecoveryrochesterny@gmail.com Website: www.smartrecovery.org/community</p>	<ul style="list-style-type: none"> ➔ SMART Recovery is a nationwide, nonprofit organization which offers free support groups to individuals who desire to gain independence from any type of addictive behavior using a set of tools and skills that are self-empowering and science based ➔ SMART Family & Friends (F&F) helps those who are affected by the substance abuse or other addictions of a loved one using tools from SMART Recovery and CRAFT ➔ The meeting in Rochester, NY rotate between Recovery and F&F – find on meeting listing https://www.smartrecoverytest.org/local/ ➔ Daily online meetings and 24/7 chat rooms are available at www.smartrecovery.org/community



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RECOVERY SERVICES IN MONROE COUNTY**

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Recovery Support Navigator Team: Peer Advocate Team and Family Support Navigator. Liberty Resources/Helio Health Family Navigator: 855-778-1200/ Peer Advocate: 855-778-1300 General Email: RecovNavigator@Liberty-resources.org Coordinator Email: cfarash@liberty-resources.org Website: www.RecoverySupportNavigator.org Facebook: https://www.facebook.com/RecoverySupportNavigator	<ul style="list-style-type: none"> ➤ The Family Support Navigator Program provides family-focused (or other loved one focused) services designed to guide, educate, and support families through the treatment and recovery process through peer and family support. This program also collaborates with Open Access to provide a weekly Family and Friends Support and Education group every Thursday from 6:00pm to 7:30pm located at Open Access (1350 University Ave). ➤ The Peer Advocate Team (PAT) provides Peer support services to individuals in a person centered and self-directed manner in order to enhance that person's recovery. The Peer staff can support the person to engage in recovery-focused activities including treatment, support groups, peer support, and recovery community services. The PAT can be the bridge support between services to support the enhancement of a person's recovery.
Find Your Path 1185 North Clinton Ave., Rochester, NY 14621 24/7 phone: (585) 622-4975 Email: FindYourPathROC@gmail.com Facebook: https://www.facebook.com/RecoveringLives	<ul style="list-style-type: none"> ➤ Meets Tuesdays from 10:00 am – 2:00 pm ➤ Peer to Peer engagement and outreach efforts. ➤ Staffed by peers from ROCoverly Fitness
Gates to Recovery (585) 310-4080 Gates Town Hall / Recreation Center, 1605 Buffalo Road Gates to Recovery Webster/Penfield Webster Recreation Center, 1350 Chiyoda Drive Gates to Recovery East Rochester/Fairport 317 Main St., East Rochester Gates to Recovery Brockport/Hamlin Brockport Village Court, 49 State Street Gates to Recovery Irondequoit/Iron Gate Glad Tidings Church, 1980 Culver Road	Peer to Peer engagement and outreach efforts, staffed by volunteers from Recovery Now <ul style="list-style-type: none"> ➤ Gates meets every Thursday from 5- 8pm ➤ Webster meets 2nd and 4th Tuesdays of the month from 5-8pm. Narcan Training 2nd Tuesday of the month at 6pm. ➤ East Rochester meets 3rd Tuesday of the month from 5-8pm. Narcan Training at 6pm. ➤ Brockport meets 1st Tuesday of the month 6-8pm, which includes Narcan Training. ➤ Irondequoit meets 4th Thursday of the month 6-8pm, which includes Narcan Training.
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Telephone: (585) 719-3480 Fax: (585) 423-1908

Website: www.ncadd-ra.org

<p>Contact Address/Phone/Fax/Email/Website</p>	<p>SERVICES DESCRIPTION</p>
<p>CORE Center Contact person: Stanley Martin 803 West Ave. Rochester, NY 14611 Phone: 585-328-8230 Email: smartin@communityalternatives.org Website : www.communityalternatives.org</p>	<p>CORE (Community Outreach for Recovery Enhancements) <ul style="list-style-type: none"> ➔ Peer led, peer driven recovery community and outreach center offering support groups to those in recovery, guidance for families in recovery, aid in gaining access to treatment, civic restoration, job readiness, and community referrals. ➔ There are no costs for any of our services or programming </p>
<p>Recovery Now Contact Person: David Attridge 468 Wegman Rd., Rochester, NY 14624 Phone: (585) 310-4080 Email: recoverynowny@gmail.com Website: www.RecoveryNowNY.com</p>	<ul style="list-style-type: none"> ➔ Provides resources and opportunities to help reduce the impact of addiction, trauma and other related health issues. ➔ Two Guys and A Girl Recovery Radio Station – 106.3 FM Sundays 6-8pm Past programs may be streamed at RochesterFreeRadio.com
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