



National Council on Alcoholism & Drug Dependence - Rochester Area
OASAS CERTIFIED TREATMENT PROVIDERS IN LIVINGSTON, ONTARIO & YATES COUNTIES

Finger Lakes Addiction Resource Center
 1931 Buffalo Road - Rochester, New York 14624
 Telephone: 585-719-3480 or 719-3485 Fax: 585-423-1908
 Website: www.ncadd-ra.org

| SERVICE DESCRIPTION | PROVIDER NAME | | | |
|--|--|--|--|--|
| | Council on Alcohol & Substance Abuse: Trinity | Finger Lakes Area Counseling & Recovery (FLACRA) | Rochester Regional Health Clifton Springs Behavioral Health Center | Finger Lakes Area Counseling & Recovery (FLACRA) |
| COUNTY | LIVINGSTON | ONTARIO | ONTARIO | YATES |
| Website | www.casaoflc.org | www.flacra.org | www.rochesterregional.org/services/behavioral-health/chemical-dependency/ | www.flacra.org |
| Intake Contact | Tatiana Zentz | Raquel Smolinski | Justine Higley (Inpatient) Cassandra Cowley (Outpatient) | Raquel Smolinski |
| Phone Number | 585-991-5012 | 315-462-9466 | 315-462-3000 x1 (Inpatient) 315-462-1060 (Outpatient) | 315-462-9466 |
| Fax Number | 585-991-5013 | 315-462-6400 | 315-462-7007 (Inpatient) 315-462-0145 (Outpatient) | 315-462-6400 |
| E-Mail | tzentz@casa-trinity.org | raquel.smolinski@flacra.org | justine.higley@rochesterregional.org cassandra.cowley@rochesterregional.org | raquel.smolinski@flacra.org |
| EVALUATION SERVICES | | | | |
| Evaluation | PROVIDE | PROVIDE | PROVIDE | PROVIDE |
| Walk-in Evaluations | | M-Th 9:00am-8:00pm F 9:00am-5:00pm | | M-Th 9:00am-8:00pm F 9:00am-5:00pm |
| CLIENT TYPE | | | | |
| Youth under 18 | ACCEPT | ACCEPT | ACCEPT (outpatient only) | ACCEPT |
| Adult | ACCEPT | ACCEPT | ACCEPT | ACCEPT |
| Female | ACCEPT | ACCEPT | ACCEPT | ACCEPT |
| Male | ACCEPT | ACCEPT | ACCEPT | ACCEPT |
| ADDICTION SERVICES | | | | |
| Alcohol Use Disorder | PROVIDE | PROVIDE | PROVIDE | PROVIDE |
| Substance Use Disorder | PROVIDE | PROVIDE | PROVIDE | PROVIDE |
| Opioid Use Disorder | PROVIDE | PROVIDE | PROVIDE | PROVIDE |
| Suboxone | PROVIDE | PROVIDE | PROVIDE | PROVIDE |
| Dual Diagnosis | PROVIDE | | PROVIDE | |
| Spanish Program | | PROVIDE | PROVIDE | PROVIDE |
| LEVEL OF CARE | | | | |
| Detox | | PROVIDE | | PROVIDE |
| Stabilization | | PROVIDE | | PROVIDE |
| Inpatient | | | PROVIDE (adults only) | |
| Outpatient | PROVIDE | PROVIDE | PROVIDE (youth and adults) | PROVIDE |
| Residential | | PROVIDE | | PROVIDE |
| INSURANCE TYPE | | | | |
| Aetna | ACCEPT | ACCEPT | ACCEPT | ACCEPT |
| Amerigroup | | ACCEPT | | ACCEPT |
| CIGNA | ACCEPT | ACCEPT | ACCEPT | ACCEPT |
| Dept. of Soc. Sec. Benefits | | | | |
| Excellus | ACCEPT | ACCEPT | ACCEPT | ACCEPT |
| Fidelis | ACCEPT | ACCEPT | ACCEPT | ACCEPT |
| Independent Health | | | | |
| Medicaid | ACCEPT | ACCEPT | ACCEPT | ACCEPT |
| Medicare | ACCEPT | | ACCEPT | |
| MVP | ACCEPT | ACCEPT | ACCEPT | ACCEPT |
| Optum | | ACCEPT | ACCEPT | ACCEPT |
| Public Assistance/Financial Assistance | ACCEPT | | ACCEPT | |
| Sliding Fee Scale | ACCEPT | ACCEPT | | ACCEPT |
| Tricare | ACCEPT | | ACCEPT | |
| United Healthcare (Medicare) | | | ACCEPT | |
| WellCare | | ACCEPT | | ACCEPT |
| YourCare Health Plan | ACCEPT | ACCEPT | ACCEPT | ACCEPT |

For the most updated version of this directory, visit <https://ncadd-ra.org/programs-services/finger-lakes-addiction-resource-center>

For the Monroe County version of this directory, visit <https://ncadd-ra.org/news-resources/resources-advocacy-research>

Disclaimer: Information included on this template is updated biannually based on data shared with NCADD-RA from each of the providers.

Revised: January 2018

5 Levels of Care

Detoxification-This service provides treatment of moderate withdrawal symptoms and non-acute physical or psychiatric complications. Medically supervised withdrawal services must provide: Medically supervised withdrawal and stabilization services are appropriate for persons who are intoxicated by alcohol and/or substances, who are suffering from mild to moderate withdrawal, coupled with situational crisis, or who are unable to abstain with an absence of past withdrawal complications. Patients who have stabilized in a medically managed or medically supervised inpatient withdrawal service may step-down to a medically supervised outpatient service.

Inpatient-An OASAS-certified treatment setting with 24- hour medical coverage and oversight provided to individuals with significant acute medical, psychiatric and substance use disorders with significant associated risks. Inpatient rehabilitation services provide intensive management of substance dependence symptoms and medical management/monitoring of medical or psychiatric complications to individuals who cannot be effectively served as outpatients and who are not in need of medical detoxification or acute care. These services can be provided in a hospital or free-standing facility. Services are short-term and intensive

Outpatient-Licensed Outpatient Treatment for a substance use problem is available at a number of locations in the area and through a number of providers. While remaining at home, working and functioning in the community, a consumer may attend individual, group or family focused treatment and work toward personal goals. This may include less intensive involvement or may require multiple visits per week. Over the course of some months, they will receive relevant information, suggestions, guidance and continued support as either a primary locus of treatment or as continuing care after or concurrent with a residential program.

Residential-Reintegration Services in a Residential Setting - Certified OASAS providers of residential programs that also provide reintegration services to transition from structured treatment environments to more independent living. This setting does not require a physician to serve as medical director and staff coordinate treatment services but do not provide direct clinical care. Most services are provided in the community and include clinical and social services. Individuals are provided a safe living environment with a high degree of behavioral accountability. Services include medical and clinical oversight of chronic but stable medical and psychiatric symptoms and conditions in a community treatment program including an outpatient Substance Use Disorder treatment program. Services also include: community meetings; activities of daily living (ADL) support; case management; and vocational support and clinical services to support transition to independent living.

Stabilization/Rehab-Stabilization Services in a Residential Setting- OASAS-certified providers of residential programs that also provide medical and clinical services including: medical evaluation; ongoing medication management and limited medical intervention; ancillary withdrawal and medication assisted substance use treatment; psychiatric evaluation and ongoing management; and group, individual and family counseling focused on stabilizing the individual and increasing coping skills until the individual is able to manage feelings, urges and craving, co-occurring psychiatric symptoms and medical conditions within the safety of the residence. Medical staff are available in the residence, but 24-hour medical/nursing services are not.

Rehabilitative Services in a Residential Setting-Certified OASAS providers of residential programs that also provide rehabilitative services for individuals who are stable enough to manage emotional states, urges and cravings, co-occurring psychiatric symptoms and medical conditions within the safety of a residential setting. Medical and clinical staff provide monitoring for medical and psychiatric symptoms that are stable. Services include medical monitoring of chronic conditions including routine medication management and individual, group and family counseling focused on rehabilitation. The treatment program teaches individuals to manage self and interactions with others with increasing independence.