



# NATIONAL COUNCIL ON ALCOHOLISM & DRUG DEPENDENCE-ROCHESTER AREA

## RECOVERY SERVICES IN MONROE COUNTY

1931 Buffalo Road - Rochester, New York 14624

Telephone: (585) 719-3480 Fax: (585) 423-1908

Website: [www.ncadd-ra.org](http://www.ncadd-ra.org)

Contact Address/Phone/Fax/Email/Website	SERVICES DESCRIPTION
<b>CORE Center</b> Contact person: Jackson Davis 803 West Ave. Rochester, NY 14611 Phone: 585-328-8230 Email: <a href="mailto:jdavis@communityalternatives.org">jdavis@communityalternatives.org</a> Website : <a href="http://www.communityalternatives.org">www.communityalternatives.org</a>	<b>CORE</b> (Community Outreach for Recovery Enhancements) <ul style="list-style-type: none"> <li>➔ Peer led, peer driven recovery community and outreach center offering support groups to those in recovery, guidance for families in recovery, aid in gaining access to treatment, civic restoration, job readiness, and community referrals.</li> <li>➔ There are no costs for any of our services or programming</li> </ul>
<b>Recovery Now</b> Contact Person: David Attridge 1350 Buffalo Road, Suite 32, Rochester NY 14624 Phone: (585) 310-4080 Email: <a href="mailto:recoverynowny@gmail.com">recoverynowny@gmail.com</a> Website: <a href="http://www.RecoveryNowNY.com">www.RecoveryNowNY.com</a>	<ul style="list-style-type: none"> <li>➔ Provides resources and opportunities to help reduce the impact of addiction, trauma and other related health issues.</li> <li>➔ Two Guys and A Girl Recovery Radio Station – 106.3 FM Sundays 6-8pm Past programs may be streamed at RochesterFreeRadio.com</li> </ul>
<b>ROcovery Fitness</b> Contact Person: Yana Khashper 1035 Dewey Ave., Rochester, NY 14613 Phone: 585-484-0234 Email: <a href="mailto:mail@rocoveryfitness.org">mail@rocoveryfitness.org</a> Website: <a href="http://www.rocoveryfitness.org">www.rocoveryfitness.org</a>	<ul style="list-style-type: none"> <li>➔ Sober active community, wellness, peer recovery support, adventure fitness and advocacy.</li> <li>➔ Family members and those who choose to live drug and alcohol free are welcome.</li> <li>➔ Open to anyone with 48 hours without drink or drug.</li> <li>➔ Annual Fall 5K Run/Walk/Family Event</li> <li>➔ Ongoing calendar of events, activities and meetings found on website</li> </ul>
<b>S.O.A.R.S., Inc</b> Contact Person; Rebecca “Becky” K. Baker Phone: 585-771-0896 Email: <a href="mailto:www.rebeccakbaker@yahoo.com">www.rebeccakbaker@yahoo.com</a> Website: S.O.A.R.S. Facebook page	<b>S.O.A.R.S.</b> (Substance Abuse and Overdose Prevention, Awareness, and Recovery Services) <ul style="list-style-type: none"> <li>➔ Scotty B Overdose Awareness Day Memorial Event/Recovery Fair held annually August 31</li> <li>➔ Grief Support Resources and Referrals- Forever In Hearts Grief Group for those who lost a loved one to overdose, suicide, and violent crime</li> <li>➔ SUD/AOD Addiction Advocacy</li> <li>➔ Recovery Resources and Referrals</li> <li>➔ ROC Families 3<sup>rd</sup> Monday of the Month 5:30-7pm @ Trillium Health, 259 Monroe Ave @ Monroe Square</li> <li>➔ Community Education</li> </ul>
<b>Monroe County Rochester, NY</b> <b>SMART Recovery</b> Contact Person: Maggie Reilly Phone: 585-746-5771 Email: <a href="mailto:smartrecoveryrochesterny@gmail.com">smartrecoveryrochesterny@gmail.com</a> Website: <a href="http://www.smartrecovery.org/community">www.smartrecovery.org/community</a>	<ul style="list-style-type: none"> <li>➔ SMART Recovery is the leading self-empowering addiction recovery support group. Participants learn tools for addiction recovery based on the latest scientific research and participate in a world-wide community which includes free, self-empowering, science-based mutual help groups.</li> <li>➔ The SMART Recovery 4-Point Program @ helps people recover from all types of addiction and addictive behaviors.</li> <li>➔ Public meetings in Monroe are also open to family and friends. Call Maggie Reilly for dates, times, and location of meetings.</li> <li>➔ Daily online meetings and 24/7 chat rooms are available at <a href="http://www.smartrecovery.org/community">www.smartrecovery.org/community</a></li> </ul>



RECOVERY SERVICES IN MONROE COUNTY

Contact Address/Phone/Fax/Email/Website	SERVICES DESCRIPTION
<b>Recovery Support Navigators</b> <b>Liberty Resources/SBH Rochester</b> Family Navigator: 855-778-1200 Peer Advocate: 855-778-1300 Email: <a href="mailto:RecovNavigator@Liberty-resources.org">RecovNavigator@Liberty-resources.org</a> Website: <a href="http://www.RecoverySupportNavigator.org">www.RecoverySupportNavigator.org</a>	<ul style="list-style-type: none"> <li>➔ The Recovery Support Navigator service provides family-focused (or other loved one focused) services designed to guide, educate, and support families through the treatment and recovery process through peer and family support.</li> <li>➔ The Recovery Support Navigator services help individuals and their loved ones become engaged in recovery-focused activities including treatment, counseling, support groups, peer interactions, and community services.</li> </ul>
<b>Find Your Path</b> 1164 N.Clinton Ave., Rochester, NY 14621	<ul style="list-style-type: none"> <li>➔ Meets Tuesdays from 10:00 am – 2:00 pm</li> <li>➔ Peer to Peer engagement and outreach efforts.</li> </ul>
<b>Gates to Recovery</b> Gates Town Hall / Recreation Center 1605 Buffalo Rd., Rochester, NY 14624	<ul style="list-style-type: none"> <li>➔ Meets Thursdays from 5:00 – 8:00 pm</li> <li>➔ Peer to Peer engagement and outreach efforts.</li> <li>➔ Staffed by peers from Recovery Now.</li> </ul>
<b>Lori Drescher</b> <b>Recovery Coach Services &amp; Training</b> Contact Person: Lori Drescher Phone: 585-303-5339 Email: <a href="mailto:Lori@RecoveryCoachUniversity.com">Lori@RecoveryCoachUniversity.com</a> Website: <a href="http://www.recoverycoachuniversity.com">www.recoverycoachuniversity.com</a>	<ul style="list-style-type: none"> <li>➔ <b>Private Family Recovery Coach Practice</b>              Works with family members affected by the addiction of a loved one to develop the tools, skills, plans and practices to positively transform their relationships and reclaim wellness and joy in their lives. The work is collaborative, positive, and forward focused. Please contact Lori to schedule an initial consultation.</li> <li>➔ <b>CCAR Recovery Coach Academy Training/ Certification</b>              CCAR Recovery Coach Academy is considered the gold standard for recovery coach training; this [dynamic and inspiring] 30 hour class serves as the foundational educational component required for CARC and CRPA certifications. Cost: \$625; see <a href="http://www.recoverycoachuniversity.com">www.recoverycoachuniversity.com</a> for current schedule of RCA workshops and other Recovery Coach workshops.</li> </ul>
<p>Disclaimer: Information included on this template is updated based on data shared with NCADD-RA from each of the recovery services listed. Updated listing is posted at <a href="http://www.ncadd-ra.org">www.ncadd-ra.org</a> <span style="float: right;">Revised: January 2018</span></p>	