



NATIONAL COUNCIL ON ALCOHOLISM & DRUG DEPENDENCE-ROCHESTER AREA

MONROE COUNTY PROVIDERS OF RECOVERY SERVICES

1931 Buffalo Road - Rochester, New York 14624

Telephone: (585) 719-3480 Fax: (585) 423-1908

Website: www.ncadd-ra.org

PROVIDER Address/Phone/Fax/Email/Website	PROGRAM DESCRIPTION
<p>ROcovery Fitness Contact Person: Yana Khashper Phone: 585-484-0234 Email: mail@rocoveryfitness.org Website: www.rocoveryfitness.org</p>	<ul style="list-style-type: none"> ➔ Sober active community, wellness, peer recovery support, adventure fitness and advocacy. ➔ Family members and those who choose to live drug and alcohol free are welcome. ➔ Open to anyone with 48 hours without drink or drug. ➔ Programs offered are free.
<p>Rochester/Monroe Recovery Network 228 S Plymouth Ave., Rochester, NY 14608 Contact Person: Ken Sayres Phone: 585-328-8230 Email: ksayres@communityalternatives.org Website : www.communityalternatives.org</p>	<ul style="list-style-type: none"> ➔ Peer led, peer driven recovery community and outreach center offering support groups to those in recovery, guidance for families in recovery, aid in gaining access to treatment, civic restoration, job readiness, and community referrals. ➔ There are no costs for any of our services or programming
<p>Recovery Support Navigators Liberty Resources/SBH Rochester Family Navigator: 855-778-1200 Peer Advocate: 855-778-1300 Email: RecovNavigator@Liberty-resources.org Website: www.RecoverySupportNavigator.org</p>	<ul style="list-style-type: none"> ➔ The Recovery Support Navigator service provides family-focused (or other loved one focused) services designed to guide, educate, and support families through the treatment and recovery process through peer and family support. ➔ The Recovery Support Navigator services help individuals and their loved ones become engaged in recovery-focused activities including treatment, counseling, support groups, peer interactions, and community services.
<p>Lori Drescher Recovery Coach Services & Training Contact Person: Lori Drescher Phone: 585-303-5339 Email: Lori@RecoveryCoachUniversity.com Website: www.recoverycoachuniversity.com</p>	<ul style="list-style-type: none"> ➔ Private Family Recovery Coach Practice Works with family members affected by the addiction of a loved one to develop the tools, skills, plans and practices to positively transform their relationships and reclaim wellness and joy in their lives. The work is collaborative, positive, and forward focused. Please contact Lori to schedule an initial consultation. ➔ CCAR Recovery Coach Academy Training/ Certification CCAR Recovery Coach Academy is considered the gold standard for recovery coach training; this [dynamic and inspiring] 30 hour class serves as the foundational educational component required for CARC and CRPA certifications. Cost: \$625; see www.recoverycoachuniversity.com for current schedule of RCA workshops and other Recovery Coach workshops.