March Madness
It's time to have the conversation

Sports Betting
For youth ages 14-22 sports betting is the most popular form of gambling

25% of males bet on sports in an average month

An estimated 60 million Americans filled out sports brackets in 2014

$12 million wagered on the March Madness tournament
according to Las Vegas oddsmaker pregame.com

March Madness for problem gamblers

- Exacerbates strong, persistent urges to gamble regardless of consequences.
- Report feeling trapped due to being bombarded by commercials and conversations about selections, sleeper teams and point spreads.
Gambling

An entertaining pastime for some, a major problem for others.

Notice these behaviors?

> Preoccupied with betting
> Lying about money spent while betting
> Borrowing money to continue betting
> Feeling anxious or sleepless due to gambling activity

There might be a problem with gambling.

Do you need help starting the conversation and more information on problem gambling prevention and counseling resources?

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